# Achieving a State of Healthy Weight: 2013 Supplement

May 2014



# National Resource Center for Health and Safety in Child Care and Early Education





Copyright 2014, National Resource Center for Health and Safety in Child Care and Early Education.

Suggested citation: National Resource Center for Health and Safety in Child Care and Early Education. 2014. Achieving a state of healthy weight: 2013 supplement. Aurora, CO: University of Colorado Denver.

This project was supported by Grant Number U46MC09810 from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau.

The National Resource Center for Health and Safety in Child Care and Early Education (NRC) is a program of the Healthy Child Care America (HCCA) Cooperative Agreement Program, funded by the Maternal and Child Health Bureau (MCHB), Health Resources and Services Administration, U.S. Department of Health and Human Services. The NRC is operated by the College of Nursing of the University of Colorado, Anschutz Medical Campus, Aurora, Colorado

**Note:** The ASHW 2013 report (April 2014) contains introduction, methods, and results of the 2013 assessment.

### **ACKNOWLEDGMENTS**

**NRC Director** 

Marilyn J. Krajicek, EdD, RN, FAAN

Research Associate and NRC Evaluator Geraldine Steinke, PhD

2013 Healthy Weight Project Manager Betty Geer, DNP, RN, CPNP

### **Rating Team**

Linda Satkowiak, ND, RN Caitlin Trucksess, BA Lorina Washington, BA

### Information Technologists

Doug Chapman, BS Kent Hogue, MA

MCHB Project Officer Barbara U. Hamilton, MA

### Achieving a State of Healthy Weight: 2013 Supplement

### ASHW 2013 Supplement

**Table of Contents** 



The ASHW 2013 Supplement is in 4 sections as designated above. Click on the arrow to go directly to any section.



To see the ASHW 2013 report, click <u>here</u>.





### INTRODUCTION

The Achieving a State of Healthy Weight 2013 Supplement is a compilation of supporting information and additional results related to the ASHW 2013 assessment. The purpose of the supplement is to enable child care licensing professionals and others to more closely examine state-level findings on the strength of regulatory language that requires caregivers/teachers to implement healthy weight practices.

Since 2010, the National Resource Center for Health and Safety in Child Care and Early Education (NRC) has conducted annual assessments of obesity prevention content in all states' child care licensing regulations for: child care centers, large or group family child care homes, and small family child care homes. Regulations were assessed for text consistent with best practices. The practices were drawn from selected standards in Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Ed. (CFOC3). More specifically, the standards were those included in the CFOC-based topical collection, Preventing Childhood Obesity in Early Care and Early Education: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition (PCO2).2 The detailed report of the study methodology and findings was published by the NRC as Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010, or ASHW 2010.3

Each ASHW study examines 47 practices (the ASHW variables) that are grouped into three domains: Nutrition, Infant Feeding, and Physical Activity/Screen time. (See the ASHW 2013 report.) The NRC scaled each of the 47 variables, with instructions specific to the content of each healthy weight practice:

- fully consistent with the recommended practice,
   rating = 4
- partially consistent with the recommended practice, rating = 3
- absent (no relevant content), rating =2
- conflicting with the recommended practice, rating
   =14

### Uses of this supplement:

- Results by Healthy Weight Topic Area: This section is devoted to findings in the three content areas of Nutrition, Infant Feeding, and Physical Activity/Screen Time. In this section, the charts portray the differences in how the states cumulatively have addressed these areas in their regulations across all three of the child care types assessed.
- Documents Searched: New/revised states'
  documents that were screened for pertinent
  content and/or rated in the 2013 assessment are
  listed. This information may be of interest to states
  that were assessed in 2013.
- State Pages: The complete final ratings for each state for the baseline assessment in 2010 are included on individual state pages. In addition, the pages provide the current rating status of all states that have introduced revised or new child care regulations since 2010, if those regulations related to the healthy weight practices. These pages of individual state's data may be used to inform licensors and legislators regarding areas of strength and those in need of improvement.

Achieving a State of Healthy Weight: 2013 Update (ASHW 2013) is an assessment of states' regulation of healthy weight practices in child care. Major findings from ASHW 2013 are displayed on the following page.

### NOTES:

- <sup>2</sup> National Resource Center for Health and Safety in Child Care and Early Education. 2014. Achieving a state of healthy weight: 2013 update. Aurora, CO: University of Colorado Denver.
- <sup>2</sup> NRC co-publishes both CFOC3 and PCO2 with American Academy of Pediatrics, American Public Health Association: American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. 2011. Caring for our children: National health and safety performance standards; Guidelines for early care and education programs. 3rd edition. Elk Grove Village, IL: American Academy of Pediatrics; Washington, DC: American Public Health Association. Also available @ http://nrckids.org.
  - American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education. 2012. Preventing childhood obesity in early care and education: Selected standards from caring for our children: National health and safety performance standards; Guidelines for early care and education programs, 3rd Edition. http://nrckids.org/CFOC3/PDFVersion/preventing\_obesity.pdf
- National Resource Center for Health and Safety in Child Care and Early Education. 2011. Achieving a state of healthy weight: A national assessment of obesity prevention terminology in child care regulations 2010. Aurora, CO. http://nrckids.org/default/assets/File/regulations\_report\_2010.pdf National Resource Center for Health and Safety in Child Care and Early Education. 2012. Achieving a state of healthy weight: 2011 update. Aurora, CO: University of Colorado Denver. http://nrckids.org/default/assets/File/ASHW%202011-Final-8-1.pdf National Resource Center for Health and Safety in Child Care and Early Education. 2013. Achieving a state of healthy weight: 2012 update. Aurora, CO: University of Colorado Denver. http://nrckids.org/default/assets/File/ASHW%202012%20Final%20Report%209-18-13%20reduced%20size.pdf ection of ASHW variables, as described in ASHW 2010.
- <sup>4</sup>The complete set of ASHW rating scales and instructions are available at the NRC website: National Resource Center for Health and Safety in Child Care and Early Education. 2013. *Achieving a state of healthy weight rating scales: Supporting obesity prevention language in child care licensing regulations*. Aurora, CO: University of Colorado, Anschutz Medical Campus. http://nrckids.org/default/assets/File/ASHW%20Rating%20Scales%20final.pdf

# Achieving a State of Healthy Weight: 2013 FAST FACTS



10 states introduced new or revised healthy weight regulations in 2013



Regulations that fully support healthy weight practices increased by 4% (2010 vs. 2013)



94% of states' changes in 2013 were positive



In 17 States,
65% of the healthy weight practices
are not addressed at all



17 of 47 healthy weight practices remain either frequently contradicted or rarely addressed

Click here to go directly to the ASHW 2013 report.

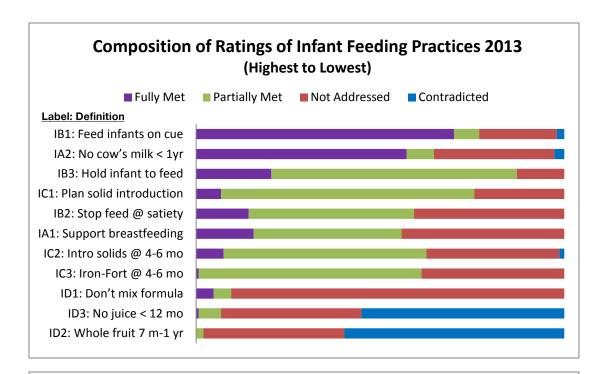


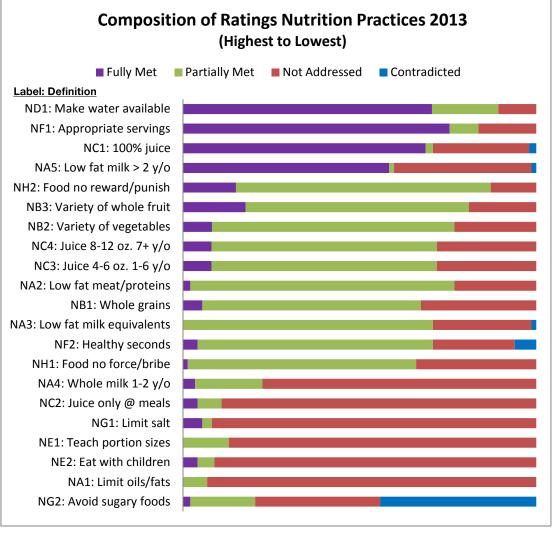
Supported by MCHB Grant Number U46MC09810

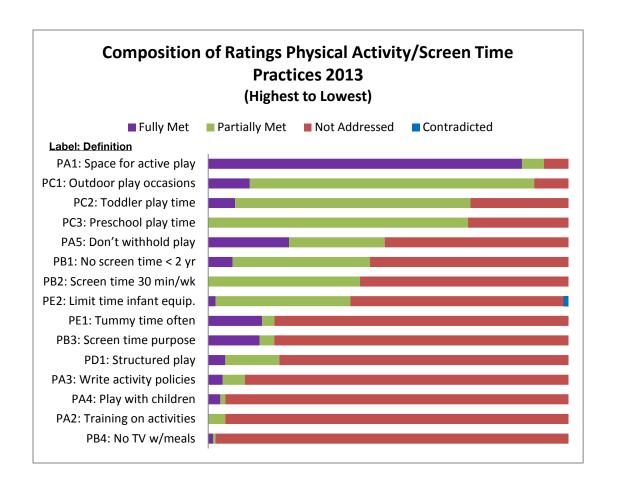


### Results by Healthy Weight Topic Area

The stacked bars in the charts for each topic area provide a visual profile of how well each healthy weight practice is addressed across all states and child care types.







There remains very substantial need to strengthen healthy weight practices across the nation in all three domains

### **State Documents Searched: 2013**

Although the NRC makes extensive efforts to discover new and revised documents each year through website searches and calls to state child care licensing agencies, a new regulation may go undiscovered and unrated in the year it is made effective. In such a case, the document will be screened and rated as appropriate for inclusion in the ASHW report for year it is discovered. If state licensing personnel are aware of any such documents in their state's regulatory set, please inform the NRC at <a href="mailto:info@nrckids.org">info@nrckids.org</a>. Child care types: C=Centers, L=Large Family Homes, S=Small Family Homes.

Documents rated in 2013 are highlighted in blue.

STATE	DOCUMENT TITLE				type	nild ca es cove docum	ered	X = New/revised pertinent content	
		Date	Date	previous version	С	L	S		
AZ	Arizona								
screened	Arizona Administrative Rules, and Arizona Revised Statutes for Child Care Group Homes		08/2012	9/30/11		х			
screened	Arizona Administrative Code and Arizona Revised Statutes for Child Care Facilities		06/2011	9/30/10	х	х			
СТ	Connecticut								
screened	Statutes and Regulations for licensing Child Day Care Centers and Group Day Care Homes		03/2013	07/2009	х	Х			
screened	Statutes and Regulations for licensing Family Day Care Homes		03/2013	07/2009			х		
FL	Florida								
screened	2013 Florida`s Statutes Sections 402.26 – 402.319 Child Care		2013	2012	х	х	х		
rated	Chapter 65C-22 Florida Administrative Code Child Care Standards		08/2013	01/2010	Х			х	
Re-rated	Chapter 65C-22 Florida Administrative Code Child Care Standards			01/13/2010	х			Adjusted baseline ratings due to	
Re-rated	Chapter 65C-20 Florida Administrative Code Family Day Care Standards And Large Family Child Care Homes			01/13/2010		х	х	retirement of MyPyramid	

STATE	DOCUMENT TITLE			type	nild ca es cov	ered	X = New/revised pertinent content	
		Date	Date	previous version	С	L	S	
IL	Illinois							
screened	Part 406 Licensing Standards for Day Care Homes		12/13/2013	12/15/2010			Х	
IA	lowa							
screened	Chapter 109: Child Care Centers		09/04/2013	06/1/2010	Х			
screened	Chapter 110: Child Development Homes		09/04/2013	11/1/2009		Х	Х	
KS	Kansas							
rated	Kansas Laws and Regulations for Licensing Day Care Homes and Group Day Care Homes for Children		02/2012	07/2008		х	х	Х
screened	Regulations for Licensing Preschools and Child Care Centers		2/3/2012	7/11/2008	х			
screened	Kansas Child Care Licensing Laws: Chapter 65. Public Health Article 5. Maternity Centers and Child Care Facilities		2/3/2012	7/8/2011	х	х	х	
KY	Kentucky							
rated	922 KAR 2:120. Child-care center health and safety standards		09/2013	03/2008	х	х		Х
screened	922 KAR 2:100. Certification of family child-care homes		09/2013	03/2008			Х	
MD	Maryland							
screened	Title 13A State Board of Education Subtitle 17 Child Care—Letters of Compliance	06/2013			х	х	х	
screened	Title 13A State Board of Education Subtitle 18 Large Family Child Care Homes		06/24/2013	2/6/2012		х		
screened	Title 13A State Board of Education Subtitle 15 Family Child Care		06/24/2013				х	
screened	Title 13A State Board of Education Subtitle 16 Child Care Centers		06/24/2013		х	х		

STATE	DOCUMENT TITLE			type	nild ca es cov	ered	X = New/revised pertinent content	
		Date	Date	previous version	С	L	S	
MI	Michigan							
screened	ACT NO. 116 of the Public Acts of 1973, as Amended Pertaining to the Regulation of Child Care Organizations Defined as: Child Caring Institution Children's Therapeutic Group Home Child Placing Agency Children's Camp Foster Family Home Child Care Center Family Child Care Home Group Child Care Home		09/1999	09/1999	X	х	х	Not previously screened
screened	Licensing Rules for Family and Group Child Care Homes		08/2009	06/2009		Х	Х	Rescreened due to revision date
MN	Minnesota							
screened	Chapter 9502 Department of Human Services Licensing of Day Care Facilities		10/2013	10/2007		х	х	Rescreened due to publishing date
screened	Chapter 9503 Department of Human Services Child Care Center Licensing		02/2013	10/2007	Х			Rescreened due to publishing date
screened	Chapter 245A Human Services Licensing	2013			Х	Х	Х	Screened due to publishing date
screened	Chapter 245C Human Services Background Studies	2013			Х	х	х	Screened due to publishing date
screened	626.556 Reporting of Maltreatment of Minors	2013			Х	Х	Х	Screened due to publishing date
МО	Missouri							
screened	Chapter 61—Licensing Rules for Family Day Care Homes		09/2011	05/2002		Х	Х	
MS	Mississippi							
rated	Regulations Governing Licensure of Child Care Facilities for 12 or Fewer Children in the Operator's Home		08/2013	07/2009		х	х	х
rated	Regulations Governing Licensure of Child Care Facilities		08/2013	07/2009	х			х

STATE	DOCUMENT TITLE	New Document (not previously rated)	cument Revised Document		type	nild ca es cov docum	ered	X = New/revised pertinent content
		Date	Date	previous version	С	L	S	
MS	Mississippi							
rated	Regulations Governing Licensure of Child Care Facilities for 12 or Fewer Children in the Operator's Home		08/2013	07/2009		х	х	х
rated	Regulations Governing Licensure of Child Care Facilities		08/2013	07/2009	Х			х
MT	Montana							
screened	Licensure of Day Care Facilities	07/2012			Х	Х	Х	Screened due to publishing date
NE	Nebraska							
rated	Chapter 1 Family Child Care Home I	02/2013					х	х
rated	Chapter 2 Family Child Care Home II	02/2013				х		х
NJ	New Jersey							
rated	Chapter 122 Manual of Requirements for Child Care Centers		09/2013	08/2009	х	х		х
NC	North Carolina							
rated	Family Child Care Home Requirements		05/2013	12/1/2012		Х	Х	Х
rated	Chapter 9- Child Care Rules		01/2013	2/1/2012	Х	Х	Х	х
ND	North Dakota							
rated	Early Childhood Services Policies and Procedures Service Chapter 620-01	09/2013			х	х	х	х
ОН	Ohio							
screened	Child Care Type A Home Manual		06/2013	06/2010		х		Rescreened due to review date
screened	Child Care Type B Home Manual		09/2012	09/2011			Х	Rescreened due to review date

STATE	DOCUMENT TITLE	New Document (not previously rated)  Revised Document		type	hild ca es cov docun	ered	X = New/revised pertinent content	
		Date	Date	previous version	С	L	S	
ОК	Oklahoma							
screened	Requirements for Child Care Centers		11/2013	10/2009	х			
screened	Requirements for Child Care Homes and Large Family Child Care Homes		11/2013	07/2010		х	х	
OR	Oregon							
screened	Rules for Registered Family Child Care Homes		01/2011	01/2010			Х	Rescreened due to revision date
RI	Rhode Island							
rated	Child Care Program Regulations for Licensure		11/2013	1993	Х			
screened	Residential Child Care Regulations for Licensure	01/2013						
SD	South Dakota							
Re-rated	Chapter 67:42:03 - Family Day Care Homes			11/2004			Х	
Re-rated	Chapter 67:42:04 - Group Family Day Care Homes			09/2004		Х		Adjusted baseline ratings due to retirement of MyPyramid
Re-rated	Chapter 67:42:10 - Day Care Centers			09/2004	х			, ,
screened	Chapter 67:42:10 Licensed Day Care Programs	06/2013			х	Х	Х	
TX	Texas							
screened	Chapter 746: Minimum Standards for Child-Care Centers		12/2013	12/2012	х			
screened	Chapter 747: Minimum Standards for Child-Care Homes		10/2013	03/2012		Х	Х	
UT	Utah							
screened	R430-50. Residential Certificate Child Care		01/2013	05/2012			Х	
screened	R430-100 Child Care Centers		01/2013	05/2012	Х			
screened	R430-90 Licensed Family Child Care		01/2013	05/2012		Х		
VA	Virginia							
screened	Standards for Licensed Family Day Homes with Interpretation Guidelines		07/2013	07/2010	Х			

STATE	DOCUMENT TITLE	New Document (not previously rated)	Revised Document		Child care types covered by document			X = New/revised pertinent content
		Date	Date	previous version	C L S		S	
WA	Washington							
screened	Chapter 170-295 WAC Minimum Licensing Requirements for Child Care Centers		10/2012	04/2012	х			Rescreened due to revision date
screened	Chapter 170-296A Licensed Family Home Child Care Standards		2013	05/2012		х	х	
WI	Wisconsin							
	Chapter DCF 202: Child Care Certification		01/2012	11/2008			Х	Rescreened due to revision date
WY	Wyoming							
screened	Chapter 2- Administrative Rules		4/1/2012	9/1/2008	Х	Х	Х	
screened	Chapter 3- Administrative Rules		4/1/2012	9/1/2008	Х	Х	Х	
rated	Chapter 6 Administrative Rules for Certification of Child Care facilities Rules relating specifically to Family Child Care Homes		12/2013	04/2012			х	х
rated	Chapter 7 Administrative Rules for Certification of Child Care facilities Rules relating specifically to Family Child Care Centers		12/2013	04/2012		х		х
rated	Chapter 8- Administrative Rules for Certification of Child Care facilities Rules relating specifically to Child Care Centers		12/2013	04/2012	х			х

### **Individual State Pages**

### **Explanation of the State Data Pages**

It is suggested that states review these pages for analysis of their child care regulations, to see where they have strong childhood obesity prevention terminology and to identify areas that may be improved. The following pages are ordered alphabetically by state name. Each state's ratings for each healthy weight practice (variable) by child care types are reproted, so that all final ratings per child care facility type (i.e., centers, large/group, and small family child care homes) are shown. Where a state regulates a care type in two or more documents, the highest rating for the variable for that care type (final rating) is used (see ASHW 2010). Unless otherwise indicated, the few instances of ratings highlighted in blue indicate correction of data entry erros. States that made changes since 2010 have extra columns of data to show the most current ratings, incorporating all changes made since 2010, extending the state report to two pages. States for which ratings have remained stable since 2010 have single page reports.

In addition to the ratings table are two charts and a tally table. The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, to give an overall view of the state's ratings. The small tally table, below the pie chart, shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top. In some charts the legend shows 'series' rather than 'ratings' - an artifact of the program used to generate the charts. States that have made changes since 2010 also have an additional set of charts and tables to reflect the current status.

