



**American Academy of Nursing**  
*transforming health care policy and practice through nursing knowledge*

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**American Academy of Nursing Announces Nurse Leader  
Lori Trego as Distinguished National Academy of Medicine  
Nurse Scholar-in-Residence**

*Nurse expert on the health of military women will impact America's health policy at leading national health organization*

**WASHINGTON, DC (June 27, 2018)**—Lori Trego, PhD, CNM, FAAN, has been selected as the 2018–2019 Distinguished Nurse Scholar-in-Residence at the National Academy of Medicine (NAM)..

Formed by a congressional charter, the National Academy of Medicine provides analysis and advice on medicine and health with the goal of improving the nation's health system. The NAM Distinguished Nurse Scholar-in-Residence program, initiated in 1992, provides a year-long leadership opportunity to participate in shaping health policy.

During her time as a NAM Distinguished Nurse Scholar, Dr. Trego plans to expand her leadership experience in enhancing the wellness of women who serve, and have served, in the nation's military.

"I am honored to be selected for this extraordinary opportunity to represent the American Academy of Nursing, the American Nurses Association, and the American Nurses Foundation, and to provide a nursing perspective during the formation of health policy," said Dr. Trego. "My intention while at NAM is to champion efforts to improve the health and care of active military and Veteran women through evidence-based policies and informed policy decision-making."

Dr. Trego is a Certified Nurse Midwife and Associate Professor at the College of Nursing at the University of Colorado Anschutz Medical Campus, where she teaches in the Veteran and Military Healthcare graduate program. She recently implemented the University's Veteran and Military Health Area of Excellence, an interprofessional, cross-campus collaborative to improve health care and education for those providing care to Veterans. Dr. Trego retired from the U.S. Army Nurse Corps in 2015 after 25 years of active duty service. Having built a program of research dedicated to improving the health of military women across the life course, her current work with Veteran women investigates women's perceptions of the care afforded to them by the Veterans Administration.

The Distinguished NAM Nurse Scholar-in-Residence program is proudly supported by the American Academy of Nursing, the American Nurses Association, and the American Nurses Foundation. Gifts to the Academy's Reba de Tornyay development fund and the Foundation's Annual Fund support the Scholar-in-Residence program.

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**About the American Academy of Nursing**

[The American Academy of Nursing](http://www.AANnet.org) ([www.AANnet.org](http://www.AANnet.org)) serves the public and the nursing profession by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge. The Academy's more than 2,500 Fellows are nursing's most accomplished leaders in education, management, practice, and research. They have been recognized for their extraordinary contributions to nursing and health care.

**About American Nurses Association (ANA)**

The American Nurses Association (ANA) is the premier organization representing the interests of the nation's 4 million registered nurses. ANA advances the nursing profession by fostering high standards of nursing practice, promoting a safe and ethical work environment, bolstering the health and wellness of nurses, and advocating on health care issues that affect nurses and the public. ANA is at the forefront of improving the quality of health care for all. For more information, visit [www.nursingworld.org](http://www.nursingworld.org).

**About the American Nurses Foundation**

The American Nurses Foundation (<https://www.nursingworld.org/foundation/>) is the charitable and philanthropic arm of the American Nurses Association, with the mission to transform the nation's health through the power of nursing. The Foundation supports research, education, and scholarships, which improve health, wellness, and patient care.

**Contact:**

Barry Eisenberg

202-777-1174

[Barry\\_Eisenberg@aannet.org](mailto:Barry_Eisenberg@aannet.org)