

2nd Annual Partnerships for Veteran & Military Health

Agenda

April 22-23, 2022

Friday, April 22

- 7:00 am** Conference link open/Visit Exhibit Hall/View Posters (30 minutes)
- 7:30** **Opening Remarks / Introductions** (15 minutes)
Lori L. Trego, PhD, CNM, FAAN
Conference Planning Chair
Colonel, US Army (Retired)
Associate Professor
University of Colorado College of Nursing
- 7:45** **Welcome** (15 minutes)
Donald M. Elliman, Jr.
Chancellor, University of Colorado Anschutz Medical Campus
- 8:00** **Opening Keynote** (75 minutes)
The Power of Partnerships
Michael Linnington
Lieutenant General, US Army (Retired)
CEO, Wounded Warrior Project
<https://www.woundedwarriorproject.org/>
- 9:15** **Break** – Visit Exhibit Hall / View Posters (30 minutes)
- 9:45** **Panel – Integrative Health Therapies** (105 minutes)
Moderator: Mona Pearl Treyball, PhD, RN, CNS, CCRN-K, FAAN
Colonel, US Air Force Nurse Corps (Retired)
Professor and Specialty Director of Veteran and Military Health Care Academic Programs
University of Colorado College of Nursing
- 9:50 – Move United**
Julia Ray
Programs Director
- 10:10 – Mask Art Therapy**
Rockne Q. Jacque, MSN
VA Central Western Massachusetts Healthcare System
- 10:30 – Equine Therapy**
Michelle Kaye, MA, LPC
Executive Director, Founder: Operation EQUINE
Lead Therapist, Military Cultural Competence Facilitator
- 10:50 – Project Healing Waters**
David Folkerts
Captain, US Army (Veteran)
Chief Operations Officer
Project Healing Waters Fly Fishing, Inc. ®
- 11:10 – Q&A**