The table immediately below, on this page, provides a summary of changes to all states' ratings earned in new and revised documents in 2011-2013, as well as changed ratings assigned in 2011 to those states that require licensed care programs to adhere to CACFP (Child and Adult Care Food Program) Meal Patterns. (The NRC assigned such states new ratings for two ASHW variables, NA5 and ND1, as a result of 2011 CACFP program requirements. The revised ratings were originally reported in ASHW 2012).

				Revised 2010 baseline ratings due to retirement of MyPyramid			
				Changed ratings due ONLY to automatic application of CACF	P chan	ges	
	Yr.	Cha	.nge		Yr.	Cha	nge
	2	2	2		2	2	2
	0	0	0		0	0	0
State	i	2	3	State	1	2	3
Alabama		Х		Montana		Χ	
Alaska		Х		Nebraska		Χ	Χ
Arizona	Х			Nevada		Χ	
Arkansas	Х			New Hampshire			
California		Х		New Jersey			Χ
Colorado		Х		New Mexico		Χ	
Connecticut		Х		New York			
Delaware		Х		North Carolina		Χ	Χ
District of Columbia				North Dakota	Х	Χ	Х
-lorida		Χ	Х	Ohio		Χ	
Georgia		Х		Oklahoma			
-lawaii		Х		Oregon		Х	
daho				Pennsylvania			
llinois				Rhode Island		Х	Х
ndiana				South Carolina		Х	
owa		Х		South Dakota			
Kansas		Х	Х	Tennessee			
Kentucky			Х	Texas		Χ	
_ouisiana		Х		Utah		Х	
Maine		Х		Vermont			
Maryland		Χ		Virginia		Χ	
Massachusetts		Χ		Washington		Χ	
Michigan		Χ		West Virginia		Χ	
Vinnesota		Χ		Wisconsin		Χ	
Mississippi		Χ	Х	Wyoming		Χ	Χ
Missouri							

### Alabama

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest R	ating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy V	Veight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant Fee	eding						
A1	Support breastfeeding	3	3	3	3	3	3
A2	No cow's milk < 1yr	4	4	4	4	4	4
B1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average F	Rating Per CC Type	2.82	2.82	2.82	2.82	2.82	2.82
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 4-6 02. 1-6 y/o Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
	**						4
ND1 NE1	Make water available	3 2	2 2	2 2	4 2	4 2	2
	Teach portion sizes						
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	3	3	4	3	3
_	Rating Per CC Type	2.71	2.62	2.62	2.86	2.81	2.81
Physical A	•						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	2	2	3	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	2	2	2	2	2	2
	Rating Per CC Type	2.53	2.47	2.47	2.53	2.47	2.47

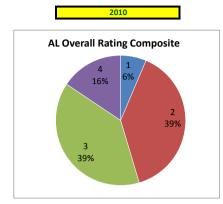
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

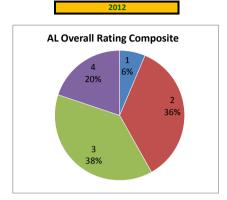
AL Page 1 of 2

### **Alabama**

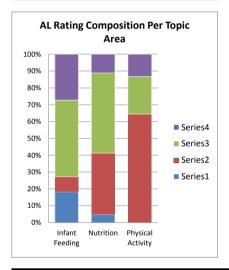
State Overall Ratings (States may have made additional changes in intervening years.)

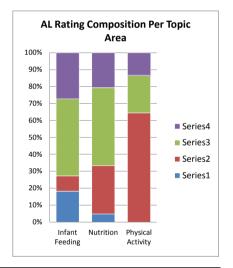


	Tally of Each Rating Per Topic Area											
Ratings	1	2	3	4								
I - Count	6	3	15	9								
N-Count	3	23	30	7								
P-Count	0	29	10	6								



Tally of Each Rating Per Topic Area											
Ratings	1	2	3	4							
I - Count	6	3	15	9							
N-Count	3	18	29	13							
P-Count	0	29	10	6							





### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area:  $I=Infant\ Feeding,\ N=Nutrition,\ and\ P=Physical\ Activity.$  The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### Alaska

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

riigiies	t Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Averag	e Rating Per CC Type	2.73	2.73	2.73	2.73	2.73	2.73
Nutritio							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1		2	2	2	4	4	4
NE1	Make water available	2	2	2	2	2	2
NE2	Teach portion sizes  Eat with children	2	2	2	2	2	2
NF1		4	4	4	4	4	4
NF2	Appropriate servings	3	3	3	3	3	3
NF2 NG1	Healthy seconds	2	2	2	2	2	2
	Limit salt						
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	2	2	2	2	2	2
	e Rating Per CC Type	2.57	2.57	2.57	2.76	2.76	2.76
	Al Activity	4	4	4	l .		_
PA1	Space for active play		4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	4	4	4	4	4
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	4	4	4	4	4	4
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	4	4	4	4	4	4
	e Rating Per CC Type	2.87	2.87	2.87	2.87	2.87	2.87

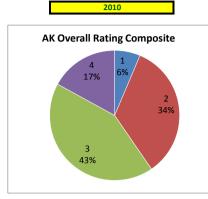
### What Ratings Mean

- 1 Regulation contradicts the standard
- ${\bf 2} \ \ {\bf Regulation} \ \ {\bf does} \ \ {\bf not} \ \ {\bf mention} \ \ {\bf the} \ \ {\bf content} \ \ {\bf of} \ \ {\bf standard}$
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

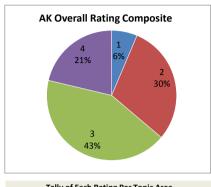
AK Page 1 of 2

### Alaska

State Overall Ratings (States may have made additional changes in intervening years.)

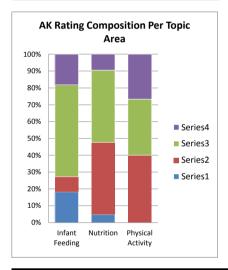


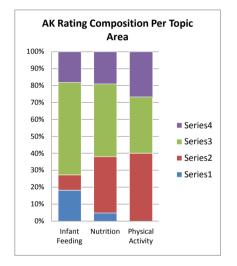
	Tally of Each Rating Per Topic Area											
Ratings	1	2	3	4								
I - Count	6	3	18	6								
N-Count	3	27	27	6								
P-Count	0	18	15	12								



2012

Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	6	3	18	6			
N-Count	3	21	27	12			
P-Count	0	18	15	12			





### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area:  $I=Infant\ Feeding,\ N=Nutrition,\ and\ P=Physical\ Activity.$  The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### **Arizona** Key to Changes State Overall Ratings (States may have made additional changes in intervening years.) **Improved Rating Lower Rating** Corrected Highest Rating for Each Child Care Type Regulated 2010 Large Small Large Family Family Family Family Child Care Child Care Child Care Child Care Child Care Child Care **Healthy Weight Practices by Topic Area** Home Home Center Home Infant Feeding IA1 Support breastfeeding 4 4 4 4 IA2 No cow's milk < 1yr 3 3 4 3 4 IB1 Feed infants on cue 2 2 4 2 4 2 2 3 2 3 IR2 Stop feed @ satiety IB3 3 4 4 3 4 Hold infant to feed IC1 3 3 Plan solid introduction IC2 2 2 2 3 Intro solids @ 4-6 mo 3 2 IC3 2 2 3 2 2 3 Iron-Fort @ 4-6 mo ID1 Don't mix formula 3 3 3 ID2 2 2 1 2 Whole fruit 7 m-1 vr 2 1 ID3 No juice < 12 mo 2 2 1 2 2 1 **Average Rating Per CC Type** 2.73 3.00 2.64 3.18 3.00 Nutrition 2 NA1 3 2 2 3 2 NA2 Low fat meat/proteins 3 3 3 3 3 3 NA3 3 3 3 3 3 Low fat milk equivalents NA4 Whole milk 1-2 y/o 2 2 2 2 2 NA5 Low fat milk > 2 y/o 3 3 NB1 3 3 3 Whole grains NR2 Variety of vegetables 3 3 3 3 3 NB3 Variety of whole fruit 4 3 NC1 4 4 4 4 100% juice 4 4 NC2 Juice only @ meals 2 2 2 2 2 2 NC3 Juice 4-6 oz. 1-6 y/o NC4 4 4 3 Juice 8-12 oz. 7+ v/o 4 3

4

3

4

2

3

3

3.00

2

2

2

3

2

2

2

2

3

3

3

3

4

3

2.67

2.81

4

3

4

2

3

3

3

3.05

2

2

2

4

2

2

3

3

3

3

4

3

2.73

2.87

2

2

2

4

3

2

1

3

3

2.62

2

2

2

2

4

2

2

2

2

3

3

3

3

2

2.33

2.62

4

2

3

4

1

2

3

3

3.00

2

2

2

3

2

2

2

2

3

3

3

3

4

3

2.67

2.81

4

3

4

2

3

3

3.10

2

2

2

2

3

3

3

3

4

3

2.73

3.00

2

2

4

3

2

1

3

2.62

2

2

2

4

2

2

2

2

3

3

3

3

2

2.33

2.62

### **What Ratings Mean**

ND1

NE1

NE2

NF1

NF2

NG1

NG2

NH1

NH2

PA2

PA3

PA4

PA5

PB1

PB2

PR3

PB4

PC1

PC2

PC3

PD1

PE1

PE2

Make water available

Teach portion sizes

Appropriate servings

Eat with children

Healthy seconds

Avoid sugary foods

Food no force/bribe

Space for active play

Training on activities

Write activity policies

Play with children

Don't withhold play

No screen time < 2 yr

Screen time purpose

No TV w/meals

Toddler play time

Structured play

Average Rating Per CC Type Grand Average per CC Type

Preschool play time

Tummy time often

Limit time infant equip.

Screen time 30 min/wk

Outdoor play occasions

Food no reward/punish

Limit salt

Average Rating Per CC Type

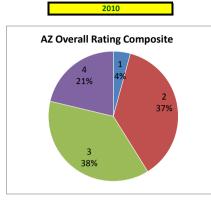
Physical Activity
PA1 Space for

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

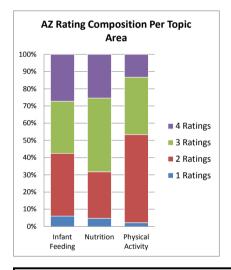
AZ Page 1 of 2

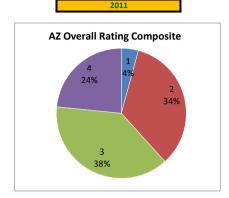
### **Arizona**

State Overall Ratings (States may have made additional changes in intervening years.)

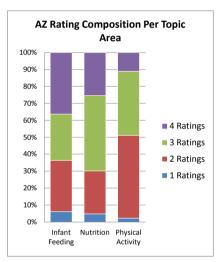


Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	2	12	10	9				
N-Count	3	17	27	16				
P-Count	1	23	15	6				





Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	2	10	9	12				
N-Count	3	16	28	16				
P-Count	1	22	17	5				



### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### **Arkansas**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010			2011	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	4	4	4
IB3	Hold infant to feed	3	3	3	3	3	3
C1	Plan solid introduction	3	3	3	3	3	3
C2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
-	e Rating Per CC Type	2.64	2.64	2.64	2.73	2.73	2.73
Nutritio	on						
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	4	3	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	3	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	3	3	2	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.62	2.67	2.71	2.67	2.71	2.71
-	I Activity	4	4	2	4	4	2
PA1	Space for active play			2	4		2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2 2	2 2	2	3 4	3	3 2
PA4	Play with children	4	4	2 4	3	2	4
PA5	Don't withhold play	2	2		3	4 2	2
PB1 PB2	No screen time < 2 yr  Screen time 30 min/wk	2	2	2	3	3	3
					4	4	4
PB3 PB4	Screen time purpose  No TV w/meals	2	2 2	2	2	2	2
PC1	No TV w/meals Outdoor play occasions	3	3	3	3	3	3
PC2		3	3	3	3	3	3
PC3	Toddler play time Preschool play time	3	3	3	3	3	3
PD1		2	2	2	2	2	2
PE1	Structured play Tummy time often	2	2	2	2	2	2
PE2	Limmy time often  Limit time infant equip.	2	2	2	2	2	2
		2.47	2.47	2.33	2.87	2.73	2.60
average	e Rating Per CC Type	2.4/	2.47	2.33	2.07	2.73	2.00

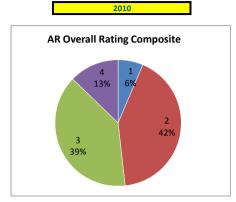
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

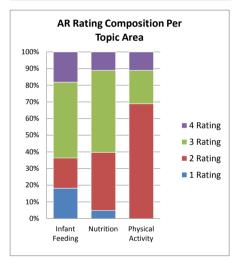
AR Page 1 of 2

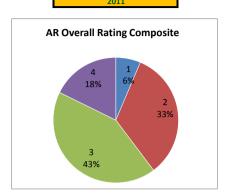
### **Arkansas**

State Overall Ratings (States may have made additional changes in intervening years.)

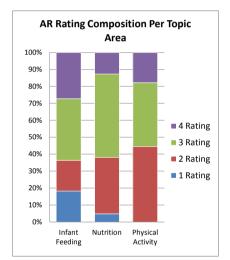


Tally of Each Rating Per Topic Area 2010							
Ratings	1	2	3	4			
I - Count	6	6	15	6			
N-Count	3	22	31	7			
P-Count	0	31	9	5			





Tally of Each Rating Per Topic Area 2011									
Ratings	1	2	3	4					
I - Count	6	6	12	9					
N-Count	3	21	31	8					
P-Count	0	20	17	8					



### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### California

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	4	N/A	N/A	4	N/A	N/A
IA2	No cow's milk < 1yr	4	N/A	N/A	4	N/A	N/A
IB1	Feed infants on cue	4	N/A	N/A	4	N/A	N/A
IB2	Stop feed @ satiety	3	N/A	N/A	3	N/A	N/A
IB3	Hold infant to feed	3	N/A	N/A	3	N/A	N/A
IC1	Plan solid introduction	3	N/A	N/A	3	N/A	N/A
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
ID1	Don't mix formula	2	N/A	N/A	2	N/A	N/A
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	N/A	N/A	1	N/A	N/A
	e Rating Per CC Type	2.82	1.00	1.00	2.82	1.00	1.00
Nutritio							
NA1	Limit oils/fats	2	N/A	N/A	2	N/A	N/A
NA2	Low fat meat/proteins	3	N/A	N/A	3	N/A	N/A
NA3	Low fat milk equivalents	3	N/A	N/A	3	N/A	N/A
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2	N/A	N/A
NA5	Low fat milk > 2 y/o	2	N/A	N/A	4	4	4
NB1	Whole grains	3	N/A	N/A	3	N/A	N/A
NB2	Variety of vegetables	3	N/A	N/A	3	N/A	N/A
NB3		4		N/A	4	N/A	N/A
NC1	Variety of whole fruit	4	N/A		4		
NC2	100% juice	2	N/A	N/A	2	N/A	N/A
	Juice only @ meals		N/A	N/A		N/A	N/A
NC3	Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3	3	3
ND1	Make water available	4	N/A	N/A	4	3	3
NE1	Teach portion sizes	2	N/A	N/A	2	N/A	N/A
NE2	Eat with children	2	N/A	N/A	2	N/A	N/A
NF1	Appropriate servings	4	N/A	N/A	4	N/A	N/A
NF2	Healthy seconds	3	N/A	N/A	3	N/A	N/A
NG1	Limit salt	2	N/A	N/A	2	N/A	N/A
NG2	Avoid sugary foods	1	N/A	N/A	1	N/A	N/A
NH1	Food no force/bribe	2	N/A	N/A	2	N/A	N/A
NH2	Food no reward/punish	3	N/A	N/A	3	N/A	N/A
	e Rating Per CC Type	2.71	N/A	N/A	2.81	3.25	3.25
	l Activity						
PA1	Space for active play	4	N/A	N/A	4	N/A	N/A
PA2	Training on activities	2	N/A	N/A	2	N/A	N/A
PA3	Write activity policies	2	N/A	N/A	2	N/A	N/A
PA4	Play with children	2	N/A	N/A	2	N/A	N/A
PA5	Don't withhold play	2	N/A	N/A	2	N/A	N/A
PB1	No screen time < 2 yr	2	N/A	N/A	2	N/A	N/A
PB2	Screen time 30 min/wk	2	N/A	N/A	2	N/A	N/A
PB3	Screen time purpose	2	N/A	N/A	2	N/A	N/A
PB4	No TV w/meals	2	N/A	N/A	2	N/A	N/A
PC1	Outdoor play occasions	3	N/A	N/A	3	N/A	N/A
PC2	Toddler play time	3	N/A	N/A	3	N/A	N/A
PC3	Preschool play time	3	N/A	N/A	3	N/A	N/A
PD1	Structured play	3	N/A	N/A	3	N/A	N/A
PE1	Tummy time often	2	N/A	N/A	2	N/A	N/A
PE2	Limit time infant equip.	2	N/A	N/A	2	N/A	N/A
	e Rating Per CC Type	2.40	N/A	N/A	2.40	N/A	N/A

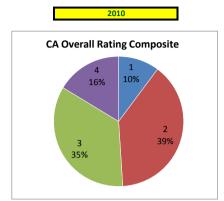
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

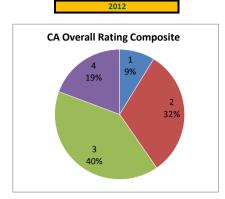
CA Page 1 of 2

### California

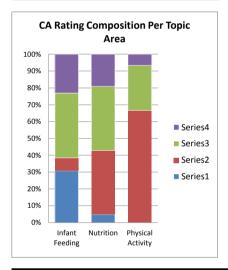
State Overall Ratings (States may have made additional changes in intervening years.)

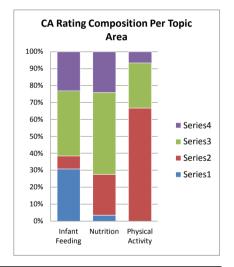


Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	4	1	5	3				
N-Count	1	8	8	4				
P-Count	0	10	4	1				



Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	4	1	5	3				
N-Count	1	7	14	7				
P-Count	0	10	4	1				





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### Colorado

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest Rating for Each Child Care Type Regulated		2010		2012			
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	2	4	4	2	4	4
IA2	No cow's milk < 1yr	2	4	4	2	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	3	3	2	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	2	3	3	2	4	4
IC2	Intro solids @ 4-6 mo	2 2	3	3	2	3	3
IC3	Iron-Fort @ 4-6 mo		3	3	2	3	3
ID1	Don't mix formula	2 2	2 1	2	3	3	2
ID2	Whole fruit 7 m-1 yr	2	1	1 1	2	1	1
ID3	No juice < 12 mo			2.82		1	1 2.91
Average Nutritio	Rating Per CC Type	2.27	2.82	2.02	2.36	3.00	2.91
Nutritio NA1	n Limit oils/fats	2	3	3	2	3	3
NA1 NA2	Limit oils/fats  Low fat meat/proteins	2	3	3	2	3	3
NA3	Low fat milk equivalents	2	3	3	2	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	4	4
NB1	Whole grains	2	3	3	2	3	3
NB2	Variety of vegetables	2	3	3	2	3	3
NB3	Variety of whole fruit	2	3	3	2	3	3
NC1	100% juice	2	4	4	2	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	4	4	2	4	4
NC4	Juice 8-12 oz. 7+ y/o	2	4	4	2	4	4
ND1	Make water available	2	4	4	2	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	2	3	3	2	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	3	3	2	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average	Rating Per CC Type	2.19	2.95	2.95	2.19	3.05	3.05
Physical	Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
	Rating Per CC Type	2.53	2.53	2.53	2.53	2.53	2.53

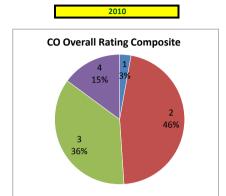
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

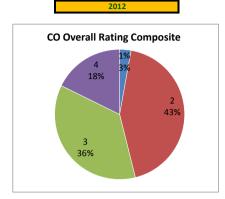
CO Page 1 of 2

### Colorado

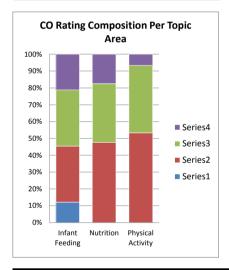
State Overall Ratings (States may have made additional changes in intervening years.)

