CU College of Nursing Proposal Justification
Proposal for Quality Improvement DNP Scholarly Project

Project Title:

Student’s Name:

I. Aim Statement for Quality Improvement (QI)
The organization initiating this project is …
The organization’s goals are … and this project will help them to …

The AIM of this QIP is:
To increase/decrease _________ from ___ to ___ by _____________ (date). [this should be a patient-centered outcome that reflects better health or outcomes of care for individual patients]

Sub AIMs include: [optional]
To increase/decrease ______________ from ____ to _____ by _____________ (date) [sub AIMs may include improved screening, satisfaction, cost or other nonclinical outcomes].

II. Background and Significance
Research shows that improving ____ will lead to better outcomes for patients by ____. Clinical practice guidelines recommend … . Meta-analytic reviews show …. Studies have found …
Based on this literature, quality in our practice setting can be improved by …

[Focus your background section on methods for achieving the triple aim. The main outcome should always be focused on better quality of care – e.g., lower rates of adverse events, fewer recurrences, higher rates of survival, better quality of life. The other 2 components of the triple aim, patient satisfaction and lower cost of care, may be secondary outcomes.]

III. Needs Assessment and Program Design
____ was identified as a problem by ____, based on ____.

Interprofessional team members collaborating on this project include: …

An analysis of the various reasons that this problem exists for this population of patients within my organization revealed…
Include a cause and effect analysis (Fishbone)a root cause analysis, or a Failure Mode and Effects Analysis. You may also include a logic model such as a Driver Diagram showing the link between program goals, activities, and outcome measures.

Other locally collected data or literature showing that this issue is a problem are …

IV. Methodology
A. Description of the Population to be Studied
All eligible patients seen by the organization will be included in this study. Eligibility will be determined based on … . The organization sees a total of ____ eligible patients per year.

If sampling will be used: A ___% sample of eligible records was reviewed by ___. Records were selected by the following process … . Steps taken to ensure reliability of the ratings were … .

B. Measures and Data Collection Procedure

Outcome Measures: [these describe what happens to the patient as a result of the interventions that you are studying. This must match your AIM statement or evaluation question]
 Measure:
     Goal: [for categorical measures, state the goal as “improvement to xx%” (an exact number), not “improvement by xx%” (a percentage of the starting point)]
     Baseline Data: [if your measure is starting from 0%, discuss with your advisor to determine whether this is really the best outcome measure; changes starting from a level less than 5% tend to be statistically un-testable.] If baseline data are not available you should collect them.

Process Measures: [these describe what you do, how you monitor your intervention. On a logic model, they might be depicted as short-term outcomes as opposed to long-term impacts]
 Measure:
     Goal: [for categorical measures, state the goal as “improvement to xx%” (an exact number), not “improvement by xx%” (a percentage of the starting point)]
     Baseline Data:

Balancing Measures: [these describe any potential adverse effects of the project, such as an increase in rehospitalizations after a program to create a more efficient discharge procedure. Not every project requires balancing measures, but for most you can think of potential unintended consequences that you want to measure so that you can be sure you avoided them]
 Measure:
     Goal: [for balancing measures, the goal is no change from baseline – e.g., “maintain at xx%” -- indicating that the outcome didn’t get worse]
     Baseline Data:

Data Collection Process: [e.g., an existing report in an EMR, a newly created report in an EMR, manual chart abstraction (by whom, how long does it take), questionnaires, etc.]

C. PDSA Interventions
The following PDSA approaches, based on the literature, will be used to achieve the goals of this project …

List a few possible interventions here that may be part of your QIP. These might be designed to address different barriers identified on a Fishbone diagram. These do not need to be the final list of all possible interventions, just a starting point for subsequent PDSA cycles. QI projects are expected to achieve some outcome, so it is expected that if an initial intervention does not succeed, you will return to the interprofessional team, consider the data, and design new interventions that either make the first intervention more effective or replace it with another one. Be sure not to just jump from one intervention to the next; work to make each
intervention as effective as it can be, or determine why it didn’t work in order to refine your further quality improvement efforts.

D. Potential Scientific Problems
[describe potential problems collecting data, implementing changes, obtaining cooperation, coping with shifts in organizational priorities, financial limitations, etc. The goal of this section is to help the Bridge Committee determine whether the project is likely to succeed in reaching its goals, given the time and the resources available, or whether modifications are recommended to increase the chances that you will have a successful project outcome].

E. Data Analysis Plan
Data will be stored in … [e.g., Microsoft Excel, SPSS]. Outcome and process measures will be tracked with … [e.g., a table, a run or control chart]. Data points will be added to these charts … [with what frequency? For QI, data are usually tabulated monthly or quarterly. Pre-post intervention data will be analyzed using … [e.g., IHI rules for identifying systematic variability on control charts, Fisher’s exact test, chi-square, an independent t-test – see guidance from the CRNS on what type of analysis to use for various types of data]. Descriptive statistics will be reported including … [e.g., frequencies, means, odds ratio effect size measures]. If you are using t-tests (data on a scale rather than percentages), report changes as mean and standard deviation, not as percentages, and use the appropriate power calculator for t-tests.

V. Summarize Knowledge to be Gained
[sample language for QI]: This is a quality improvement project designed to improve local practices in comparison to the best available form of care. Knowledge to be gained involves the implementation of existing evidence-based clinical practices, and may be disseminated to other care settings that face similar problems in implementing and maintaining clinical best practices.

VI. References