11:30 **Plenary Session: The Human-Animal Connection (60 minutes)**

Philip Tedeschi, LCSW

Executive Director, Institute of Human-Animal Connection

<https://socialwork.du.edu/about/gssw-directory/philip-tedeschi>

12:30 pm **Lunch Break – Visit Exhibit Hall / View Posters (40 minutes)**

1:10 **Concurrent Session #1 (75 minutes, 4 presentations/track)**

Track Sessions #1				
Times	Cultural Competence & Advocacy	Integrative Modalities	TBI	Network/Community/Rural
1:10	Moderator: Mona Pearl Treyball Introductions	Moderator: Irma Smith Introductions	Moderator: Colton Johannesen Introductions	Moderator: Jodie Malhotra Introductions
1:15	The Strengthening Bridges of Care Project – Kathryn Barrs, PsyD; T. Vozar, K. Lavin, C. Rogers, J. Holmberg, E. Adkins, H. Bronson, A. Hanley	Mind-Body Medicine Model for Treatment of Trauma within the Military Veteran Population – Francinne Lawrence, PhD; C. Fernandez, K. Morrison, G. Stewart	Addressing mTBI and Co-occurring Psychological Health Conditions through a Collaborative Continuum of Care Model: A VA and Community Healthcare Partnership – Tina Fanello, LCSW; C. Schmidt	Using Learning Collaboratives to Strengthening Veteran Services Across a Community – Joseph Mignogna, PhD; M. Williams, S. Baack, K. Bongiovanni, E. Borah, C. Bryan, J. Heise, C. Hoffmire, R. Keene, N. Mohatt, L.L. Monteith, D. Pierson, T. Phillips, E. Villarreal, K. Weinberg, S. Synett, J. Benzer, B. DeBeer
1:30	Unheard Voices: Perspectives of VA Healthcare from Women Veterans not Connected to the VHA – Carly Rohs, MPH; K. Albright, L. Monteith, A. Lane, L. Wendleton, K. Fehling	Spouses of Veterans with Mental Health Challenges and Human-Animal Bonds: Perceived Effects on Well-Being – Beth Pratt, PhD, RN; C. Krause-Parello, PhD, RN, FAAN; C. Spadola, PhD, LMHC	A Discussion of Acceptance and Commitment Therapy for Moral Injury (ACT-MI): Current Research and Next Steps – Lauren Borges, PhD; J. Farnsworth, R. Walser, K. Drescher, S. Barnes	Veteran Community Partnerships: Solving Problems Together – Sherri DeLoof, LMSW; L. Paris, J. Davis, T. Orstreich
1:45	"Women Veterans are worth it" Understanding the role and function of VHA Maternity Care Coordinators – Qiyang Mu, PhD, RN; F. Ndakuya-Fitzgerald; A. Farkas; A. Anderson; J. Whittle	Moving Through Grief: Dance/Movement Therapy & Traumatic Loss – Molly Arney, MS, R-DMT, CT, E-RYT, NMTAP	A Transdisciplinary Approach to Care for a Veteran with mTBI and PTS: A Case Study – Charlene Hamrick MS, CCC-SLP, CBIS; K. Jurens; M. Babcock; Gayla Elliott; Molly Arney	Healing Invisible Wounds: An Introduction to the Gary Sinise Foundation Avalon Network – Emily Russel, MPP; K. Falke; J. Kelly
2:00	Veteran Legal Advocacy and MH Initiative - Trauma Informed Care and Culturally Competent Legal and Psychological Services – Kathryn Barrs, PsyD; B. Cummings, N. Sanders, M. Fitzgerald	TALK Support and SMART Goals Lead to Positive Change Among a Sample of Wounded Post-9/11 Veterans – Sonal Patel, PhD; L. Berghammer, MPH; M. Fontes; P. MacDonald	Combat-Related TBI Occurring Before 2013 in Women Veterans: A Descriptive Snapshot – Heidi Breaux, DSW, LCSW-BACS; C. Fernandez, K. Morrison, G. Stewart	Does Anyone Hear Me? The Need for Rural Veterans' Perspective in Veteran Engagement Boards – Keltly Fehling, MPH; A. Lane; K. Nearing; L. Wendleton
2:15	Q&A	Q&A	Q&A	Q&A

- 2:25** **Break/Transition** – Visit Exhibit Hall / View Posters (15 minutes)
- 2:40** **Invited Speaker** (50 minutes)
Coordinating Services to Support Whole Health & Integrating Families into Care
Kristina Kaufmann
CEO and Co-Founder
Code of Support Foundation
<https://www.codeofsupport.org>
- 3:30** **Keynote** (60 minutes)
“It Shouldn’t be This Hard to Serve Your Country”
The Honorable David J. Shulkin, MD
Ninth Secretary of the US Department of Veterans Affairs
<https://shulkinsolutions.com/>
- 4:30** **Adjourn**
- 4:40** **Rocky Mountain Regional VA Medical Center tour**

Saturday, April 23

- 7:00 am** **Conference link open/Visit Exhibit Hall/View Posters** (30 minutes)
- 7:30** **Opening Remarks/Introductions** (15 minutes)
Mona Pearl Treyball, PhD, RN, CNS, CCRN-K, FAAN
Conference Planning Co-Chair
Colonel, US Air Force Nurse Corps (Retired)
Professor and Specialty Director of Veteran and Military Health Care Academic Programs
University of Colorado College of Nursing
- 7:45** **Welcome** (15 minutes)
Amy J. Barton, PhD, RN, FAAN, ANEF
Senior Associate Dean for Faculty and Students
Professor and Daniel & Janet Mordecai Rural Health Nursing Endowed Chair
University of Colorado College of Nursing
- 8:00** **Keynote** (60 minutes)
Preventing Suicide by Improving Veterans’ Quality of Life
Jim Lorraine
Lt. Colonel, US Air Force (Retired)
President & CEO, American Warriors Partnership
<https://www.americaswarriorpartnership.org/>
- 9:00** **Break** – Visit Exhibit Hall / View Posters (30 minutes)