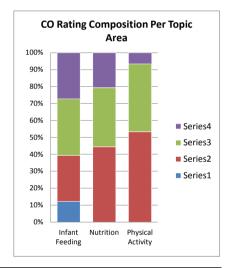


Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	4	11	11	7				
N-Count	0	30	22	11				
P-Count	0	24	18	3				



Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	4	9	11	9				
N-Count	0	28	22	13				
P-Count	0	24	18	3				





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Connecticut State Overall Ratings (States may have made additional changes in intervening years.) Improved Rating Lower Rating Corrected Highest Rating for Each Child Care Type Regulated 2010 2012

Highest Rating for Each Child Care Type Regulated		2010		2012			
			Large	Small		Large	Small
			Family	Family		Family	Family
		Child Care					
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	4	4	2	4	4	2
IB1	Feed infants on cue	4	4	2	4	4	2
IB2	Stop feed @ satiety	3	3	2	3	3	2
IB3	Hold infant to feed	4	4	2	4	4	2
IC1	Plan solid introduction	3	3	2	3	3	2
IC2	Intro solids @ 4-6 mo	3	3	2	3	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	2
ID3	No juice < 12 mo	1	1	2	1	1	2
	e Rating Per CC Type	2.73	2.73	2.00	2.73	2.73	2.00
Nutritio		_	_	•		_	_
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3	2
NA3	Low fat milk equivalents	3	3	2	3	3	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	2
NB1	Whole grains	3	3	2	3	3	2
NB2	Variety of vegetables	3	3	2	3	3	2
NB3	Variety of whole fruit	3	3	2	3	3	2
NC1	100% juice	4	4	2	4	4	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	2
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4	2
NF2	Healthy seconds	3	3	2	3	3	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1	2
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	2	2	2	2	2	2
	e Rating Per CC Type	2.62	2.62	2.10	2.71	2.71	2.10
	l Activity	4	4	A			
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	2	3	3	2
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	3	3	2	3	3	2
PE2	Limit time infant equip.	2	2	2	2	2	2
_	e Rating Per CC Type	2.40	2.40	2.27	2.40	2.40	2.27
Grand A	Average per CC Type	2.57	2.57	2.13	2.62	2.62	2.13

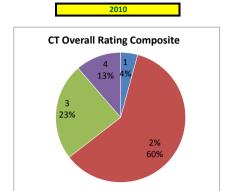
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

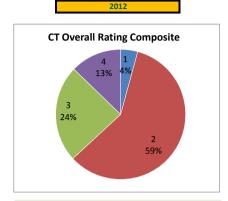
CT Page 1 of 2

### Connecticut

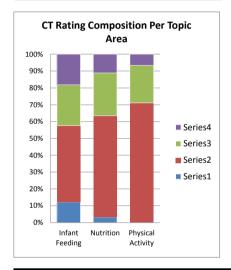
State Overall Ratings (States may have made additional changes in intervening years.)

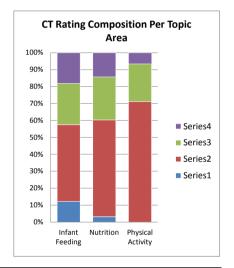


	Tally of Each R	ating Per 1	opic Area	
Ratings	1	2	3	4
I - Count	4	15	8	6
N-Count	2	38	16	7
P-Count	0	32	10	3



	Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4					
I - Count	4	15	8	6					
N-Count	2	36	16	9					
P-Count	0	32	10	3					





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention.

CT Page 2 of 2

### **Delaware**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010		2012		
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
nfant F	Feeding						
IA1	Support breastfeeding	4	4	4	4	4	4
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	4	4	4	4	4	4
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	4	4	4	4	4	4
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	3	3	3	3	3	3
Averag	e Rating Per CC Type	3.36	3.36	3.36	3.36	3.36	3.36
Nutritio	,						
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	2	2	3	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	4	4	3	4	4	3
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	2	2	4	4	4
NE1	Teach portion sizes	3	3	3	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1		2	2	2	2	2	2
NG2	Limit salt	1		1	1	1	
NG2 NH1	Avoid sugary foods	3	1 3	3	3	3	1 3
	Food no force/bribe						
NH2	Food no reward/punish	3 2.90	3 2.76	3 2.71	3.00	3 2.95	3 2.90
	e Rating Per CC Type al Activity	2.30	2.70	2./1	3.00	2.93	2.90
Pilysica PA1	•	4	4	3		4	2
PA2	Space for active play	2	2	2	4 2	4 2	3 2
PAZ PA3	Training on activities	2	2	2	2	2	2
	Write activity policies						
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	4	3	3	4	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	4	4	4	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	3	3	4	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	4	3	3	4	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
_	e Rating Per CC Type	3.07	2.87	2.80	3.07	2.87	2.80
Grand A	Average per CC Type	3.06	2.94	2.89	3.11	3.02	2.98

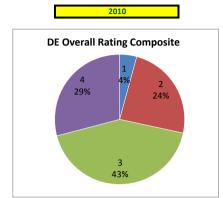
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

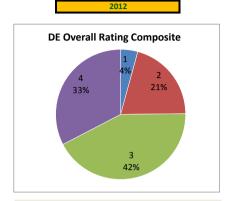
DE Page 1 of 2

### **Delaware**

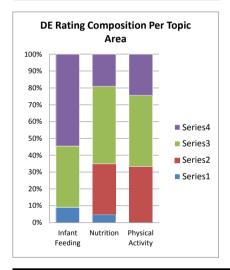
State Overall Ratings (States may have made additional changes in intervening years.)

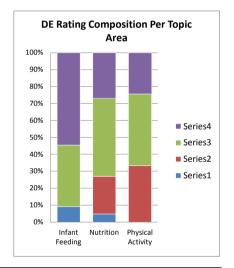


	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	3	0	12	18
N-Count	3	19	29	12
P-Count	0	15	19	11



	Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4					
I - Count	3	0	12	18					
N-Count	3	14	29	17					
P-Count	0	15	19	11					





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### **District of Columbia**

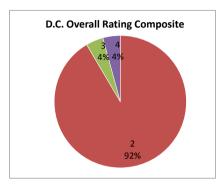
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

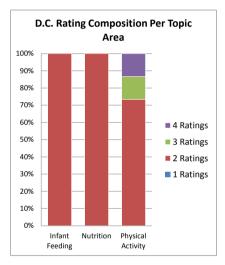
			Large	Small
			Family	Family
			Child Care	
	y Weight Practices by Topic Area	Center	Home	Home
	Feeding	2	NI/A	2
IA1	Support breastfeeding	2 2	N/A	2 2
IA2	No cow's milk < 1yr		N/A	
IB1	Feed infants on cue	2 2	N/A	2 2
IB2	Stop feed @ satiety		N/A	
IB3	Hold infant to feed	2	N/A	2
IC1	Plan solid introduction	2	N/A	2
IC2	Intro solids @ 4-6 mo	2	N/A	2
IC3	Iron-Fort @ 4-6 mo	2	N/A	2
ID1	Don't mix formula	2	N/A	2
ID2	Whole fruit 7 m-1 yr	2	N/A	2
ID3	No juice < 12 mo	2	N/A	2
	ge Rating Per CC Type	2.00	n/a	2.00
Nutriti				
NA1	Limit oils/fats	2	N/A	2
NA2	Low fat meat/proteins	2	N/A	2
NA3	Low fat milk equivalents	2	N/A	2
NA4	Whole milk 1-2 y/o	2	N/A	2
NA5	Low fat milk > 2 y/o	2	N/A	2
NB1	Whole grains	2	N/A	2
NB2	Variety of vegetables	2	N/A	2
NB3	Variety of whole fruit	2	N/A	2
NC1	100% juice	2	N/A	2
NC2	Juice only @ meals	2	N/A	2
NC3	Juice 4-6 oz. 1-6 y/o	2	N/A	2
NC4	Juice 8-12 oz. 7+ y/o	2	N/A	2
ND1	Make water available	2	N/A	2
NE1	Teach portion sizes	2	N/A	2
NE2	Eat with children	2	N/A	2
NF1	Appropriate servings	2	N/A	2
NF2	Healthy seconds	2	N/A	2
NG1	Limit salt	2	N/A	2
NG2	Avoid sugary foods	2	N/A	2
NH1	Food no force/bribe	2	N/A	2
NH2	Food no reward/punish	2	N/A	2
_	ge Rating Per CC Type	2.00	n/a	2.00
•	al Activity			
PA1	Space for active play	4	N/A	4
PA2	Training on activities	2	N/A	2
PA3	Write activity policies	2	N/A	2
PA4	Play with children	2	N/A	2
PA5	Don't withhold play	2	N/A	2
PB1	No screen time < 2 yr	2	N/A	2
PB2	Screen time 30 min/wk	2	N/A	2
PB3	Screen time purpose	2	N/A	2
PB4	No TV w/meals	2	N/A	2
PC1	Outdoor play occasions	4	N/A	4
PC2	Toddler play time	3	N/A	3
PC3	Preschool play time	3	N/A	3
PD1	Structured play	2	N/A	2
PE1	Tummy time often	2	N/A	2
PE2	Limit time infant equip.	2	N/A	2
Averag	ge Rating Per CC Type	2.40	n/a	2.40
Grand	Average per CC Type	2.13	n/a	2.13

### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



	Tally of Each R	ating Per To	pic Area	
Ratings	1	2	3	4
I - Count	0	22	0	0
N-Count	0	42	0	0
P-Count	0	22	4	4



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

Flori		utom:ou!	wa 1			Cey to Change oproved Rati	
tate O	verall Ratings (States may have made additional changes in i	ntervening yea	rs.)			Lower Rating	
						Adjusted*	5
lighest	Rating for Each Child Care Type Regulated		2010			2013	
iigiiest	Rating for Each Clina Care Type Regulated		2010			2013	
			Large Family	Small Family		Large Family	Small Family
laalthy	Moight Practices by Tonic Area	Center	Home	Child Care Home	Center	Home	Home
	weight Practices by Topic Area eeding	Center	поше	поше	Center	поше	поше
A1	Support breastfeeding	2	2	2	2	2	2
A2	No cow's milk < 1yr	2	2	2	2	2	2
B1	Feed infants on cue	2	2	2	2	2	2
B2	Stop feed @ satiety	2	2	2	2	2	2
В3	Hold infant to feed	2	2	2	3	2	2
C1	Plan solid introduction	2	2	2	2	2	2
C2	Intro solids @ 4-6 mo	2	2	2	3	2	2
C3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
D1	Don't mix formula	2	2	2	2	2	2
D2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
D3	No juice < 12 mo	2	2	2	2	2	2
_	e Rating Per CC Type	2.00	2.00	2.00	2.18	2.00	2.00
lutritio	on						
IA1	Limit oils/fats	2	2	2	2	2	2
IA2	Low fat meat/proteins	2	2	2	2	2	2
IA3	Low fat milk equivalents	2	2	2	2	2	2
IA4	Whole milk 1-2 y/o	2	2	2	2	2	2
IA5	Low fat milk > 2 y/o	2	2	2	2	2	2
IB1	Whole grains	2	2	2	2	2	2
IB2	Variety of vegetables	2	2	2	2	2	2
IB3	Variety of whole fruit	2	2	2	2	2	2
IC1	100% juice	2	2	2	2	2	2
IC2	Juice only @ meals	2	2	2	2	2	2
IC3 IC4	Juice 4-6 oz. 1-6 y/o	2	2 2	2 2	2	2	2
ID1	Juice 8-12 oz. 7+ y/o Make water available	4	4	4	2 4	2 4	2 4
IE1	Teach portion sizes	2	2	2	2	2	2
IE2	Eat with children	2	2	2	2	2	2
IF1	Appropriate servings	2	2	2	2	2	2
IF2	Healthy seconds	3	3	3	3	3	3
IG1	Limit salt	2	2	2	2	2	2
IG2	Avoid sugary foods	2	2	2	2	2	2
IH1	Food no force/bribe	2	2	2	2	2	2
IH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.19	2.19	2.19	2.19	2.19	2.19
-	I Activity						
A1	Space for active play	4	4	4	4	4	4
A2	Training on activities	2	2	2	3	3	3
A3	Write activity policies	2	2	2	4	4	4
Α4	Play with children	2	2	2	2	2	2
A5	Don't withhold play	2	2	2	4	2	2
В1	No screen time < 2 yr	2	2	2	4	2	2
B2	Screen time 30 min/wk	2	2	2	3	2	2
В3	Screen time purpose	2	2	2	4	2	2
B4	No TV w/meals	2	2	2	2	2	2
C1	Outdoor play occasions	3	3	3	3	3	3
C2	Toddler play time	3	3	3	3	3	3
C3	Preschool play time	3	3	3	3	3	3
D1	Structured play	2	2	2	2	2	2
E1	Tummy time often	2	2	2	3	2	2
E2	Limit time infant equip.	2	2	2	3	2	2
MORDO	e Rating Per CC Type	2.33	2.33	2.33	3.13	2.53	2.53

<sup>\*2010</sup> ratings adjusted in 2013 due to retirement of MyPyramid (see ASHW 2013 report), as well as correction of 2010 rating errors affecting infant feeding and newly discovered in 2013.

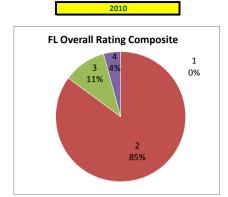
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

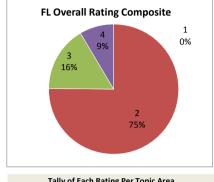
FL Page 1 of 2

### **Florida**

State Overall Ratings (States may have made additional changes in intervening years.)

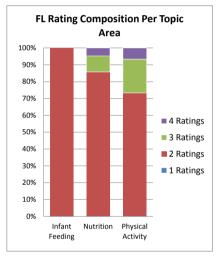


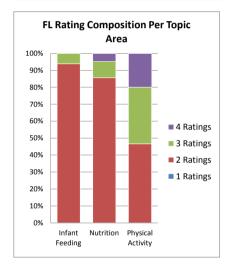
	Tally of Each	n Rating Per	r Topic Area	l.
Ratings	1	2	3	4
I - Count	0	33	0	0
N-Count	0	54	6	3
P-Count	0	33	9	3



2013

	Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4						
I - Count	0	31	2	0						
N-Count	0	54	6	3						
P-Count	0	21	15	9						





### Understanding and Using This page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### Georgia

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Hignest	Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	4	3	2	4	3	2
IA2	No cow's milk < 1yr	4	4	2	4	4	2
IB1	Feed infants on cue	4	4	2	4	4	2
IB2	Stop feed @ satiety	3	3	2	3	3	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	2
IC2	Intro solids @ 4-6 mo	3	3	2	3	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	2
ID3	No juice < 12 mo	1	1	2	1	1	2
_	Rating Per CC Type	2.82	2.73	2.09	2.82	2.73	2.09
Nutritio NA1		2	2	2	2	2	2
NA1 NA2	Limit oils/fats	3	3	3	3	3	3
NAZ NA3	Low fat meat/proteins  Low fat milk equivalents	3	3	3	3	3	3
NA3 NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	2
NB1	Whole grains	3	3	2	3	3	2
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	2	4	4	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	2
ND1	Make water available	3	3	2	4	4	2
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	2	3	3	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	3	3	2	3	3	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average	Rating Per CC Type	2.81	2.81	2.43	2.95	2.95	2.43
	Activity						
PA1	Space for active play	4	4	3	4	4	3
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2 Avorago	Limit time infant equip.	3	3	2	3	3	2
	Rating Per CC Type	2.47 2.70	2.47 2.68	2.33	2.47 2.77	2.47 2.74	2.33

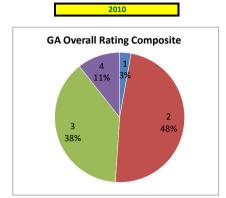
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

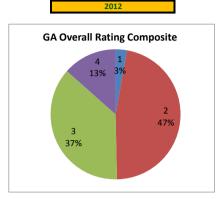
GA Page 1 of 2

### Georgia

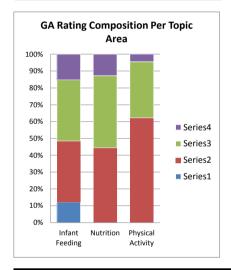
State Overall Ratings (States may have made additional changes in intervening years.)

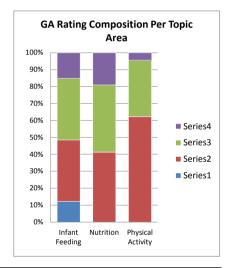


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	4	12	12	5		
N-Count	0	28	27	8		
P-Count	0	28	15	2		



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	4	12	12	5		
N-Count	0	26	25	12		
P-Count	0	28	15	2		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### Hawaii

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest Rating for Each Child Care Type Regulated		2010		2012			
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	_	_					
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3 4	3 2	3	3	3 2	3
IB3 IC1	Hold infant to feed	3	3	3	4	3	3
IC2	Plan solid introduction Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
	e Rating Per CC Type	2.82	2.64	2.73	2.82	2.64	2.73
Nutritio				_,,,		_,,,	_,,,
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average	e Rating Per CC Type	2.71	2.71	2.71	2.86	2.86	2.86
	l Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average	Rating Per CC Type	2.33	2.33	2.33	2.33	2.33	2.33

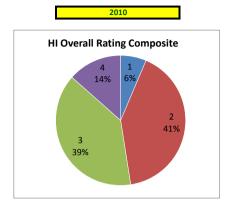
### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

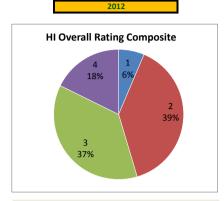
HI Page 1 of 2

### Hawaii

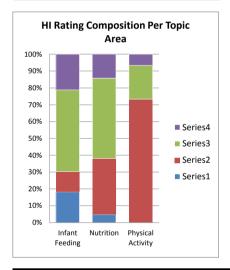
State Overall Ratings (States may have made additional changes in intervening years.)

