



University of Colorado **Anschutz Medical Campus**

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Military Veteran's Community Resource Guide Compiled to Help Improve the Health of This Unique Population

AURORA, Colo. (Sept. 17, 2020) – Knowing where to turn for help is challenging for anyone. For military veterans it can be even more difficult than for the general public. A new resource guide compiled with the help of the Veteran and Military Healthcare Area of Excellence at the University of Colorado College of Nursing will help. “So frequently we think of ourselves as family and that we should turn inward and rely on ourselves or the VA for assistance. There are additional community resources and organizations that are not associated with the veteran’s administration, which can be of assistance. We wanted to share and make that information easily available for our fellow veterans and active duty military members,” said CU Nursing Associate Professor Lori Trego, PhD, CNM, FAAN and retired Army Colonel.

With more than 400,000 veterans and active duty members and reservists in Colorado, one in every ten patients and one in four dying patients is a veteran. This unique patient population endures physical and psychological wounds, chronic conditions, and faces tremendous stressors. Suicide among veterans is a national public health concern. Increasing the community’s awareness of available resources can help ensure veterans have access to the care they need. Dedicated to providing education to health care providers, the Veteran and Military Health Care academic Master of Science and Doctoral degree programs are focused on this specialty area of practice. CU Nursing Profesor Mona Pearl Treyball, PhD, CNS, FAAN, retired US Air Force Colonel, who is the Director of these programs engages the students in projects that support the community and health care systems.

Two years in the making, the resource list (available for download in an Excel spreadsheet) includes more than 500 organizations highlighting their mission, services provided, and points of contact. The Veteran and Military Healthcare Area of Excellence at the University of Colorado College of Nursing spearheaded the project. “Students in our program and at UC Denver collected and double checked the information, which is available for any community member to locate veteran-centric community resources that fit the veteran’s need,” said Trego. Interested parties can contact either lori.trego@cuanschutz.edu or mona.pearltreyball@cuanschutz.edu for a copy of the document and can search according to area of interest (i.e. suicide prevention, healthcare, legal assistance).

About the University of Colorado Anschutz Medical Campus

The University of Colorado Anschutz Medical Campus is a world-class medical destination at the forefront of transformative science, medicine, education, and patient care. The campus encompasses the University of Colorado health professional schools, more than 60 centers and institutes, and two nationally ranked hospitals that treat more than 2 million adult and pediatric patients each year. Innovative, interconnected and highly collaborative, together we deliver life-changing treatments, patient care, professional training, and conduct world-renowned research powered by more than \$550 million in research awards. For more information, visit www.cuanschutz.edu.

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