- 9:30** **Plenary Session: “Struggle Well: Thriving in the Aftermath of Trauma”** (60 minutes)
Ken Falke
Master Chief Petty Officer, US Navy (Retired)
Founder & Chairman, Boulder Crest Foundation
<https://bouldercrest.org/>
- 10:30** **Panel: Prevention and Treatment of Substance Misuse Among Veterans** (105 minutes)
Moderator: Michael John Sorna, MD, MSA
Colonel, MC US Army (Retired)
Medical Director UF Health Brain Wellness Program
University of Florida School of Medicine
- 10:45** **John F. Kilpatrick, MSW, LGSW**
Lt. Colonel, US Army (Retired)
Founder & Executive Director, Veterans Recovery
www.vetsrecover.org
- 11:10** **Katherine McCauley, PhD**
Clinical Psychologist / Research Psychologist
SHARE Military Initiative
- 11:35** **Annette Hill, MC, LPC, NCC**
Warriors Heart Clinical Consultant
Author, Warriors Heart Clinical Programming
Gold Star Mother
www.warriorsheart.com
- 12:00** **Q&A**
- 12:30** **Pick up lunch and go to Town Hall**
- 12:45** **Town Hall** (60 minutes)
Congressman Jason Crow
US House of Representatives, Colorado Sixth Congressional District
Veteran, US Army Ranger
- 1:45** **Transition/Break** (15 minutes)

2:00 Concurrent Session #2 (95 minutes – 4 presentations/track)

Track Sessions #2				
Times	Suicide Prevention	Innovation and Clinical Case Studies	Holistic Approach	Alternate Delivery of Care/Telehealth
2:00	Moderator: Colton Johannesen Introductions	Moderator: David Goemaere Introductions	Moderator: Lori Trego Introductions	Moderator: Michael Hartford Introductions
2:10	Strengthening VA/Community Suicide Prevention Networks: Initial Results of a Pilot Program to Connect Veterans at-risk for Suicide to Care and Resources in the Community - Bryann DeBeer, PhD	Cancer from Military Occupational Exposure: Assessment is Key to Early Detection - Mona Pearl Treyball, PhD, RN, CNS, CCRN-K, FAAN	Virtual Mindful and Intuitive Eating Groups: An Innovative Interdisciplinary Model - Caitlin Hildebrand, MSHAIL, RYT500, MSN, AGPCNP-BC; A. Hokazono; A. Kurland	A Multicomponent Telehealth Program for Older Veterans: Outcomes from A Feasibility and Quality Improvement Project - Michelle R. Rauzi, PT, DPT, ATC; V. Richardson; S. Wright; L. Abbate; J. Stevens-Lapsley
2:25	Population-Based Suicide Risk Screening in the Veterans Health Administration – B. Matarazzo, PsyD; Nazanin Bahraini, PhD; T. Hostetter; L. Brenner	Mental Health Pocket Card for Management of Patients with PTSD and mTBI: A New Tool for Mental Health Providers - Catharine Johnston-Brooks, PhD; S. Miles, D. Brostow	Special Considerations for Screening and Referral for Voice and Swallowing Conditions in the US Military Veteran Population - Hilary Diefenbach, MA, CCC-SLP, CBIST	Telehealth Delivery of Motivational Interviewing as an Efficacious Therapeutic Approach for Substance Use Reduction and Enhanced Engagement in Care - Vaughn Bryant, PhD, ScM; M. Sorna
2:40	Never Worry Alone: The Impact of a Consultation Program for Providers of Veterans at Risk for Suicide - Hal Wortzel, MD; M. Harvey; G. Gerard; C. Machan; C. Gass; B. Matarazzo	Neutralizing Shame: The Gateway to Clinical Progress in Treating Moral Injury - Mark Babcock, MSW, LCSW	The Avalon Network: Optimizing Outcomes for Veterans with mTBI - James P. Kelly, MA, MD, FAAN, FANA; T. Wallace; R. Gore; C. Johnston-Brooks; D. Arciniegas	Virtual Diabetes Symposium for the Veterans and the Caregivers: "Helping you Manage your Diabetes: Right Care, Right Time, Right Place" - Anney Mathukutty MSN, RN; D. Thomas; J. Torres
2:55	VA Safety Planning in the Emergency Department (SPED) Intervention - Bridget Matarazzo, PsyD; G. Gerard; T. Peterkin; C. Barry; L. Brenner	The Use of Esketamine Assisted Psychotherapy Treatment for Major Depressive Disorder and PTSD - Alisa Hannum, PhD, ABPP; A. McDowell; D. Whifers	The Implementation of Veteran Identity and Core Values for Values-Based, Veteran-Centric Health Care - Lisa Brannack, RN, DNP, FNP-BC, AGPCNP-BC, JD, MPH, MADR	15 Things Veterans Want Healthcare Providers to Know: Evaluation of PsychArmor's Online Military Culture Training for Healthcare Providers - Jenna Pryor, MSW; C. Rodgers; H. Kraft; T. Atherall
3:10	Suicide Amongst Veterans Experiencing Homelessness - Rebecca Henkind, BA; H. Carmichael; D. Stearns; Q. Myers; C. Velopulos	Innovative Assessment, Treatment, and Outcomes for Veterans with Depression - Anna McDowell, MD; A. Hannum; D. Whifers	"Just Breathe": Exercise Intolerance and Respiratory Coordination in US Military Veterans - Hilary Diefenbach, MA, CCC-SLP, CBIST; A. Joel	Patient Centered Goal Directed Outcomes: A Model of Care for Military Veterans and Service Members with mTBI and Co-Occurring Psychological Conditions - Tracey Wallace, MS, CCC-SLP; M. Whaley; K. McCauley; J. Conklin; J. Breitenstein; R. Gore
3:25	Q&A	Q&A	Q&A	Q&A