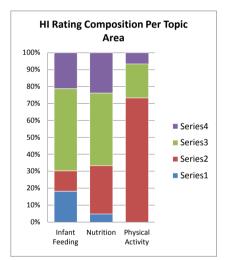


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	6	4	16	7		
N-Count	3	21	30	9		
P-Count	0	33	9	3		



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	6	4	16	7		
N-Count	3	18	27	15		
P-Count	0	33	9	3		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Idaho

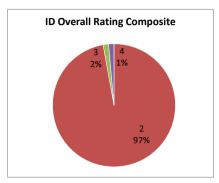
State Overall Ratings

Highest	Rating for	Fach Child	Care	Type Regulated

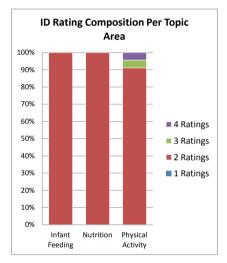
			Large	Small
		Child Cara	Family Child Care	Family
Uaal+h	y Weight Practices by Topic Area	Center	Home	Home
	Feeding	Center	ноте	Home
IIIIaiit IA1	Support breastfeeding	2	2	2
IAI	No cow's milk < 1yr	2	2	2
IB1	Feed infants on cue	2	2	2
IB2		2	2	2
IB3	Stop feed @ satiety Hold infant to feed	2	2	2
IC1	Plan solid introduction	2	2	2
			2	2
IC2	Intro solids @ 4-6 mo	2		
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
	ge Rating Per CC Type	2.00	2.00	2.00
Nutriti		2	_	_
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	2	2	2
NA3	Low fat milk equivalents	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	2	2	2
NB2	Variety of vegetables	2	2	2
NB3	Variety of whole fruit	2	2	2
NC1	100% juice	2	2	2
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2
ND1	Make water available	2	2	2
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	2	2	2
NF2	Healthy seconds	2	2	2
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	2	2	2
NH1	Food no force/bribe	2	2	2
NH2	Food no reward/punish	2	2	2
	ge Rating Per CC Type	2.00	2.00	2.00
	al Activity			
PA1	Space for active play	2	4	4
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	3	3
PA4	Play with children	2	2	2
PA5	Don't withhold play	2	2	2
PB1	No screen time < 2 yr	2	2	2
PB2	Screen time 30 min/wk	2	2	2
PB3	Screen time purpose	2	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	2	2	2
PC2	Toddler play time	2	2	2
PC3	Preschool play time	2	2	2
PD1	Structured play	2	2	2
PE1	Tummy time often	2	2	2
PE2	Limit time infant equip.	2	2	2
Averag	ge Rating Per CC Type	2.00	2.20	2.20
		2.00	2.06	2.06

## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



	Tally of Each Ra	ting Per Top	oic Area	
Ratings	1	2	3	4
I - Count	0	33	0	0
N-Count	0	63	0	0
P-Count	0	41	2	2



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Illinois

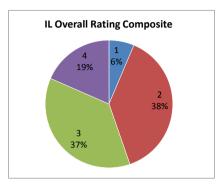
State Overall Ratings

Highest	Rating for	Fach Child	Care	Type Regulated

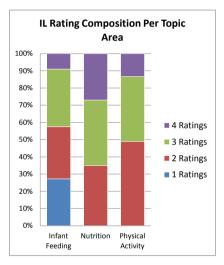
			Large Family	Small Family
		Child Care	Child Care	•
Haalth	y Weight Practices by Topic Area	Center	Home	Home
	Feeding	Center	Home	Home
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr	1	1	1
IB1	Feed infants on cue	2	4	4
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	3	3	3
IC1	Plan solid introduction	3	3	3
IC2	Intro solids @ 4-6 mo	4	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1
ID3	No juice < 12 mo	1	1	1
	e Rating Per CC Type	2.18	2.27	2.27
Nutriti		2.10	,	
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat milk equivalents	3	3	3
NA4	Whole milk 1-2 y/o	3	2	2
NA5	Low fat milk > 2 y/o	3	2	2
NB1	Whole grains	3	3	3
NB2	Variety of vegetables	3	4	3
NB3	Variety of whole fruit	4	4	4
NC1	100% juice	4	4	4
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	4	4
NC4	Juice 8-12 oz. 7+ y/o	4	4	4
ND1	Make water available	3	3	3
NE1	Teach portion sizes	3	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	4	4	4
NF2	Healthy seconds	3	2	2
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	3	2	2
NH1	Food no force/bribe	4	3	3
NH2	Food no reward/punish	4	3	3
	e Rating Per CC Type	3.10	2.86	2.81
_	al Activity			
PA1	Space for active play	4	4	4
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	3	3	3
PB1	No screen time < 2 yr	3	2	2
PB2	Screen time 30 min/wk	3	2	2
PB3	Screen time purpose	2	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	3	3	3
PC3	Preschool play time	3	3	3
PD1	Structured play	3	3	3
PE1	Tummy time often	4	4	4
PE2	Limit time infant equip.	2	2	2
Averag	e Rating Per CC Type	2.73	2.60	2.60
	Average per CC Type	2.77	2.64	2.62

# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



	Tally of Each R	ating Per To	pic Area	
Ratings	1	2	3	4
I - Count	9	10	11	3
N-Count	0	22	24	17
P-Count	0	22	17	6



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Indiana

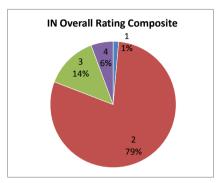
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

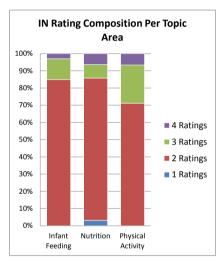
Llool <b>th</b>	u Woight Drastices by Tonic Aven	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
	y Weight Practices by Topic Area	Center	Home	Home
	Feeding	3	2	2
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr			
IB1	Feed infants on cue	3	2	2
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	4	3	3
IC1	Plan solid introduction	2	2	2
IC2	Intro solids @ 4-6 mo	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
Averag	e Rating Per CC Type	2.36	2.09	2.09
Nutriti	on			
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	2	2	2
NA3	Low fat milk equivalents	2	2	2
NA4	Whole milk 1-2 y/o	3	2	2
NA5	Low fat milk > 2 y/o	1	2	2
NB1	Whole grains	2	2	2
NB2	Variety of vegetables	2	2	2
NB3	Variety of whole fruit	2	2	2
NC1	100% juice	4	2	2
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2
ND1	Make water available	3	2	4
NE1	Teach portion sizes	3	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	2	2	4
NF2	Healthy seconds	1	2	2
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	3	2	2
NH1	Food no force/bribe	2	2	2
NH2	Food no reward/punish	4	2	3
Averag	e Rating Per CC Type	2.29	2.00	2.24
-	al Activity			
PA1	Space for active play	4	2	3
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	3	2	2
PB1	No screen time < 2 yr	4	2	2
PB2	Screen time 30 min/wk	2	2	2
PB3	Screen time purpose	4	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	2	3
PC2		3	2	3
PC3	Toddler play time Preschool play time	3	2	3
PD1		3	2	2
PD1 PE1	Structured play	2	2	2
PE2	Tummy time often	3	2	2
	Limit time infant equip.	2.80	2.00	2.27
_	ge Rating Per CC Type			
Grand	Average per CC Type	2.47	2.02	2.21

## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	0	28	4	1
N-Count	2	52	5	4
P-Count	0	32	10	3



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Iowa

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes Improved Rating Lower Rating

Highest Rating for Each Child Care Type Regulated		2010		2012			
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	-	_	_				
IA1	Support breastfeeding	2	2	2	3	3	0
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	4	4	0
IB3	Hold infant to feed	3 3	2 3	2 3	3	2	2
IC1	Plan solid introduction				3	3 3	3
IC2	Intro solids @ 4-6 mo	3 3	3	3	3		3
IC3 ID1	Iron-Fort @ 4-6 mo	2	2	2	3 2	3 2	3 2
ID2	Don't mix formula	1	1	1	1	1	
IDZ ID3	Whole fruit 7 m-1 yr	1	1	1	1	1	1 1
	No juice < 12 mo Rating Per CC Type	2.64	2.55	2.55	2.82	2.73	2.09
Average Nutritio		2.04	2.33	2.33	2.02	2.73	2.03
Nutritio NA1	n Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	2	2	3	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	2	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average	Rating Per CC Type	2.67	2.57	2.57	2.81	2.76	2.76
Physical	Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	2	2	3	2	2
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	3	3	3	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
A.,	Rating Per CC Type	2.40	2.33	2.33	2.40	2.33	2.33

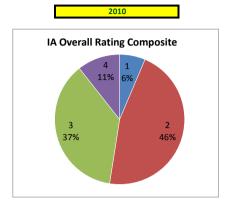
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

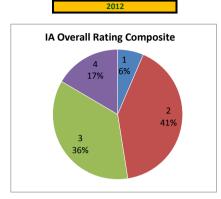
IA Page 1 of 2

#### Iowa

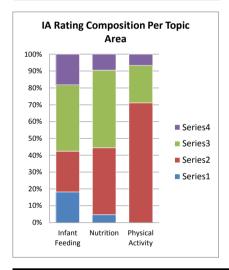
State Overall Ratings (States may have made additional changes in intervening years.)

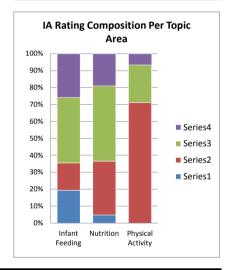


	Tally of Each Ra	ting Per To	pic Area	
Ratings	1	2	3	4
I - Count	6	8	13	6
N-Count	3	25	29	6
P-Count	0	32	10	3



	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	5	12	8
N-Count	3	20	28	12
P-Count	0	32	10	3





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Kansas

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes Improved Rating Lower Rating

Highest Rating for Each Child Care Type Regulated			2010			2013			
					Child Care				
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home		
	Feeding								
IA1	Support breastfeeding	2	2	2	2		2		
IA2	No cow's milk < 1yr	2	2	2	2	2	2		
IB1	Feed infants on cue	2	2	2	2		2		
IB2	Stop feed @ satiety	2	2	2	2	2	2		
IB3	Hold infant to feed	3	3	3	3	3	3		
C1	Plan solid introduction	3	3	3	3		3		
C2	Intro solids @ 4-6 mo	2 2	2 2	2	2		2		
IC3 ID1	Iron-Fort @ 4-6 mo Don't mix formula	2	2	2	2 2		2		
		2	2	2	2		2		
ID2 ID3	Whole fruit 7 m-1 yr	2	2	2	2 2	2	2		
	No juice < 12 mo	2.18	2.18		2.18	2.18	2.18		
Avera Nutriti	ge Rating Per CC Type	2.10	2.10	2.18	2.10	2.10	2.10		
vutriti VA1	Limit oils/fats	2	2	2	2	2	2		
NAI NA2	Low fat meat/proteins	3	3	3	3	3	3		
NA3	Low fat milk equivalents	3	3	3	3	3	3		
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2		
NA5	Low fat milk > 2 y/o	2	2	2	2	4	4		
NB1	Whole grains	2	2	2	2	2	2		
NB2	Variety of vegetables	3	3	3	3	3	3		
NB3	Variety of whole fruit	3	3	3	3	3	3		
NC1	100% juice	4	4	4	4	4	4		
NC2	Juice only @ meals	2	2	2	2	2	2		
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2		2		
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2		
ND1	Make water available	4	2	2	4	3	3		
NE1	Teach portion sizes	2	2	2	2	2	2		
NE2	Eat with children	2	2	2	2	2	2		
NF1	Appropriate servings	2	2	2	2		2		
NF2	Healthy seconds	1	1	1	1	1	1		
NG1	Limit salt	2	2	2	2	2	2		
NG2	Avoid sugary foods	2	2	2	2	2	2		
NH1	Food no force/bribe	3	2	2	3	3	3		
NH2	Food no reward/punish	3	2	2	3	3	3		
Averag	ge Rating Per CC Type	2.43	2.24	2.24	2.43	2.48	2.48		
hysic	al Activity								
PA1	Space for active play	4	3	3	4	3	3		
PA2	Training on activities	2	2	2	2	2	2		
PA3	Write activity policies	2	2	2	2	2	2		
PA4	Play with children	2	2	2	2	2	2		
PA5	Don't withhold play	2	2	2	2	2	2		
PB1	No screen time < 2 yr	3	3	3	3	3	3		
PB2	Screen time 30 min/wk	2	2	2	2	2	2		
PB3	Screen time purpose	2	2	2	2	2	2		
В4	No TV w/meals	2	2	2	2	2	2		
C1	Outdoor play occasions	3	3	3	3	3	3		
C2	Toddler play time	3	3	3	3	4	4		
C3	Preschool play time	3	3	3	3	3	3		
D1	Structured play	3	2	2	3	2	2		
PE1	Tummy time often	2	2	2	2	2	2		
E2	Limit time infant equip.	3	2	2	3	2	2		
	ge Rating Per CC Type	2.53	2.33	2.33	2.53	2.40	2.40		
arand	Average per CC Type	2.40	2.26	2.26	2.40	2.38	2.38		

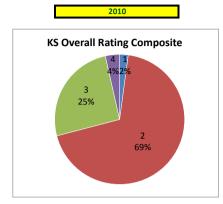
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

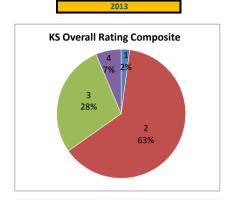
KS Page 1 of 2

#### Kansas

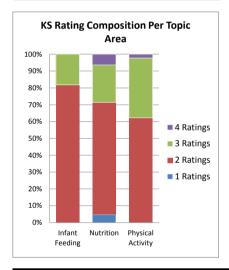
State Overall Ratings (States may have made additional changes in intervening years.)

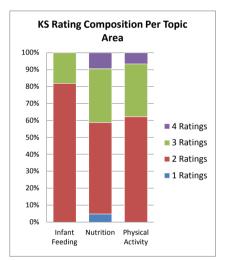


	Tally of Each Ra	ting Per To	pic Area	
Ratings	1	2	3	4
I - Count	0	27	6	C
N-Count	3	42	14	4
P-Count	0	28	16	1



	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	34	20	6
P-Count	0	28	14	3





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Kentucky

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

	Rating for Each Child Care Type Regulated		2010			2013	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant Fo	_						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	4	4	2
IB1	Feed infants on cue	2	2	2	2	2	2
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	2	2	3	2	2	3
C2	Intro solids @ 4-6 mo	2 2	2 2	3 2	2	2	3
IC3 ID1	Iron-Fort @ 4-6 mo	2	2	2	2 2	2 2	2 2
ID2	Don't mix formula	2	2	2	2	2	2
ID3	Whole fruit 7 m-1 yr No juice < 12 mo	2	2	2	2	2	2
	Rating Per CC Type	2.27	2.27	2.45	2.45	2.45	2.45
Nutritio		2.21	2.21	2.43	2.43	2.43	2.43
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	2	2	2	2	2
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	3	3	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	2
NB1	Whole grains	2	2	2	3	3	2
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	3	3	2	4	4	2
NE1	Teach portion sizes	2	2	2	3	3	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	1	1	2	1	1	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	2	4	4	2
Average	Rating Per CC Type	2.33	2.33	2.29	2.67	2.67	2.29
Physical	Activity						
PA1	Space for active play	4	4	3	4	4	3
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	3	2	2	3
PB2	Screen time 30 min/wk	2	2	3	2	2	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	4	4	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	Rating Per CC Type	2.33	2.33	2.40	2.47	2.47	2.40

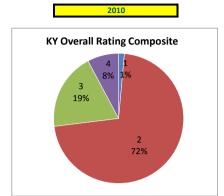
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

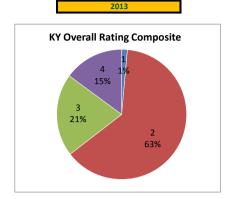
KY Page 1 of 2

#### Kentucky

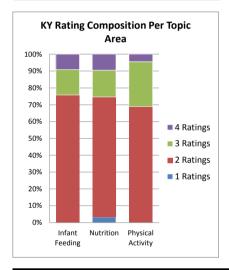
State Overall Ratings (States may have made additional changes in intervening years.)

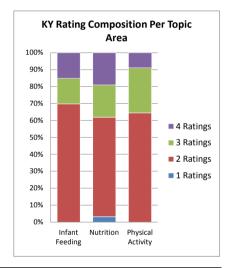


	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	0	25	5	3
N-Count	2	45	10	6
P-Count	0	31	12	2



	Tally of Each	Rating Per	Topic Area	1
Ratings	1	2	3	4
I - Count	0	23	5	5
N-Count	2	37	12	12
P-Count	0	29	12	4





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Louisiana

State Overall Ratings (States may have made additional changes in intervening years.)

**Key to Changes** Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2012	
			Large	Small		Large	Cmall
			Large Family	Family		Large Family	Small
Haalthy	Weight Practices by Topic Area	Child Care Center	Child Care Home	Home	Child Care Center	Child Care Home	Home
	eeding	Center	Home	Home	Center	Home	Home
IA1	Support breastfeeding	3	N/A	N/A	3	N/A	N/A
IA2	No cow's milk < 1yr	1	N/A	N/A	1	N/A	N/A
IB1	Feed infants on cue	4	N/A	N/A	4	N/A	N/A
IB2	Stop feed @ satiety	3	N/A	N/A	3	N/A	N/A
IB3	Hold infant to feed	4	N/A	N/A	4	N/A	N/A
IC1	Plan solid introduction	3	N/A	N/A	3	N/A	N/A
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
ID1	Don't mix formula	2	N/A	N/A	2	N/A	N/A
ID2	Whole fruit 7 m-1 yr	1	N/A	N/A	1	N/A	N/A
ID3	No juice < 12 mo	1	N/A	N/A	1	N/A	N/A
Average	e Rating Per CC Type	2.55	N/A	N/A	2.55	N/A	N/A
Nutritio	on						
NA1	Limit oils/fats	2	N/A	N/A	2	N/A	N/A
NA2	Low fat meat/proteins	3	N/A	N/A	3	N/A	N/A
NA3	Low fat milk equivalents	3	N/A	N/A	3	N/A	N/A
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2	N/A	N/A
NA5	Low fat milk > 2 y/o	2	N/A	N/A	4	N/A	N/A
NB1	Whole grains	3	N/A	N/A	3	N/A	N/A
NB2	Variety of vegetables	3	N/A	N/A	3	N/A	N/A
NB3	Variety of whole fruit	4	N/A	N/A	4	N/A	N/A
NC1	100% juice	4	N/A	N/A	4	N/A	N/A
NC2	Juice only @ meals	2	N/A	N/A	2	N/A	N/A
NC3	Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3	N/A	N/A
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3	N/A	N/A
ND1	Make water available	4	N/A	N/A	4	N/A	N/A
NE1	Teach portion sizes	2	N/A	N/A	2	N/A	N/A
NE2	Eat with children	2	N/A	N/A	2	N/A	N/A
NF1	Appropriate servings	4	N/A	N/A	4	N/A	N/A
NF2	Healthy seconds	1	N/A	N/A	1	N/A	N/A
NG1	Limit salt	2	N/A	N/A	2	N/A	N/A
NG2	Avoid sugary foods	1	N/A	N/A	1	N/A	N/A
NH1	Food no force/bribe	2	N/A	N/A	2	N/A	N/A
NH2	Food no reward/punish	3	N/A	N/A	3	N/A	N/A
	e Rating Per CC Type	2.62	N/A	N/A	2.71	N/A	N/A
Pnysica PA1	I Activity Space for active play	4	N/A	N/A	4	N/A	N/A
PA2		2	N/A	N/A	2	N/A	N/A
PAZ PA3	Training on activities  Write activity policies	2	N/A N/A	N/A N/A	2	N/A N/A	N/A N/A
PA4	Play with children	2	N/A N/A	N/A	2	N/A N/A	N/A
PA5	Don't withhold play	3	N/A N/A	N/A	3	N/A N/A	N/A
PB1	No screen time < 2 yr	2	N/A	N/A	2	N/A	N/A
PB2	Screen time < 2 yr	2	N/A	N/A	2	N/A	N/A
PB3	Screen time purpose	2	N/A	N/A	2	N/A	N/A
PB4	No TV w/meals	2	N/A	N/A	2	N/A	N/A
PC1	Outdoor play occasions	3	N/A	N/A	3	N/A	N/A
PC2	Toddler play time	3	N/A	N/A	3	N/A	N/A
PC3	Preschool play time	3	N/A	N/A	3	N/A	N/A
PD1	Structured play	2	N/A	N/A	2	N/A	N/A
PE1	Tummy time often	2	N/A	N/A	2	N/A	N/A
PE2	Limit time infant equip.	3	N/A	N/A	3	N/A	N/A
		2.47	N/A	N/A	2.47	N/A	N/A
-verage	e Rating Per CC Type		,	,		,	.,,.

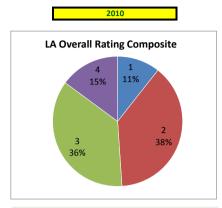
#### What Ratings Mean

- Regulation contradicts the standard
   Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

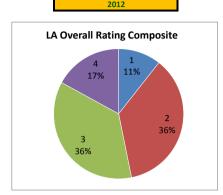
LA Page 1 of 2

#### Louisiana

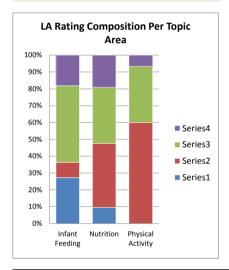
State Overall Ratings (States may have made additional changes in intervening years.)

