Navigating the Parenting Journey

Discover support along the way.

Mothers United in Recovery



What

Join other moms in our community to share support, tips and advice or just talk. This is a safe space to vent, cry, laugh, joke and find out how other moms are navigating this journey. This group is for mothers in any stage of parenting that are on the journey of recovering from substance use disorder - let's recover together!

When & Where

Fridays from 2pm-3pm

https://ucdenver.zoom.us/j/92893947683?pwd=Um43a1ltUjNsS1BjUIZVTUInbm5kUT09

Meeting ID: 928 9394 7683 Passcode: Community!

Drop-ins welcome

Contact

Britt Westmoreland

recoverycoachdoulaprogram@cuanschutz.edu

 $OR\ britt.we stmorel and @cuanschutz.edu$

720-766-2358



Recovery Coach Doula Program

COLLEGE OF NURSING

UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS



Find your circle.