- 3:35 Transition/Break** (10 minutes)
- 3:45 Closing Keynote** (60 minutes)
“The Work of Story”
Joe Lambert
Founder and Executive Director of StoryCenter
<https://www.storycenter.org/>
- 4:45 - Lori – closing remarks
- 4:50 Adjourn**

Poster Presentations

- 1. A Workbook for Veterans with Traumatic Brain Injury**
Heidi Breaux; Camilo Fernandez; Kriss Morrison; Gregory W. Stewart
- 2. Discovering What Matters Most to You**
Rachel Thompson, PT, DPT
- 3. Factors that Effect Postdeployment Family Functioning among Women Veterans with PTSD**
Chizoba Nwosu, PhD, APRN, FNP-BC; Teri Aronowitz
- 4. GRIT-SERVE: An Innovative and Growing Resilience-Based Peer Support Program**
Nicole Weis
- 5. Military Culture in an Interdisciplinary Treatment Setting for Veterans with Mild Traumatic Brain Injury and Psychological Health Concerns: Building Trust and Rapport with Veteran Clients**
Tina Fanello, LCSW; Catharine Johnston-Brooks
- 6. Potential Contributing Factors to Posttraumatic Irritability in Military Veterans with Extended History of Mild Traumatic Brain Injury: a Work-in-Progress Report**
Jeffrey R. Hebert, PhD, PT; Ashley McCann; Kayla Jurens; Christopher M. Filley; Prem S. Subramanian; James P. Kelly
- 7. Radical Redesign of Healthcare: Veteran Health Administration's Whole Health System**
Alison Whitehead; Janet Clark; Cassandra Griffin
- 8. Rationale, Design, and Methods: a Randomized Placebo-Controlled Trial of an Immunomodulatory Probiotic Intervention for Veterans with PTSD**
Lisa A. Brenner; Kelly A. Stearns-Yoder; Christopher E. Stamper; Andrew J. Hoisington; Diana P. Brostow; Claire A. Hoffmire; Jeri E. Forster; Meghan L. Donovan; Arthur T. Ryan; Teodor T. Postolache; Christopher A. Lowry
- 9. SOF Missions: Be Resilient Clinic: Evaluation of Pre and Post Survey Data**
Jack Ratliff, MSN, APRN; Marissa McCarthy; Damon Friedman