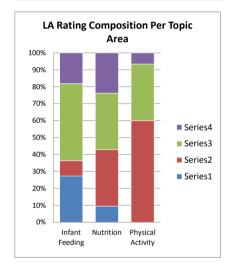


	Tally of Each Rati	ing Per To	pic Area	
Ratings	1	2	3	4
I - Count	3	1	5	2
N-Count	2	8	7	4
P-Count	0	9	5	1



Tall	y of Each Rat	ing Per Top	ic Area	
Ratings	1	2	3	4
I - Count	3	1	5	2
N-Count	2	7	7	5
P-Count	0	9	5	1





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

### Maine

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	4	4	3	4	4	3
IC1	Plan solid introduction	2	2	2	2	2	2
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2 2	2 2	2	2	2	2
ID2	Whole fruit 7 m-1 yr			2	2	2	2
ID3 Avorage	No juice < 12 mo	2 2.36	2.36	2 2.27	2.36	2 26	2 2.27
Average Nutritio	e Rating Per CC Type	2.30	2.30	2.21	2.30	2.36	2.21
Nutritio NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3	2
NA3	Low fat milk equivalents	3	3	2	3	3	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	3	3	2	3	3	2
NB3	Variety of whole fruit	3	3	2	3	3	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	3	3	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	3	3	2	3	3	2
NF2	Healthy seconds	2	2	2	2	2	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.38	2.38	2.10	2.52	2.52	2.29
	l Activity						_
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3 4	3	2 4	3 4	3 4	2
PB3	Screen time purpose	-	4	7	-		4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4 3	4 3	4	4 3	4 3	4
PC2	Toddler play time			3			3
PC3 PD1	Preschool play time	3 2	3 2	3 2	3 2	3 2	3 2
PD1 PE1	Structured play Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	E Rating Per CC Type	2.67	2.67	2.60	2.67	2.67	2.60
	Average per CC Type	2.47	2.47	2.30	2.53	2.53	2.38

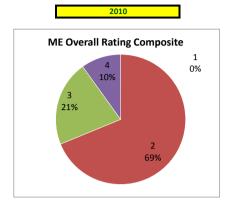
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

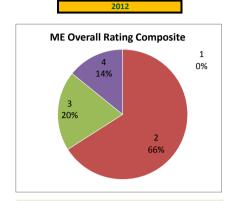
ME Page 1 of 2

#### Maine

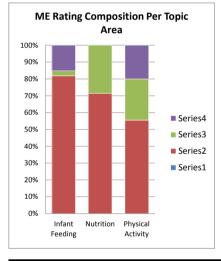
State Overall Ratings (States may have made additional changes in intervening years.)

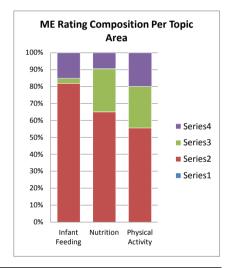


	Tally of Each F	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	0	27	1	5
N-Count	0	45	18	0
P-Count	0	25	11	9



	Tally of Eacl	n Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	0	27	1	5
N-Count	0	41	16	6
P-Count	0	25	11	9





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Maryland

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	_	_					
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3 3	3 3	3 2	3	3	3
IB3 IC1	Hold infant to feed	3	3	3	3	4	2 3
IC2	Plan solid introduction Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3		3	3	3	3	3	3
ID1	Iron-Fort @ 4-6 mo Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
	Rating Per CC Type	2.73	2.73	2.64	2.73	2.82	2.64
Nutritio		2.73	2.73	2.04	2.73	2.02	2.04
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	4	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	3	4	4	3
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average	Rating Per CC Type	2.67	2.67	2.57	2.81	2.90	2.76
Physical	l Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	4	4	4	4	4
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	3	3	3	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average	Rating Per CC Type	2.47	2.47	2.47	2.47	2.47	2.47

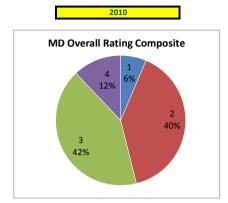
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

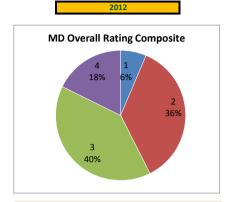
MD Page 1 of 2

#### Maryland

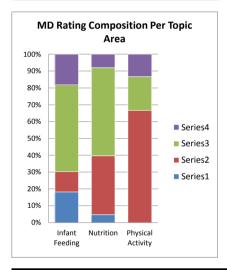
State Overall Ratings (States may have made additional changes in intervening years.)

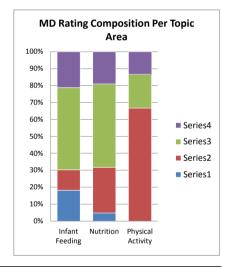


	Tally of Each I	Rating Per	<b>Topic Area</b>	
Ratings	1	2	3	4
I - Count	6	4	17	6
N-Count	3	22	33	5
P-Count	0	30	9	6



	Tally of Each	n Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	6	4	16	7
N-Count	3	17	31	12
P-Count	0	30	9	6





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Massachusetts

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highes	t Rating for Each Child Care Type Regulated		2010			2012	
				Small Family Child Care			
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
C2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	3	3	3	3	3	3
ID3	No juice < 12 mo	1	1	1	1	1	1
_	ge Rating Per CC Type	3.00	3.00	3.00	3.00	3.00	3.00
Nutriti		2	2	2	_	2	2
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3 4	3 4	3 4	3 4	3 4	3 4
NC1 NC2	100% juice	2	2	2	2	2	2
NC3	Juice only @ meals	3	3	3	3	3	3
NC3 NC4	Juice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	**	3	3	3	4	4	4
NE1	Make water available	2	2	2	2	2	2
NE2	Teach portion sizes  Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1		2	2	2	2	2	2
NG2	Limit salt  Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
	ge Rating Per CC Type	2.67	2.67	2.67	2.81	2.81	2.81
	al Activity	2.07	,	,	2.01	01	01
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
B2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
РВ4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
C3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
	ge Rating Per CC Type	2.47	2.47	2.47	2.47	2.47	2.47
	Average per CC Type	2.68	2.68	2.68	2.74	2.74	2.74

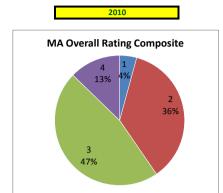
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

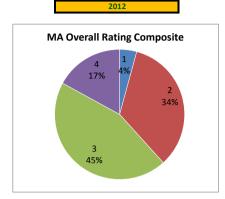
MA Page 1 of 2

#### Massachusetts

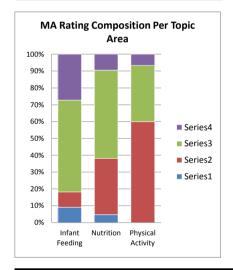
State Overall Ratings (States may have made additional changes in intervening years.)

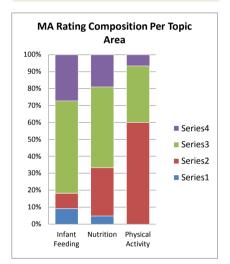


	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	3	3	18	9
N-Count	3	21	33	6
P-Count	0	27	15	3



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	3	3	18	9			
N-Count	3	18	30	12			
P-Count	0	27	15	3			





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

# Michigan

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2012	
		Child Caro	Large Family	Small Family Child Care	Child Caro	Large Family	Small Family
Health	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding	Center	Home	Home	Center	Home	Home
IA1	Support breastfeeding	4	3	3	4	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	4	2	2	4	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1 3.00	1 2.64	1 2.64	1 3.00	1 2.64	1 2.64
Averago Nutritio	e Rating Per CC Type	5.00	2.04	2.04	3.00	2.04	2.04
Nutritic NA1	on Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	2	4	4	4	4	4
NE1	Teach portion sizes	2 2	2 2	2	2	2 2	2 2
NE2 NF1	Eat with children	4	4	2 4	4	4	4
NF2	Appropriate servings  Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average	e Rating Per CC Type	2.57	2.67	2.67	2.76	2.76	2.76
	l Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	3	3	3	3	3	3
PB4 PC1	No TV w/meals	2 3	2 3	2 3	2	2 3	2
PC2	Outdoor play occasions  Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	e Rating Per CC Type	2.53	2.53	2.53	2.53	2.53	2.53
Grand A	Average per CC Type	2.66	2.62	2.62	2.74	2.66	2.66

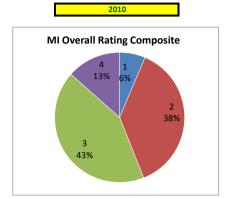
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

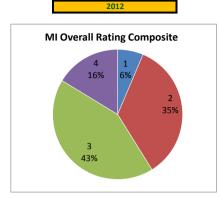
MI Page 1 of 2

### Michigan

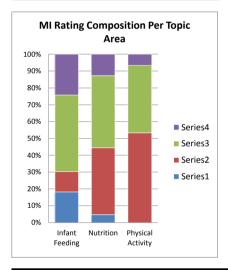
State Overall Ratings (States may have made additional changes in intervening years.)

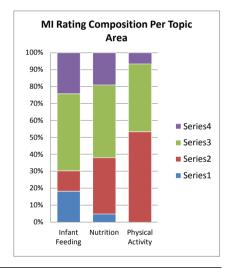


	Tally of Each	Rating Per	Topic Area	1
Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	25	27	8
P-Count	0	24	18	3



	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	21	27	12
P-Count	0	24	18	3





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention.

MI Page 2 of 2

#### Minnesota

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

	Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant Fe	_						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	3	4	4	3	4	4
IB1	Feed infants on cue	3	4	4	3	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	2	3	3	2	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3 3	3	3	3	3	3
IC3 ID1	Iron-Fort @ 4-6 mo	2	2	2	3 2	3 2	3 2
IDI ID2	Don't mix formula	1	1	1	1	1	1
ID3	Whole fruit 7 m-1 yr No juice < 12 mo	1	1	1	1	1	1
	Rating Per CC Type	2.36	2.64	2.64	2.36	2.64	2.64
Nutritio		2.50	2.04	2.04	2.30	2.04	2.04
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average	Rating Per CC Type	2.62	2.62	2.62	2.76	2.76	2.76
Physical	Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	3	3	3	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.  Rating Per CC Type	3	2	2	3	2	2
		2.53	2.47	2.47	2.53	2.47	2.47

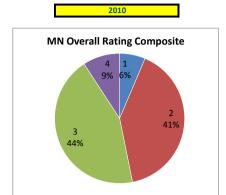
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

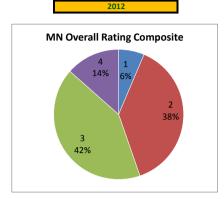
MN Page 1 of 2

#### Minnesota

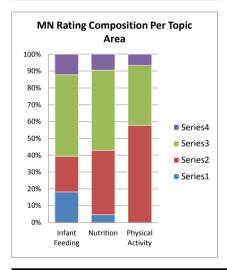
State Overall Ratings (States may have made additional changes in intervening years.)

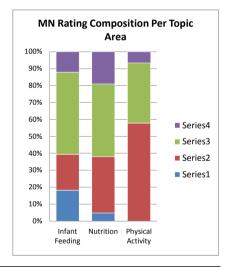


	Tally of Each Ra	ting Per To	pic Area	
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	3	24	30	6
P-Count	0	26	16	3



	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	3	21	27	12
P-Count	0	26	16	3





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Mississippi

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2013	
		Child Care	Large Family Child Care	Small Family Child Care		Large Family Child Care	Small Family Child Care
	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	eeding						
IA1	Support breastfeeding	4	4	4	4	4	4
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	2	2	3	2	2
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	3	3	3	3	3	3
_	e Rating Per CC Type	3.09	3.00	3.00	3.09	3.00	3.00
Nutritio		2	2	2	,	2	2
NA1 NA2	Limit oils/fats	3 4	3 4	3 4	3 4	3 4	3 4
	Low fat meat/proteins						
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3 4	3	3 4	3	3 4	3
NA5 NB1	Low fat milk > 2 y/o	4	4 4		4	4	4
NB2	Whole grains	4	4	4 4	4	4	4 4
NB3	Variety of vegetables	4	4	4	4	4	4
NC1	Variety of whole fruit	1	1	1	1	1	1
NC2	100% juice Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	4	4
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	4	4	4	4	4	4
NG2	Avoid sugary foods	3	3	3	3	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
	e Rating Per CC Type	3.14	3.14	3.14	3.19	3.29	3.29
	l Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	4	4	4	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	e Rating Per CC Type	2.67	2.67	2.67	2.67	2.67	2.67
Grand A	Average per CC Type	2.98	2.96	2.96	3.00	3.02	3.02

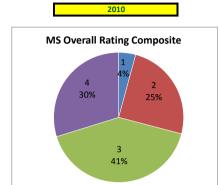
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

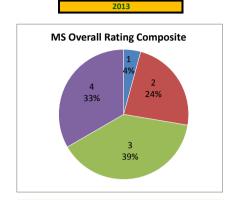
MS Page 1 of 2

### Mississippi

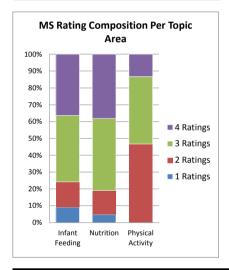
State Overall Ratings (States may have made additional changes in intervening years.)

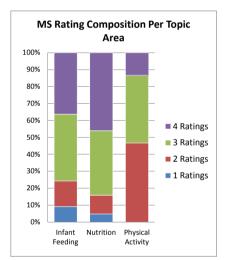


Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	3	5	13	12					
N-Count	3	9	27	24					
P-Count	0	21	18	6					



Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	3	5	13	12					
N-Count	3	7	24	29					
P-Count	0	21	18	6					





#### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Missouri

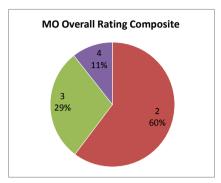
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

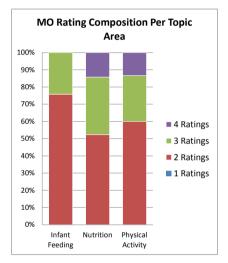
			Large	Small
			Family	Family
		Child Care	Child Care	Child Care
	y Weight Practices by Topic Area	Center	Home	Home
	Feeding			
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr	2	2	2
IB1	Feed infants on cue	3	3	2
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	3	3	3
IC1	Plan solid introduction	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
Averag	ge Rating Per CC Type	2.27	2.27	2.18
Nutriti	on			
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat milk equivalents	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	2	2	2
NB2	Variety of vegetables	2	2	2
NB3	Variety of whole fruit	4	4	4
NC1	100% juice	4	4	4
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3
ND1	Make water available	3	3	3
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	4	4	4
NF2	Healthy seconds	2	2	2
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	2	2	2
NH1	Food no force/bribe	3	3	3
NH2	Food no reward/punish	3	3	3
	ge Rating Per CC Type	2.62	2.62	2.62
_	al Activity			
PA1	Space for active play	4	4	4
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	4	4	4
PB1	No screen time < 2 yr	2	2	2
PB2	Screen time 30 min/wk	2	2	2
PB3	Screen time purpose	2	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	3	3	3
PC3		3	3	3
PD1	Preschool play time	2	2	2
PE1	Structured play	2	2	2
PE2	Tummy time often	3	3	3
	Limit time infant equip.	2.53	2.53	2.53
_	ge Rating Per CC Type	2.53	2.53	2.53
Grand	Average per CC Type	2.51	2.51	2.49

## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	0	25	8	0					
N-Count	0	33	21	9					
P-Count	0	27	12	6					



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Montana

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010			2012	
			Large	Small		Large	Small
			Family	Family		Family	Family
		Child Care	•	Child Care	Child Care	Child Care	-
Haalthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding	Center	Home	Home	Center	Home	Home
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
	e Rating Per CC Type	2.73	2.73	2.73	2.73	2.73	2.73
Nutritio							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	4	2	2	4	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	2	2	2	2	2	2
	e Rating Per CC Type	2.67	2.57	2.57	2.81	2.71	2.71
	Il Activity	4	4	4	4	4	4
PA1	Space for active play						
PA2 PA3	Training on activities	2 2	2 2	2 2	2 2	2 2	2 2
	Write activity policies	2	2			2	2
PA4 PA5	Play with children Don't withhold play	2	2	2 2	2 2	2	2
PB1	No screen time < 2 yr	2	3	3	2	3	3
PB2	•	2	3	3	2	3	3
PB2 PB3	Screen time 30 min/wk Screen time purpose	2	2	2	2	2	2
PB4		2	2	2	2	2	2
PC1	No TV w/meals Outdoor play occasions	2	3	3	2	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
	e Rating Per CC Type	2.20	2.40	2.40	2.20	2.40	2.40
		2.20	2.40	2.40	2.20	2.40	2.40

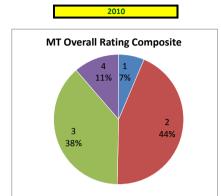
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

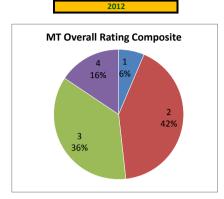
MT Page 1 of 2

#### Montana

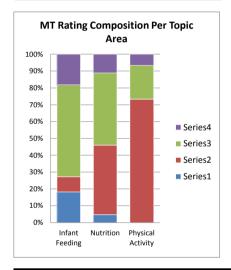
State Overall Ratings (States may have made additional changes in intervening years.)

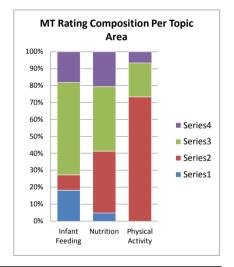


Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	6	3	18	6					
N-Count	3	26	27	7					
P-Count	Ω	33	q	2					



Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	6	3	18	6					
N-Count	3	23	24	13					
P-Count	0	33	9	3					





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Nebraska

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010		2013		
			Large Family Child Care				
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	2	2	2	2	3	3
IA2	No cow's milk < 1yr	4	2	2	4	4	4
IB1	Feed infants on cue	4	2	2	4	4	4
IB2	Stop feed @ satiety	3	2	2	3	4	4
IB3	Hold infant to feed	3	3	3	3	3	3
IC1 IC2	Plan solid introduction	3 3	3 2	3 2	3	3	3
IC3	Intro solids @ 4-6 mo Iron-Fort @ 4-6 mo	3	2	2	3	3	3 3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	2	2	1	1	1
ID3	•	1	2	2	1	1	1
	No juice < 12 mo e Rating Per CC Type	2.64	2.18	2.18	2.64	2.82	2.82
Nutritio		2.04	2.10	2.10	2.04	2.02	2.02
Nutritic NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	2	2	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	2	2
NB1	Whole grains	3	2	2	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	2	2	4	4	4
VC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	2	2	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	2	2	3	3	3
ND1	Make water available	3	3	3	4	3	3
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	3	2	2	3	4	4
NF2	Healthy seconds	3	2	2	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	2	2	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.57	2.24	2.24	2.71	2.62	2.62
	al Activity	_	_	_			
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4 PC1	No TV w/meals	2	2 2	2 2	2	2	2
PC2	Outdoor play occasions	3 2	2	2	2	2	
	Toddler play time	2	2	2			2
PC3 PD1	Preschool play time Structured play	2	2	2	2 2	2 2	2 2
PE1	Structured play Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	te Rating Per CC Type	2.20	2.13	2.13	2.20	2.20	2.20

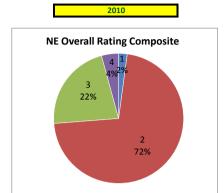
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

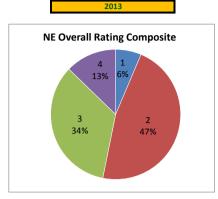
NE Page 1 of 2

#### Nebraska

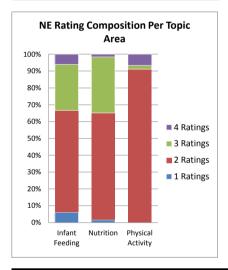
State Overall Ratings (States may have made additional changes in intervening years.)

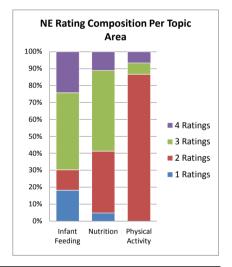


Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	2	20	9	2					
N-Count	1	40	21	1					
P-Count	0	41	1	3					



Tally of Each Rating Per Topic Area									
Ratings	1	2	3	4					
I - Count	6	4	15	8					
N-Count	3	23	30	7					
P-Count	0	39	3	3					





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Nevada

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

0	Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant Fe	eeding						
IA1	Support breastfeeding	2	2	2	3	3	3
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	2	2	2	1	1	1
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2 2	2 2	2 2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo				2 10	2 10	2
Average Nutritio	Rating Per CC Type	2.18	2.18	2.18	2.18	2.18	2.18
Nutritioi NA1	n Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	2	2	2	2	2
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	2	2	2	2	2	2
NB3	Variety of whole fruit	2	2	2	2	2	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	3	3	3
NF1	Appropriate servings	3	3	3	3	3	3
NF2	Healthy seconds	3	3	3	2	2	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	3	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average	Rating Per CC Type	2.29	2.29	2.29	2.38	2.38	2.38
Physical	Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	2	2	2	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
	Rating Per CC Type	2.40	2.40	2.40	2.47	2.47	2.47

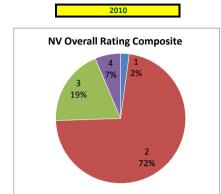
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

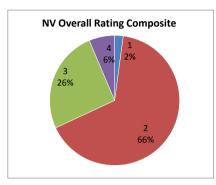
NV Page 1 of 2

#### Nevada

State Overall Ratings (States may have made additional changes in intervening years.)

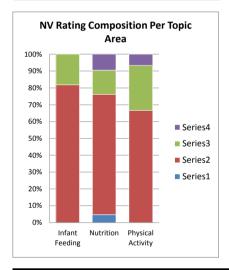


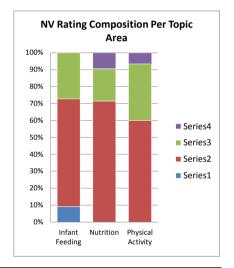
Tally of Each Rating Per Topic Area										
Ratings	1	2	3	4						
I - Count	0	27	6	0						
N-Count	3	45	9	6						
P-Count	0	30	12	3						



2012

Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	3	21	9	0			
N-Count	0	45	12	6			
P-Count	0	27	15	3			





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## **New Hampshire**

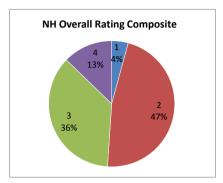
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

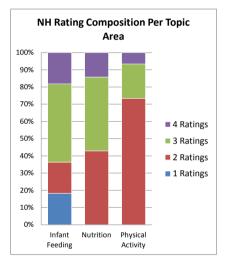
			Large	Small
			Family	Family
		Child Care	<b>Child Care</b>	<b>Child Care</b>
Health	y Weight Practices by Topic Area	Center	Home	Home
Infant	Feeding			
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr	4	4	4
IB1	Feed infants on cue	4	4	4
IB2	Stop feed @ satiety	3	3	3
IB3	Hold infant to feed	3	3	3
IC1	Plan solid introduction	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1
ID3	No juice < 12 mo	1	1	1
Averag	ge Rating Per CC Type	2.64	2.64	2.64
Nutriti				
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat milk equivalents	2	2	2
NA4	Whole milk 1-2 y/o	3	3	3
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	2	2	2
NB2	Variety of vegetables	3	3	3
NB3	Variety of whole fruit	3	3	3
NC1	100% juice	4	4	4
NC2	Juice only @ meals	4	4	4
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3
ND1	Make water available	3	3	3
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	4	4	4
NF2	Healthy seconds	2	2	2
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	2	2	2
NH1	Food no force/bribe	3	3	3
NH2	Food no reward/punish	3	3	3
	ge Rating Per CC Type	2.71	2.71	2.71
	al Activity			
PA1	Space for active play	4	4	4
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	3	3	3
PB1	No screen time < 2 yr	2	2	2
PB2	Screen time 30 min/wk	2	2	2
PB3	Screen time purpose	2	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	2	2	2
PC3	Preschool play time	2	2	2
PD1	Structured play	2	2	2
PE1	Tummy time often	2	2	2
PE2	Limit time infant equip.	3	3	3
	ge Rating Per CC Type	2.33	2.33	2.33
	Average per CC Type	2.57	2.57	2.57
	3-1			

## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	6	6	15	6				
N-Count	0	27	27	9				
P-Count	0	33	9	3				



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## **New Jersey**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

eight Practices by Topic Area ding upport breastfeeding to cow's milk < 1yr eed infants on cue top feed @ satiety told infant to feed lan solid introduction ntro solids @ 4-6 mo on-Fort @ 4-6 mo on-Fort @ 4-6 mo on't mix formula whole fruit 7 m-1 yr to juice < 12 mo atting Per CC Type  mit oils/fats ow fat meat/proteins	Center  2 2 2 2 3 3 2 2 2 2 2 2 2 2 2 2 2 2 2	Large Family Child Care Home	Small Family Child Care Home	Child Care Center  3 4 2 4 3 4 4 3 2 1	Large Family Child Care Home 3 4 2 4 3 4 4 3 2	Small Family Child Care Home  2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
ding upport breastfeeding to cow's milk < 1yr eed infants on cue top feed @ satiety told infant to feed lan solid introduction ntro solids @ 4-6 mo on-Fort @ 4-6 mo on't mix formula whole fruit 7 m-1 yr to juice < 12 mo atting Per CC Type imit oils/fats ow fat meat/proteins	2 2 2 2 3 3 3 2 2 2 2 2 2 2 2 2	2 2 2 2 3 3 3 2 2 2 2 2	2 2 2 2 2 2 2 3 2 2 2 2	3 4 2 4 3 4 4 3 2	3 4 2 4 3 4 4 3 2	2 2 2 2 2 2 2 3
upport breastfeeding to cow's milk < 1yr eed infants on cue top feed @ satiety told infant to feed tan solid introduction etro solids @ 4-6 mo on-Fort @ 4-6 mo on't mix formula whole fruit 7 m-1 yr to juice < 12 mo tating Per CC Type  imit oils/fats ow fat meat/proteins	2 2 2 3 3 2 2 2 2 2 2 2.18	2 2 2 3 3 2 2 2 2 2	2 2 2 2 2 3 2 2 2	4 2 4 3 4 4 3 2	4 2 4 3 4 4 3 2	2 2 2 2 2 3
to cow's milk < 1 yr eed infants on cue top feed @ satiety told infant to feed lan solid introduction tro solids @ 4-6 mo on-Fort @ 4-6 mo on't mix formula whole fruit 7 m-1 yr to juice < 12 mo atting Per CC Type  imit oils/fats ow fat meat/proteins	2 2 2 3 3 2 2 2 2 2 2 2.18	2 2 2 3 3 2 2 2 2 2	2 2 2 2 2 3 2 2 2	4 2 4 3 4 4 3 2	4 2 4 3 4 4 3 2	2 2 2 2 2 3
eed infants on cue top feed @ satiety  lold infant to feed  lan solid introduction  ntro solids @ 4-6 mo  on-Fort @ 4-6 mo  on't mix formula  whole fruit 7 m-1 yr  lo juice < 12 mo  atting Per CC Type  limit oils/fats  ow fat meat/proteins	2 2 3 3 2 2 2 2 2 2 2 2.2 2.2 2.2	2 2 3 3 2 2 2 2 2	2 2 2 2 3 2 2 2	2 4 3 4 4 3 2	2 4 3 4 4 3 2	2 2 2 2 3
top feed @ satiety  lold infant to feed  lan solid introduction  tro solidis @ 4-6 mo  on-Fort @ 4-6 mo  on't mix formula  whole fruit 7 m-1 yr  to juice < 12 mo  atting Per CC Type  limit oils/fats  ow fat meat/proteins	2 3 3 2 2 2 2 2 2 2 2.2 2.2 2.2 2.2 2.2	2 3 3 2 2 2 2 2	2 2 2 3 2 2 2	4 3 4 4 3 2	4 3 4 4 3 2	2 2 2 3
old infant to feed lan solid introduction ntro solids @ 4-6 mo on-Fort @ 4-6 mo on't mix formula whole fruit 7 m-1 yr to juice < 12 mo atting Per CC Type limit oils/fats ow fat meat/proteins	3 3 2 2 2 2 2 2 2 2 2.18	3 2 2 2 2 2	2 2 3 2 2 2	3 4 4 3 2	3 4 4 3 2	2 2 3
lan solid introduction  htro solids @ 4-6 mo  on-Fort @ 4-6 mo  on't mix formula  whole fruit 7 m-1 yr  to juice < 12 mo  atting Per CC Type  imit oils/fats  ow fat meat/proteins	3 2 2 2 2 2 2 2 2.18	3 2 2 2 2 2	2 3 2 2 2	4 4 3 2	4 4 3 2	2 3
ntro solids @ 4-6 mo on-Fort @ 4-6 mo on't mix formula vhole fruit 7 m-1 yr lo juice < 12 mo atting Per CC Type imit oils/fats ow fat meat/proteins	2 2 2 2 2 2 2 2.18	2 2 2 2 2	3 2 2 2	4 3 2	4 3 2	3
on-Fort @ 4-6 mo on't mix formula  /hole fruit 7 m-1 yr to juice < 12 mo ating Per CC Type  imit oils/fats ow fat meat/proteins	2 2 2 2 2 2.18	2 2 2 2	2 2 2	3 2	3 2	
on't mix formula  Vhole fruit 7 m-1 yr  Io juice < 12 mo  ating Per CC Type  imit oils/fats  ow fat meat/proteins	2 2 2 2.18	2 2 2	2 2	2	2	2
vhole fruit 7 m-1 yr Io juice < 12 mo ating Per CC Type imit oils/fats ow fat meat/proteins	2 2 2.18	2 2	2			•
to juice < 12 mo  ating Per CC Type  imit oils/fats  ow fat meat/proteins	2 2.18	2		1		2
ating Per CC Type imit oils/fats ow fat meat/proteins	2.18		2		1	2
imit oils/fats ow fat meat/proteins		2.18	2.00	1	1	2
ow fat meat/proteins			2.09	2.82	2.82	2.09
ow fat meat/proteins	2	2	2	3	3	2
	3	3	2	3	3	2
ow fat milk aquivalents						2
						2
**						2
						2
•						2
						2
						2
-						2
						2
**						2
						4
						2
	2	2	2	2	2	2
				4	4	3
	3	3	3	3	3	3
imit salt	2	2	2	4	4	2
void sugary foods	2	2	2	3	3	2
ood no force/bribe	3	3	3	3	3	3
ood no reward/punish	3	3	3	3	3	3
ating Per CC Type	2.48	2.48	2.29	3.29	3.29	2.29
ctivity						
pace for active play	4	4	4	4	4	4
raining on activities	2	2	2	2	2	2
Vrite activity policies	2	2	2	2	2	2
lay with children	2	2	2	2	2	2
on't withhold play	3	3	2	3	3	2
lo screen time < 2 yr	2	2	3	3	3	3
creen time 30 min/wk	2	2	3	3	3	3
creen time purpose	2	2	2	4	4	2
lo TV w/meals	2	2	2	2	2	2
lutdoor play occasions	3	3	2	3	3	2
oddler play time	3	3	3	4	4	3
reschool play time	3	3	3	3	3	3
tructured play	2	2	2	3	3	2
ummy time often	2	2	2	2	2	2
imit time infant equip.	2	2	3	2	2	3
ating Per CC Type	2.40	2.40	2.47	2.80	2.80	2.47 2.30
TO CHARLE AND CONTRACTOR OF THE CONTRACTOR OF TH	ow fat milk equivalents  //hole milk 1-2 y/o  ow fat milk > 2 y/o  //hole milk > 2 y/o  //hole grains  arriety of vegetables  arriety of vegetables  arriety of whole fruit  00% juice  slice only @ meals  slice 4-6 oz. 1-6 y/o  slice 8-12 oz. 7+ y/o  slake water available  each portion sizes  at with children  ppropriate servings  ealthy seconds  mit salt  void sugary foods  bood no force/bribe  bood no force/bribe  bood no force/bribe  cond no reward/punish  satting Per CC Type  strivity  pace for active play  raining on activities  //rite activity policies  lay with children  on't withhold play  o screen time < 2 yr  creen time 30 min/wk  creen time purpose  o TV w/meals  utdoor play occasions  oddler play time  reschool play time  tructured play  ummy time often  mit time infant equip.	2	2	2	Section   Sect	Sow fat milk equivalents   2

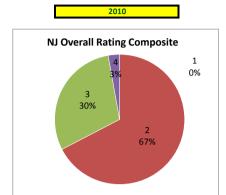
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

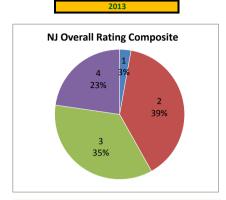
NJ Page 1 of 2

#### **New Jersey**

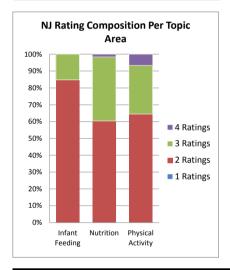
State Overall Ratings (States may have made additional changes in intervening years.)

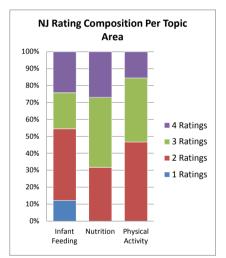


Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	0	28	5	0				
N-Count	0	38	24	1				
P-Count	0	29	13	3				



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	4	14	7	8			
N-Count	0	20	26	17			
P-Count	0	21	17	7			





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### **New Mexico**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highes	t Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care		Large Family Child Care	Small Family Child Care
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						2
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1 IC2	Plan solid introduction	3 3	3	3 3	3	3 3	3 3
IC3	Intro solids @ 4-6 mo	3	3	3	3	3	3
ID1	Iron-Fort @ 4-6 mo Don't mix formula	2	2	2	2	2	2
ID2		1	1	1	1	1	1
ID3	Whole fruit 7 m-1 yr	1	1	1	1	1	1
	No juice < 12 mo e Rating Per CC Type	2.73	2.73	2.73	2.73	2.73	2.73
Averag Nutriti		2.73	2.73	2.73	2.73	2.73	2.73
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3	3
NA5	Low fat milk > 2 y/o	3	3	3	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	3	3	3	3	3	3
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	3	3	3	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	4	4	4	4	4	4
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Averag	e Rating Per CC Type	2.81	2.81	2.81	2.90	2.90	2.90
-	al Activity						_
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	4	4	4
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	e Rating Per CC Type	2.47	2.47	2.47	2.53	2.53	2.53
rand .	Average per CC Type	2.68	2.68	2.68	2.74	2.74	2.74

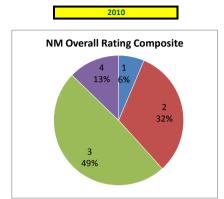
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

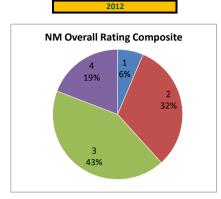
NM Page 1 of 2

#### **New Mexico**

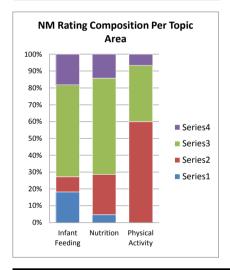
State Overall Ratings (States may have made additional changes in intervening years.)

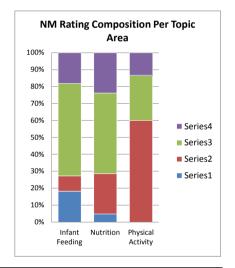


Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	6	3	18	6				
N-Count	3	15	36	9				
P-Count	0	27	15	3				



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	6	3	18	6			
N-Count	3	15	30	15			
P-Count	0	27	12	6			





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### **New York**

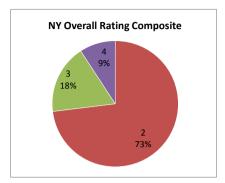
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

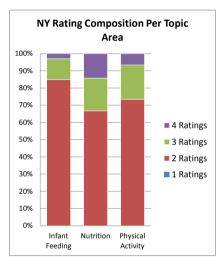
Hoalth	y Weight Practices by Topic Area	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Infant F		Center	поше	поше
IA1	Support breastfeeding	3	2	3
IA2	No cow's milk < 1yr	2	2	2
IB1	Feed infants on cue	2	2	2
		2	2	2
IB2	Stop feed @ satiety	4	3	3
IB3 IC1	Hold infant to feed	2	2	2
IC2	Plan solid introduction	2	2	2
	Intro solids @ 4-6 mo			
IC3	Iron-Fort @ 4-6 mo	2 2	2 2	2 2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr			
ID3	No juice < 12 mo	2	2	2
	e Rating Per CC Type	2.27	2.09	2.18
Nutritio		•	_	•
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	2	2	2
NA3	Low fat milk equivalents	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	2	2	2
NB2	Variety of vegetables	2	2	2
NB3	Variety of whole fruit	2	2	2
NC1	100% juice	2	2	2
NC2	Juice only @ meals	2	2	2
NC3 NC4	Juice 4-6 oz. 1-6 y/o	3	3	3 3
NC4 ND1	Juice 8-12 oz. 7+ y/o Make water available	4	4	4
NE1	Make water available Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	4	4	4
NF2	Healthy seconds	4	4	4
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	2	2	2
NH1	Food no force/bribe	3	3	3
NH2	Food no reward/punish	3	3	3
	e Rating Per CC Type	2.48	2.48	2.48
_	l Activity	2.40	2.40	2.40
PA1	Space for active play	4	4	4
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	3	3	3
PB1	No screen time < 2 yr	2	2	2
PB2	Screen time 30 min/wk	2	2	2
	Screen time purpose	2	2	2
PB3		2	2	2
PB3	No TV w/meals			
PB3 PB4		3	3	3
	No TV w/meals	3 2	3 2	3 2
PB3 PB4 PC1	No TV w/meals Outdoor play occasions			
PB3 PB4 PC1 PC2	No TV w/meals Outdoor play occasions Toddler play time	2	2	2
PB3 PB4 PC1 PC2 PC3	No TV w/meals Outdoor play occasions Toddler play time Preschool play time	2 2	2	2
PB3 PB4 PC1 PC2 PC3 PD1	No TV w/meals Outdoor play occasions Toddler play time Preschool play time Structured play	2 2 2	2 2 2	2 2 2
PB3 PB4 PC1 PC2 PC3 PD1 PE1 PE2	No TV w/meals Outdoor play occasions Toddler play time Preschool play time Structured play Tummy time often	2 2 2 2	2 2 2 2	2 2 2 2

# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area								
Ratings	1	2	3	4				
I - Count	0	28	4	1				
N-Count	0	42	12	9				
P-Count	0	33	9	3				



### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## **North Carolina**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Large Family   Fami	Small Family Child Care Home 4 4 4 4 3 3 3 3 3
Infant Feeding         IA1       Support breastfeeding       4       8       18<	4 4 4 3 3 3
IA1       Support breastfeeding       4       3       3 <th>4 4 3 3 3</th>	4 4 3 3 3
A2 No cow's milk < 1yr	4 4 3 3 3
B1       Feed infants on cue       4       4       4       4       4       4       4       4       4       8       4       4       4       4       4       4       4       8       8       8       3	4 4 3 3 3
BB2     Stop feed @ satiety     3     3     3     3       IB3     Hold infant to feed     3     3     3     3       IC1     Plan solid introduction     3     3     3     3       IC2     Intro solids @ 4-6 mo     3     3     3     3       IC3     Iron-Fort @ 4-6 mo     3     3     3     3       ID1     Don't mix formula     2     2     2     2     2       ID2     Whole fruit 7 m-1 yr     1     1     1     1     1       ID3     No juice < 12 mo     1     1     1     1     3       Average Rating Per CC Type     2.82     2.82     2.82     2.82     2.82     3.09	4 3 3 3
BB3     Hold infant to feed     3     3     3     3       IC1     Plan solid introduction     3     3     3     3       IC2     Intro solids @ 4-6 mo     3     3     3     3       IC3     Iron-Fort @ 4-6 mo     3     3     3     3       ID1     Don't mix formula     2     2     2     2       ID2     Whole fruit 7 m-1 yr     1     1     1     1     1       ID3     No juice < 12 mo	3 3 3
C1     Plan solid introduction     3     3     3     3       C2     Intro solids @ 4-6 mo     3     3     3     3       C3     Iron-Fort @ 4-6 mo     3     3     3     3       D1     Don't mix formula     2     2     2     2     2       D2     Whole fruit 7 m-1 yr     1     1     1     1     1       D3     No juice < 12 mo	3
C2     Intro solids @ 4-6 mo     3     3     3     3       C3     Iron-Fort @ 4-6 mo     3     3     3     3       D1     Don't mix formula     2     2     2     2     2       D2     Whole fruit 7 m-1 yr     1     1     1     1     1       D3     No juice < 12 mo	3
C3     Iron-Fort @ 4-6 mo     3     3     3     3       D1     Don't mix formula     2     2     2     2     2       D2     Whole fruit 7 m-1 yr     1     1     1     1     1       D3     No juice < 12 mo	
D1         Don't mix formula         2         2         2         2         2         2           D2         Whole fruit 7 m-1 yr         1         1         1         1         1         1           D3         No juice < 12 mo         1         1         1         1         1         3           Average Rating Per CC Type         2.82         2.82         2.82         2.82         2.82         3.09	3
ID2     Whole fruit 7 m-1 yr     1     1     1     1     1       ID3     No juice < 12 mo     1     1     1     1     1     3       Average Rating Per CC Type     2.82     2.82     2.82     2.82     2.82     3.09	2
ID3     No juice < 12 mo     1     1     1     1     3       Average Rating Per CC Type     2.82     2.82     2.82     2.82     3.09	2
Average Rating Per CC Type 2.82 2.82 2.82 3.09	1
	3
NUTTITION	3.09
	2
	3
	3
	4
NB1 Whole grains 3 3 3 3	3
NB2 Variety of vegetables 3 3 3 3	3
NB3 Variety of whole fruit 3 3 3 4 4 4	4
•	2
, -	3
·-	3
"	4
	3
NE1         Teach portion sizes         2         2         2         3         3           NE2         Eat with children         2         2         2         2         2         2	2
	4
PP - P O	4
NF2       Healthy seconds       3       3       4       4         NG1       Limit salt       2       2       2       2       2	2
	1
NG2         Avoid sugary foods         3         1         1         1           NH1         Food no force/bribe         2         2         2         2         2	2
NH2 Food no reward/punish 3 3 3 3	3
Average Rating Per CC Type 2.71 2.62 2.62 2.90 2.90	2.90
Physical Activity	2.50
PA1 Space for active play 4 4 4 4	4
PA2 Training on activities 2 2 2 2 2	2
PA3 Write activity policies 2 2 2 2 2	2
PA4 Play with children 2 2 2 2 2 2	2
PA5 Don't withhold play 2 2 2 2 2	2
PB1 No screen time < 2 yr 4 4 4 4	4
PB2 Screen time 30 min/wk 3 3 3 3	3
PB3 Screen time purpose 2 2 2 2 2	2
PB4 No TV w/meals 2 2 2 2 2	2
PC1 Outdoor play occasions 3 3 3 3	3
PC2 Toddler play time 3 3 3 3	3
PCS Preschool play time 3 3 3 3	3
PD1 Structured play 2 2 2 2 2	2
PE1 Tummy time often 4 4 4 2 2	2
PE2 Limit time infant equip. 2 2 2 2 2	2
Average Rating Per CC Type 2.67 2.67 2.53 2.53	2.53
<b>Grand Average per CC Type</b> 2.72 2.68 2.68 2.77 2.83	

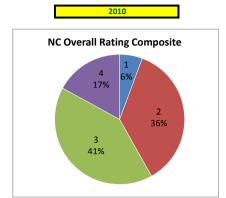
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

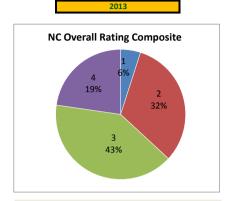
NC Page 1 of 2

#### **North Carolina**

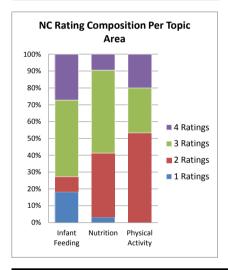
State Overall Ratings (States may have made additional changes in intervening years.)

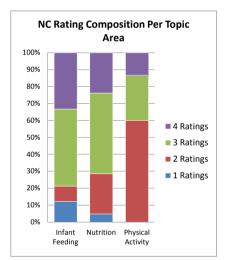


	Tally of Each	Rating Per	Topic Area	1
Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	2	24	31	6
P-Count	0	24	12	9



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	4	3	15	11		
N-Count	3	15	30	15		
P-Count	0	27	12	6		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

# **North Dakota**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010			2013	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	3	4	1	3	3	3
IB1	Feed infants on cue	4	4	2	4	4	4
IB2	Stop feed @ satiety	3	3	2	4	4	4
IB3	Hold infant to feed	3	2	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	2	4	4	4
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	3
ID1	Don't mix formula	3	3	2	4	4	4
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	1
ID3	No juice < 12 mo	1	1	2	1	1	1
-	e Rating Per CC Type	2.64	2.64	2.00	2.91	2.91	2.91
Nutritio		2	2	2	_	2	2
NA1	Limit oils/fats	3		2	2	2	2
NA2	Low fat meat/proteins		3	2	3	3	3
NA3	Low fat milk equivalents	3	3	2	3	3	3
NA4 NA5	Whole milk 1-2 y/o	2	2 2	2 2	2	2	2
NA5 NB1	Low fat milk > 2 y/o			2			
NB2	Whole grains	3 3	3	2	3	3	3
NB3	Variety of vegetables	3	3	2	3	3	3
NC1	Variety of whole fruit	4	4	2	4	4	4
NC2	100% juice Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	3
NC4	Juice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o	3	3	2	3	3	3
ND1	Make water available	3	2	2	4	4	4
NE1	Teach portion sizes	3	3	2	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4	4
NF2	Healthy seconds	3	3	2	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.71	2.67	2.10	2.86	2.86	2.86
	I Activity	,_	2.07	2.20	2.00	2.00	2.00
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	3	3	3
PA4	Play with children	2	2	2	4	4	4
PA5	Don't withhold play	3	3	3	4	4	4
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	2	3	3	4	4	4
PC2	Toddler play time	2	2	2	4	4	4
PC3	Preschool play time	2	2	2	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	3	3	3
	e Rating Per CC Type	2.20	2.27	2.27	2.87	2.87	2.87
-	Average per CC Type	2.53	2.53	2.13	2.87	2.87	2.87

#### What Ratings Mean

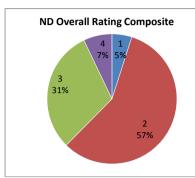
- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

ND Page 1 of 2

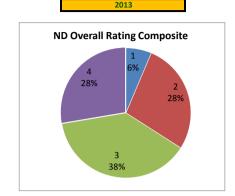
#### **North Dakota**

State Overall Ratings (States may have made additional changes in intervening years.)

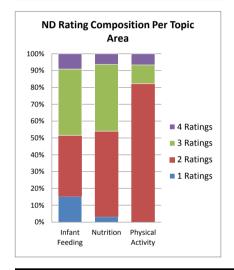


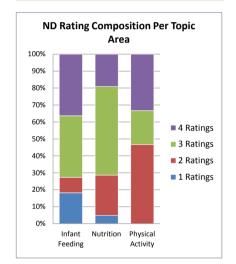


	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	5	12	13	3
N-Count	2	32	25	4
P-Count	0	37	5	3



	Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4				
I - Count	6	3	12	12				
N-Count	3	15	33	12				
P-Count	0	21	9	15				





#### **Understanding and Using This Page**

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention.

ND Page 2 of 2

## Ohio

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highor	t Bating for Each Child Care Type Begylated		2010			2012	
Hignes	t Rating for Each Child Care Type Regulated		2010			2012	
			Large	Small		Large	Small
			Family	Family		Family	Family
		Child Care	•	Child Care	Child Care	•	-
Health	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant	Feeding						
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	4	3	3	4	3	3
IC2	Intro solids @ 4-6 mo	3 3	3 3	3	3	3	3
IC3 ID1	Iron-Fort @ 4-6 mo	2	2	2	3 2	3 2	3 2
ID2	Don't mix formula	1	1	1	1	1	1
ID3	Whole fruit 7 m-1 yr  No juice < 12 mo	1	1	1	1	1	1
	ge Rating Per CC Type	2.82	2.73	2.73	2.82	2.73	2.73
Nutriti		2.02	,,	2.73	02	2.73	2.,3
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3	3
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	4	4	4	4	4	4
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1 NE1	Make water available	4 3	4 3	4 2	4	4 3	4 2
NE2	Teach portion sizes  Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	3	4	4	3
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Averag	ge Rating Per CC Type	2.81	2.81	2.71	2.90	2.90	2.81
	al Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	2	3	3	2	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4 PC1	No TV w/meals	2 3	2 3	2 3	2	2 3	2 3
PC2	Outdoor play occasions Toddler play time	2	3 2	3 2	2	2	3 2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
	ge Rating Per CC Type	2.27	2.20	2.27	2.27	2.20	2.27
	Average per CC Type	2.64	2.60	2.57	2.68	2.64	2.62
	S 1 /r .				1		

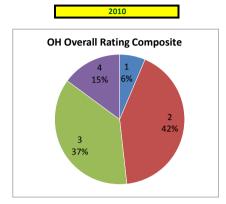
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

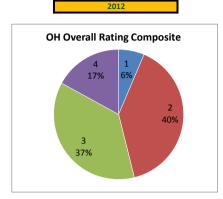
OH Page 1 of 2

#### Ohio

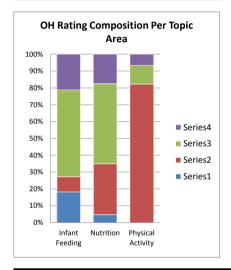
State Overall Ratings (States may have made additional changes in intervening years.)

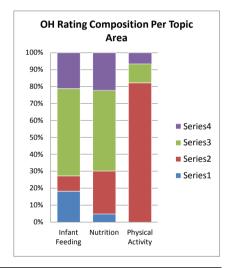


	Tally of Each Rat	ting Per To	pic Area	
Ratings	1	2	3	4
I - Count	6	3	17	7
N-Count	3	19	30	11
P-Count	0	37	5	3



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	6	3	17	7		
N-Count	3	16	30	14		
P-Count	0	37	5	3		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Oklahoma

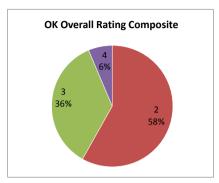
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

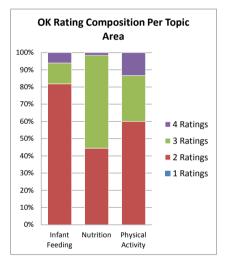
		Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home
Infant F	eeding			
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr	4	2	2
IB1	Feed infants on cue	4	2	2
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	3	3	3
IC1	Plan solid introduction	3	2	2
IC2	Intro solids @ 4-6 mo	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
	e Rating Per CC Type	2.55	2.09	2.09
Nutritio		2.55	2.03	2.03
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat meat/proteins Low fat milk equivalents	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	3	3	3
NB2	Variety of vegetables	3	3	3
NB3	Variety of whole fruit	3	3	3
NC1	100% juice	2	2	2
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3
ND1	Make water available	4	3	3
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	3	3	3
NF2	Healthy seconds	3	3	3
		2	2	2
NG1 NG2	Limit salt	2	2	2
NGZ NH1	Avoid sugary foods	2	3	3
NH2	Food no roward (aunich	3	3	3
	Food no reward/punish	2.57	2.57	2.57
-	e Rating Per CC Type	2.5/	2.57	2.57
Pnysica PA1	Activity Space for active play	4	4	4
PA1 PA2	Space for active play	2	2	2
PAZ PA3	Training on activities	2	2	2
PA3 PA4	Write activity policies Play with children	2	2	2
PA4 PA5	•	4	4	4
PA5 PB1	Don't withhold play		3	
PB2	No screen time < 2 yr	3	3	3
	Screen time 30 min/wk	2	2	2
PB3 PB4	Screen time purpose	2	2	2
	No TV w/meals			
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	2	2	2
PC3	Preschool play time	2	2	2
PD1	Structured play	2	2	2
PE1	Tummy time often	2	2	2
PE2	Limit time infant equip.	3	3	3
	e Rating Per CC Type	2.53	2.53	2.53

# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



	Tally of Each R	ating Per To	pic Area	
Ratings	1	2	3	4
I - Count	0	27	4	2
N-Count	0	28	34	1
P-Count	0	27	12	6



## **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Oregon

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highes	t Rating for Each Child Care Type Regulated		2010		2012		
		Child Care	Large Family Child Care	Small Family Child Care	Child Care		
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	2	3	3	2	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
C2	Intro solids @ 4-6 mo	1	1	3	1	1	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
_	ge Rating Per CC Type	2.45	2.55	2.73	2.45	2.55	2.73
Nutriti		2	2	2	_	2	2
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3 4	3 4	3 4	3 4	3 4	3 4
NC1 NC2	100% juice	2	2	2	2	2	2
NC3	Juice only @ meals	3	3	3	3	3	3
NC3 NC4	Juice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	,,	3	3	2	4	4	4
NE1	Make water available	2	2	2	2	2	2
NE2	Teach portion sizes  Eat with children	2	2	2	2	2	2
NEZ NF1		4	4	4	4	4	4
NF2	Appropriate servings	3	3	3	3	3	3
NG1	Healthy seconds Limit salt	3	3	2	3	3	2
NG2		3	3	1	3	3	1
NH1	Avoid sugary foods Food no force/bribe	3	3	2	3	3	2
NH2	Food no reward/punish	3	3	3	3	3	3
	ge Rating Per CC Type	2.81	2.81	2.57	2.95	2.95	2.76
	al Activity	2.01	2.01	2.57	2.55	2.33	2.70
PA1	Space for active play	4	4	2	4	4	2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	3	3	2	3	3
B2	Screen time 30 min/wk	2	3	3	2	3	3
PB3	Screen time purpose	2	2	2	2	2	2
РВ4	No TV w/meals	2	2	2	2	2	2
C1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	2	3	3	2
C3	Preschool play time	3	3	2	3	3	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
E2	Limit time infant equip.	2	2	2	2	2	2
	ge Rating Per CC Type	2.33	2.47	2.20	2.33	2.47	2.20
	Average per CC Type	2.57	2.64	2.49	2.64	2.70	2.57

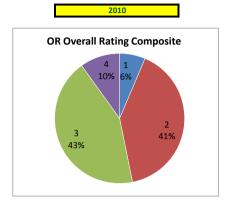
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

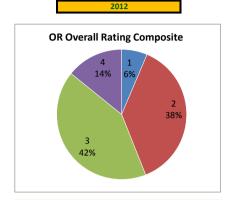
OR Page 1 of 2

#### Oregon

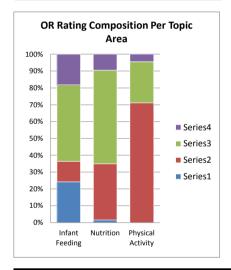
State Overall Ratings (States may have made additional changes in intervening years.)

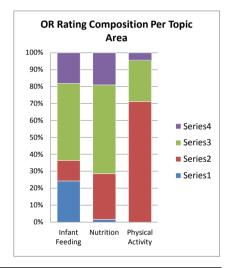


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	8	4	15	6		
N-Count	1	21	35	6		
P-Count	0	32	11	2		



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	8	4	15	6			
N-Count	1	17	33	12			
P-Count	0	32	11	2			





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Pennsylvania

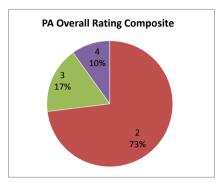
State Overall Ratings

Highest Rating for Each Child Care Type Regulated

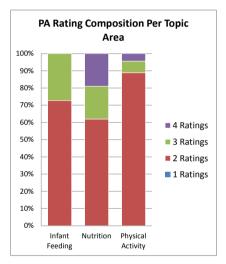
riigiica	t Rating for Lacif Clinia Care Type Regulated			
			Large Family Child Care	
	y Weight Practices by Topic Area	Center	Home	Home
Infant	Feeding			
IA1	Support breastfeeding	2	2	2
IA2	No cow's milk < 1yr	2	2	2
IB1	Feed infants on cue	3	3	3
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	3	3	3
IC1	Plan solid introduction	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
Averag	ge Rating Per CC Type	2.27	2.27	2.27
Nutriti				
NA1	Limit oils/fats	2	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat milk equivalents	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	3	3	3
NB2	Variety of vegetables	4	4	4
NB3	Variety of whole fruit	4	4	4
NC1	100% juice	2	2	2
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2
ND1	Make water available	4	4	4
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	4	4	4
NF2	Healthy seconds	3	3	3
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	2	2	2
NH1	Food no force/bribe	2	2	2
NH2	Food no reward/punish	2	2	2
	ge Rating Per CC Type	2.57	2.57	2.57
	al Activity			
PA1	Space for active play	4	4	2
PA2	Training on activities	2	2	2
PA3	Write activity policies	2	2	2
PA4	Play with children	2	2	2
PA5	Don't withhold play	2	2	2
PB1	No screen time < 2 yr	2	2	2
PB2	Screen time 30 min/wk	2	2	2
PB3	Screen time purpose	2	2	2
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	2	2	2
PC3	Preschool play time	2	2	2
PD1	Structured play	2	2	2
PE1	Tummy time often	2	2	2
PE2	Limit time infant equip.	2	2	2
	ge Rating Per CC Type	2.20	2.20	2.07
_				2.34
Grand	Average per CC Type	2.38	2.38	2.3

# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	24	9	0			
N-Count	0	39	12	12			
P-Count	0	40	3	2			



## **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## **Rhode Island**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	t Rating for Each Child Care Type Regulated		2010			2013	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	2	3	3	3	3	3
IA2	No cow's milk < 1yr	3	4	4	4	4	4
IB1	Feed infants on cue	3	4	4	4	4	4
IB2	Stop feed @ satiety	2	3	3	4	3	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
C2	Intro solids @ 4-6 mo	2	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	2	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	1	1	1	1	1
ID3	No juice < 12 mo	2	1	1	4	1	1
_	e Rating Per CC Type	2.36	2.64	2.64	3.09	2.64	2.64
Nutritio		2	2	2		2	2
NA1	Limit oils/fats	2 2	2	2	3	2	2
NA2	Low fat meat/proteins		3	3	3	3	3
NA3	Low fat milk equivalents	2	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	3	3	3	3	3
NA5	Low fat milk > 2 y/o	2	3	3	4	4	4
NB1	Whole grains	2	3	3	3	3	3
NB2	Variety of vegetables	2	3	3	3	3	3
NB3	Variety of whole fruit	2 2	3 4	3 4	3	3 4	3 4
NC1 NC2	100% juice	2	4	4	2	4	4
NC3	Juice only @ meals	2					
NC3 NC4	Juice 4-6 oz. 1-6 y/o	2	4 4	4 4	4	4 4	4 4
ND1	Juice 8-12 oz. 7+ y/o	4	4	4	4	4	4
NE1	Make water available	2	2	2	2	2	2
NE2	Teach portion sizes Eat with children	2	2	2	3	2	2
NEZ NF1		2	4	4	4	4	4
NF2	Appropriate servings  Healthy seconds	2	3	3	3	3	3
NG1		2	2	2	4	2	2
NG2	Limit salt  Avoid sugary foods	2	3	3	4	3	3
NH1	Food no force/bribe	2	2	2	3	2	2
NH2	Food no reward/punish	3	3	3	4	3	3
	e Rating Per CC Type	2.14	3.05	3.05	3.33	3.10	3.10
	al Activity	2.1.7	3.03	3.03	3.33	3.10	3.10
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	3	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	4	2	2
PA5	Don't withhold play	2	4	4	4	4	4
PB1	No screen time < 2 yr	2	3	3	4	3	3
PB2	Screen time 30 min/wk	2	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
РВ4	No TV w/meals	2	2	2	3	2	2
PC1	Outdoor play occasions	2	3	3	3	3	3
PC2	Toddler play time	3	3	3	4	3	3
C3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	4	2	2
PE1	Tummy time often	2	2	2	4	2	2
PE2	Limit time infant equip.	2	2	2	3	2	2
		_	_	_		_	_
Averag	e Rating Per CC Type	2.27	2.60	2.60	3.33	2.60	2.60

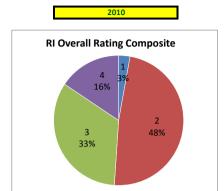
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

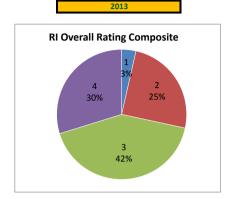
RI Page 1 of 2

#### **Rhode Island**

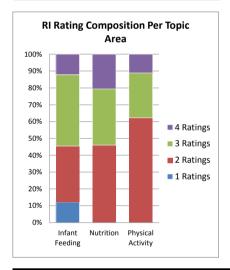
State Overall Ratings (States may have made additional changes in intervening years.)