- 10. Spine Infection Induced Metallosis: Evidence of Microbial Induced Corrosion of Spine Instrumentation**
Reed Ayers; Christopher Kleck; Jonathan Harris; Laura, Michael Walker; Xerxes Sterier; Cheryl Ackert-Bicknell
- 11. State of Hope: Tulane University Center for Brain Health Veterans with Traumatic Brain Injury**
Heidi Breaux; Camilo Fernandez; Kriss Morrison; Gregory W. Stewart
- 12. Straight From the Horse's Mouth. Using Equine Assisted Psychotherapy & Learning as a Modality to Treat Veterans with Mild to Moderate Traumatic Brain Injury and Psychological Health Conditions**
Gayla Elliott, MA, ATR; Michelle Kaye; Irma Smith
- 13. Street Medicine: An Innovative Care Model for Veterans Experiencing Homelessness**
Rebecca Henkind, BA; Kiera Connelly, RN; Kathryn Boyd Trull, MD; Scott Harpin, PhD, RN
- 14. The SHARE Access Project: Improving Access to Comprehensive TBI Treatment for Military Veterans and Servicemembers with Co-Occurring Substance Use**
Katherine L. McCauley, PhD; Tracey Wallace; Jessica P. Conklin; Ashley Mangin; Maya Whaley; Jackie Breitenstein; Brick Johnstone; Russell K. Gore
- 15. Together With Veterans: Strengths, Weaknesses, Opportunities, and Threats (SWOT) from US Rural Communities in a Public Health Model Veteran Suicide Prevention Program**
R. Johnson-Koenke; C. LoFaro; M. McCarthy; S. Beehler; L. Wendleton; A. Stephens; N. Mohatt
- 16. Utilizing Prevention and Management of Disruptive Behavior to Decrease Dementia-Related Behaviors in VA Community Living Centers**
Pamela Kennedy, MSN, APRN
- 17. VA Telehealth to State Veterans Nursing Homes During the COVID-19 Pandemic**
Leah M. Haverhals, PhD, MA; Kelly Blanchard; Chelsea Manheim; Amber Lane
- 18. Veteran Networking: A Snapshot Look at Cluster Referrals**
Jeremy Brewer; Heidi Breaux; Camilo Fernandez; Kriss Morrison; Gregory W. Stewart
- 19. Veterans Experiencing Homelessness: Exploring Help-Seeking Intentions at a Stand Down Event**
Tara Vaughn, PhD, MPH, MSN, RN; Shih-Yu Lee; Beth Mastel-Smith
- 20. Virtual Veteran Engagement: Lessons Learned from the Rapid Switch from In-person to Virtual Veteran Engagement in Groups Located Across the Nation**
Kenda Stewart Steffensmeier, PhD; Amber Lane; Kelty Fehling; Kathryn Nearing; Leah Wendleton

Optional FREE Special Events (*Further information and directions to events provided upon registration*)

Thursday, April 21st, 4:30pm-7:00 pm (Meet in Health Sciences Building, Room 2007)

Tour and reception at the **Marcus institute for Brain Health**

(<https://medschool.cuanschutz.edu/mibh>)

The MIBH provides specialty care for military Veterans, First Responders and retired athletes struggling with mild to moderate traumatic brain injuries (including concussion) and changes in psychological health. Patients at the MIBH are treated as a person first. We welcome Veterans of any discharge status.

Friday, April 22nd – 4:45 pm *immediately* after conference (meet in Fulginiti lobby)

Tour the **Rocky Mountain Regional VA Medical Center** – Marcy Polk, MSN, RN, Acting Chief, Organizational Development & Education

(<https://www.va.gov/eastern-colorado-health-care/>)

The VA Eastern Colorado Healthcare System (VA ECHCS) provides outstanding health care to nearly 100,000 Veterans in a 44,000 square mile service area in eastern Colorado and western Kansas. VA ECHCS also conducts extensive research and is home to the Geriatric Research and Education Service, Mental Illness Research Education Clinical Center of Excellence, and a Center for Innovation for Veteran Centered and Value-Driven Care. VA ECHCS trains approximately 1200 clinicians per year, including medical students and residents, research fellows, and specialty trainees.

The Rocky Mountain Regional VA Medical Center is a 182-bed facility on 1.2M square feet of land. The facility is home to a 20-bed spinal cord injury and disorders unit, as well as medical, surgical, mental health, and rehabilitation services. We invite you to tour our facility during the scheduled times so we can share with you the amazing work our staff is doing for Veterans.

Saturday, April 23rd, 4:45pm-7:00pm, Fulginiti Lobby

Reception and art exhibit with artists from the **Veterans Art Council Art Gallery at VFW Post 1**

(<https://www.denver.org/listing/vfw-post-1-art-gallery-%26-veterans-arts-council/28337/>)

The **Veteran's Arts Council (VAC)** is a non-profit veterans' organization founded by VFW Post 1 and is open to all military veterans. The VAC showcases, mentors, educates, and provides economic opportunities for veteran artists working in any medium from all generations and service backgrounds. The VAC encourages the artistic development of veterans with the goal of empowering them to transform their experiences into media and contribute to the greater arts community – a community that enriches life for all citizens. The VAC also works with civilian artists who are devoted to the VAC, and partner with outside organizations as part of the commitment to community outreach and veteran integration with the community. (Location TBD).

Sunday, April 24th, 9 am to 3 pm, ED2N, Room 1107

Songwriting Workshop: "Healing Through Music"

Richard Casper, Co-founder & Executive Director, CreatiVets (<https://creativets.org/>)

AND Nashville Hit Songwriter, Tommy Karlas (<https://tommykarlasmusic.com/song-list>)

CreatiVets' mission is to empower wounded veterans to heal through the arts and music. The CreatiVets songwriting program pairs veterans with accomplished songwriters and music artists to allow them the opportunity to creatively express their story through a song. The veteran *usually* travels to Nashville, Tennessee, where he or she is met by a veteran that has gone through the program and can help make the veteran comfortable with the experience, and then participates in a songwriting session to write a song that is recorded and made available for the veteran to share with family and friends. *This time, workshop comes to the Veterans!* Through the songwriting sessions, veterans are provided with an opportunity to tell their stories in a different way, and they take something from the program that they can keep forever.

Planning Organizations

- The University of Colorado College of Nursing, Anschutz Medical Campus
- The University of Colorado School of Pharmacy and Pharmaceutical Sciences Anschutz Medical Campus
- The University of Colorado Helen and Arthur E. Johnson Depression Center
- The University of Denver, Graduate School of Professional Psychology/Military Psychology
- Veteran & Military Student Services University of Colorado Denver | Anschutz Medical Campus
- The University of Colorado Marcus Institute for Brain Health
- The Rocky Mountain MIRECC Suicide Prevention Program

Sponsors

MDC/Richmond American Homes Foundation

Coldstream Wealth Management, Rich Merrifield, Wealth Manager

2022 Veteran & Military Health Conference Planning Committee Members:

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Conference Planning Chair

Colonel, US Army (Retired)

Associate Professor

Director, Consortium for Veteran & Military Health

University of Colorado College of Nursing

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Director/VA Patient Safety Center of Inquiry, Suicide

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Clinical Research Psychologist, Rocky Mountain MIRECC

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Healthcare Consultant

Marcus Institute for Brain Health/Gary Sinise Foundation

Avalon Network

Mona Pearl Treyball, PhD, RN, CNS, CCRN-K, FAAN

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Marcus Institute for Brain Health

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