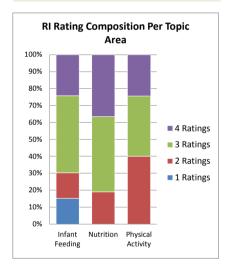


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	4	11	14	4		
N-Count	0	29	21	13		
P-Count	0	28	12	5		



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	5	5	15	8			
N-Count	0	12	28	23			
P-Count	0	18	16	11			





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## **South Carolina**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highes	t Rating for Each Child Care Type Regulated		2010			2012	
	,, ,						
			Large	Small		Large	Small
			Family	Family		Family	Family
				Child Care		Child Care	
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
iniant i IA1	Feeding Support breastfeeding	3	3	N/A	3	3	N/A
IAI IA2	-	4	4	N/A N/A	4	4	N/A N/A
IB1	No cow's milk < 1yr Feed infants on cue	4	4	N/A	4	4	N/A
IB2	Stop feed @ satiety	3	3	N/A	3	3	N/A
IB3	Hold infant to feed	3	3	N/A	3	3	N/A
IC1	Plan solid introduction	3	3	N/A	3	3	N/A
IC2	Intro solids @ 4-6 mo	3	3	N/A	3	3	N/A
IC3	Iron-Fort @ 4-6 mo	3	3	N/A	3	3	N/A
ID1	Don't mix formula	2	2	N/A	2	2	N/A
ID2	Whole fruit 7 m-1 yr	1	1	N/A	1	1	N/A
ID3	No juice < 12 mo	1	1	N/A	1	1	N/A
	ge Rating Per CC Type	2.73	2.73	N/A	2.73	2.73	N/A
Nutriti				, , .		_,,,	.,,,,
NA1	Limit oils/fats	2	2	N/A	2	2	N/A
NA2	Low fat meat/proteins	3	3	N/A	3	3	N/A
NA3	Low fat milk equivalents	3	3	N/A	3	3	N/A
NA4	Whole milk 1-2 y/o	2	2	N/A	2	2	N/A
NA5	Low fat milk > 2 y/o	2	2	N/A	4	4	N/A
NB1	Whole grains	3	3	N/A	3	3	N/A
NB2	Variety of vegetables	3	3	N/A	3	3	N/A
NB3	Variety of whole fruit	3	3	N/A	3	3	N/A
NC1	100% juice	4	4	N/A	4	4	N/A
NC2	Juice only @ meals	2	2	N/A	2	2	N/A
NC3	Juice 4-6 oz. 1-6 y/o	3	3	N/A	3	3	N/A
NC4	Juice 8-12 oz. 7+ y/o	3	3	N/A	3	3	N/A
ND1	Make water available	4	4	N/A	4	4	N/A
NE1	Teach portion sizes	2	2	N/A	2	2	N/A
NE2	Eat with children	2	2	N/A	2	2	N/A
NF1	Appropriate servings	4	4	N/A	4	4	N/A
NF2	Healthy seconds	3	3	N/A	3	3	N/A
NG1	Limit salt	2	2	N/A	2	2	N/A
NG2	Avoid sugary foods	1	1	N/A	1	1	N/A
NH1	Food no force/bribe	3	3	N/A	3	3	N/A
NH2	Food no reward/punish	3	3	N/A	3	3	N/A
Averag	e Rating Per CC Type	2.71	2.71	N/A	2.81	2.81	N/A
Physica	al Activity						
PA1	Space for active play	4	3	N/A	4	3	N/A
PA2	Training on activities	2	2	N/A	2	2	N/A
PA3	Write activity policies	2	2	N/A	2	2	N/A
PA4	Play with children	2	2	N/A	2	2	N/A
PA5	Don't withhold play	2	2	N/A	2	2	N/A
PB1	No screen time < 2 yr	3	3	N/A	3	3	N/A
PB2	Screen time 30 min/wk	3	3	N/A	3	3	N/A
PB3	Screen time purpose	2	2	N/A	2	2	N/A
PB4	No TV w/meals	2	2	N/A	2	2	N/A
PC1	Outdoor play occasions	3	3	N/A	3	3	N/A
PC2	Toddler play time	2	2	N/A	2	2	N/A
PC3	Preschool play time	2	2	N/A	2	2	N/A
PD1	Structured play	2	2	N/A	2	2	N/A
PE1	Tummy time often	2	2	N/A	2	2	N/A
PE2	Limit time infant equip.	3	3	N/A	3	3	N/A
Averag	e Rating Per CC Type	2.40	2.33	N/A	2.40	2.33	N/A
Grand	Average per CC Type	2.62	2.60	N/A	2.66	2.64	N/A

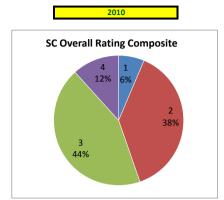
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

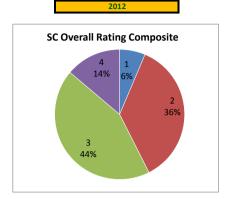
SC Page 1 of 2

#### **South Carolina**

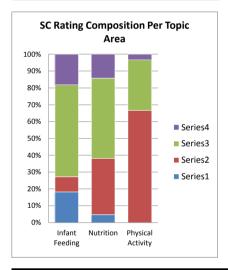
State Overall Ratings (States may have made additional changes in intervening years.)

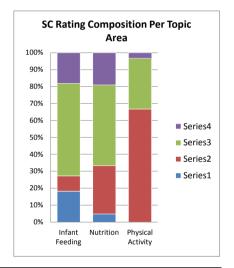


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	4	2	12	4		
N-Count	2	14	20	6		
P-Count	0	20	9	1		



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	4	2	12	4			
N-Count	2	12	20	8			
P-Count	0	20	9	1			





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### **South Dakota**

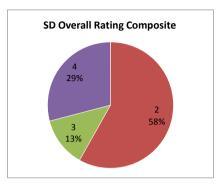
**State Overall Ratings** 

Highest Rating for Each Child Care Type Regulated		ed Adjust	Adjusted*		
		Larg Fam Child Care Child (	ily Family Care Child Care		
	y Weight Practices by Topic Area	Center Hon	ne Home		
Intant IA1	Feeding	2 2	2		
IAI IA2	Support breastfeeding No cow's milk < 1yr	2 2	2		
IB1	Feed infants on cue	4 4	4		
IB2	Stop feed @ satiety	2 2	2		
IB3	Hold infant to feed	4 4	4		
IC1	Plan solid introduction	2 2	2		
IC2	Intro solids @ 4-6 mo	2 2	2		
IC3	Iron-Fort @ 4-6 mo	2 2	2		
ID1	Don't mix formula	2 2	2		
ID2	Whole fruit 7 m-1 yr	2 2	2		
ID3	No juice < 12 mo	2 2	2		
Averag	e Rating Per CC Type	2.36 2.3	6 2.36		
Nutriti	on				
NA1	Limit oils/fats	2 2	2		
NA2	Low fat meat/proteins	2 2	2		
NA3	Low fat milk equivalents	2 2	2		
NA4	Whole milk 1-2 y/o	22	2		
NA5	Low fat milk > 2 y/o	2 2	2		
NB1	Whole grains	2 2	2		
NB2	Variety of vegetables	2 2	2		
NB3	Variety of whole fruit	2 2	2		
NC1	100% juice	2 2	2		
NC2 NC3	Juice only @ meals	2 2 2	2		
NC4	Juice 4-6 oz. 1-6 y/o	2 2	2		
ND1	Juice 8-12 oz. 7+ y/o Make water available	2 2	2		
NE1	Teach portion sizes	2 2	2		
NE2	Eat with children	2 2	2		
NF1	Appropriate servings	2 2	2		
NF2	Healthy seconds	2 2	2		
NG1	Limit salt	2 2	2		
NG2	Avoid sugary foods	2 2	2		
NH1	Food no force/bribe	3 3	3		
NH2	Food no reward/punish	3 3	3		
Averag	e Rating Per CC Type	2.10 2.1	0 2.10		
Physica	al Activity				
PA1	Space for active play	4 4	2		
PA2	Training on activities	2 2	2		
PA3	Write activity policies	2 2	2		
PA4	Play with children	2 2	2		
PA5	Don't withhold play	2 2	2		
PB1	No screen time < 2 yr	2 2	2		
PB2	Screen time 30 min/wk	2 2	2		
PB3	Screen time purpose	2 2	2		
PB4	No TV w/meals	2 2	2		
PC1	Outdoor play occasions	3 2	2		
PC2	Toddler play time	3 2 3 2	2 2		
PC3	Preschool play time	2 2	2		
PD1 PE1	Structured play Tummy time often	2 2 2	2		
PE2	Limit time infant equip.	2 2	2		
	te Rating Per CC Type	2.33 2.1			
_	Average per CC Type	2.23 2.1			

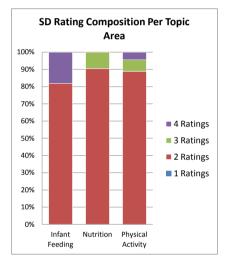
\*2010 ratings adjusted in 2013 due to retirement of MyPyramid (see ASHW 2013 report)

## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	27	0	6			
N-Count	0	57	6	0			
P-Count	0	40	3	2			



#### **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas

#### Tennessee

State Overall Ratings

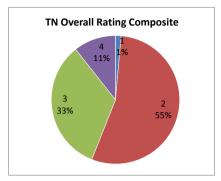
Highest Rating	for F	ach Chi	ild Care	Tyne	Regulated	
nignest rating	IOI E	acii Ciii	ilu Care	rype	neguiateu	

Highes	t Rating for Each Child Care Type Regulate	d		
Health	y Weight Practices by Topic Area	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Infant	Feeding			
IA1	Support breastfeeding	3	2	2
IA2	No cow's milk < 1yr	2	2	2
IB1	Feed infants on cue	4	4	4
IB2	Stop feed @ satiety	2	2	2
IB3	Hold infant to feed	3	2	3
IC1	Plan solid introduction	3	3	2
IC2	Intro solids @ 4-6 mo	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2
ID1	Don't mix formula	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2
ID3	No juice < 12 mo	2	2	2
_	ge Rating Per CC Type	2.45	2.27	2.27
Nutriti		_	_	_
NA1	Limit oils/fats	3	2	2
NA2	Low fat meat/proteins	3	3	3
NA3	Low fat milk equivalents	2	1	1
NA4	Whole milk 1-2 y/o	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2
NB1	Whole grains	2	3	3
NB2	Variety of vegetables	3	3	3
NB3	Variety of whole fruit	3	4	3
NC1	100% juice	2	4	4
NC2	Juice only @ meals	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	3	3
NC4	Juice 8-12 oz. 7+ y/o	2	3	3
ND1	Make water available	3	3	3
NE1	Teach portion sizes	2	2	2
NE2	Eat with children	2	2	2
NF1	Appropriate servings	2	4	4
NF2	Healthy seconds	2	3	3
NG1	Limit salt	2	2	2
NG2	Avoid sugary foods	4	3	3
NH1	Food no force/bribe	4	3	3
NH2	Food no reward/punish	4 2.52	3	
	ge Rating Per CC Type	2.52	2.71	2.67
Physica PA1	al Activity	4	4	3
PA1 PA2	Space for active play	2	2	2
PAZ PA3	Training on activities	2	2	2
PA3 PA4	Write activity policies Play with children	2	2	2
PA4 PA5	Don't withhold play	4	2	2
PB1	No screen time < 2 yr	3	3	3
PB2	Screen time < 2 yr Screen time 30 min/wk	3	3	3
PB3	Screen time 30 min/wk Screen time purpose	3	3	3
PB4	No TV w/meals	2	2	2
PC1	Outdoor play occasions	3	3	3
PC2	Toddler play time	3	2	2
PC3	Preschool play time	3	2	2
PD1	Structured play	2	2	2
PE1	Tummy time often	2	2	2
PE2	Limit time infant equip.	3	2	2
	ge Rating Per CC Type	2.73	2.40	2.33
	Average per CC Type		2.40	2.33
Grana.	Average per CC Type	2.57	2.31	2.47

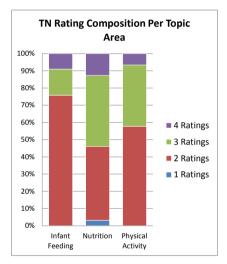
# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard





Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	25	5	3			
N-Count	2	27	26	8			
P-Count	0	26	16	3			



## **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

Key to Changes Improved Rating Lower Rating

Highest	Rating for Each Child Care Type Regulated		2010		2012		
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	_	2	2	2	4	4	4
IA1	Support breastfeeding	2 2	2 2	2	4	4	4
IA2	No cow's milk < 1yr	3	3	3	2	2 3	2
IB1 IB2	Feed infants on cue	2	2	2	2	2	3 2
IB3	Stop feed @ satiety  Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	2	2	2	2	2	2
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
	e Rating Per CC Type	2.18	2.18	2.18	2.36	2.36	2.36
Nutritio		5	2.10	2.10	2.50	2.00	2.00
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	3	3	3	3	3	3
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average	e Rating Per CC Type	2.81	2.81	2.81	2.81	2.81	2.81
	l Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	3	3	3	3	3	3
Average	e Rating Per CC Type	2.80	2.80	2.80	2.80	2.80	2.80

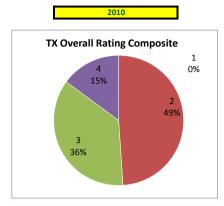
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

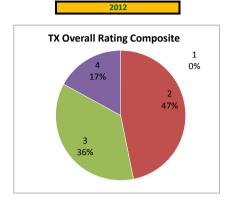
TX Page 1 of 2

**Texas** 

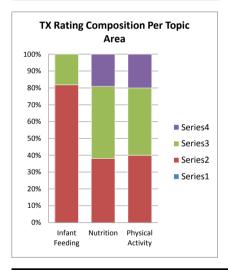
State Overall Ratings (States may have made additional changes in intervening years.)

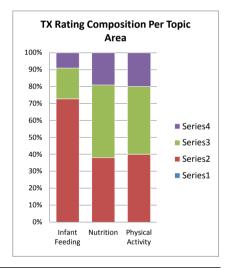


Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	27	6	0			
N-Count	0	24	27	12			
P-Count	0	18	18	9			



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	24	6	3			
N-Count	0	24	27	12			
P-Count	0	18	18	9			





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

## Utah

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highes	t Rating for Each Child Care Type Regulated		2010			2012	
		Child Care	Large Family Child Care	Small Family Child Care	Child Care		
	y Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	Feeding						
IA1	Support breastfeeding	3	3	2	3	3	2
IA2	No cow's milk < 1yr	4	4	3	4	4	3
IB1	Feed infants on cue	4	4	2	4	4	2
IB2	Stop feed @ satiety	3	3	2	3	3	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	2
C2	Intro solids @ 4-6 mo	3	3	2	3	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	2
ID3	No juice < 12 mo	1	1	2	1	1	2
_	ge Rating Per CC Type	2.73	2.73	2.18	2.73	2.73	2.18
Nutriti		2	2	2	,	2	2
NA1 NA2	Limit oils/fats	3	3	2	2	2 3	2
NAZ NA3	Low fat meat/proteins	3		2	3		2
NA3 NA4	Low fat milk equivalents	3 2	3 2	2	3 2	3 2	2
NA4 NA5	Whole milk 1-2 y/o	2	2	2	4	4	2
NAS NB1	Low fat milk > 2 y/o	2	2	2	2	2	2
NB2	Whole grains	3	3	2	3	3	2
NB2 NB3	Variety of vegetables	3	3	2	3	3	2
NC1	Variety of whole fruit 100% juice	4	4	2	4	4	2
NC2	Juice only @ meals	3	3	2	3	3	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	2
ND1	Make water available	3	3	3	4	4	3
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4	2
NF2	Healthy seconds	3	3	2	3	3	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Averag	ge Rating Per CC Type	2.67	2.67	2.14	2.81	2.81	2.14
	al Activity						
PA1	Space for active play	4	2	2	4	2	2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
B2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
B4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	2	2	3	2	2
C2	Toddler play time	2	2	3	2	2	3
C3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	2	2	3	2	2
	ge Rating Per CC Type	2.27	2.00	2.07	2.27	2.00	2.07
Grand .	Average per CC Type	2.55	2.47	2.13	2.62	2.53	2.13

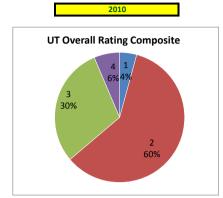
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

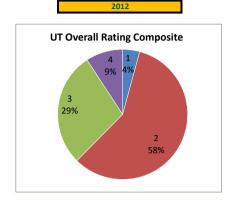
UT Page 1 of 2

#### Utah

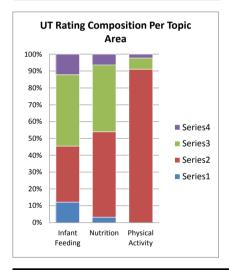
State Overall Ratings (States may have made additional changes in intervening years.)

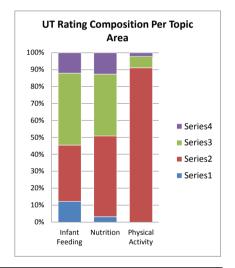


Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	4	11	14	4			
N-Count	2	32	25	4			
P-Count	0	41	3	1			



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	4	11	14	4			
N-Count	2	30	23	8			
P-Count	0	41	3	1			





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Vermont

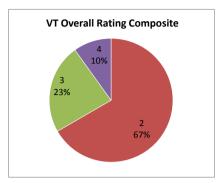
State Overall Ratings

<b>Highest Rating for Each</b>	Child Care Type Regulated
--------------------------------	---------------------------

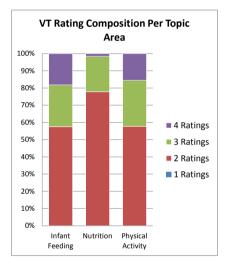
		Family	Small Family
	Center	Home	Home
Feeding			
Support breastfeeding			4
No cow's milk < 1yr	3	3	3
Feed infants on cue	4	4	4
Stop feed @ satiety			2
Hold infant to feed	3	3	3
Plan solid introduction	2	2	2
Intro solids @ 4-6 mo	3	2	2
Iron-Fort @ 4-6 mo	2	2	2
Don't mix formula	2	2	2
Whole fruit 7 m-1 yr	2	2	2
No juice < 12 mo	3	2	2
e Rating Per CC Type	2.73	2.55	2.55
on			
Limit oils/fats	2	2	2
Low fat meat/proteins	2	2	2
Low fat milk equivalents	2	2	2
Whole milk 1-2 y/o	2	2	2
Low fat milk > 2 y/o	2	2	2
Whole grains	2	2	2
Variety of vegetables	2	2	2
Variety of whole fruit	3	3	3
100% juice	2	2	2
Juice only @ meals	2	2	2
	2	2	2
	2	2	2
Make water available	3	3	3
Teach portion sizes	2	2	2
Eat with children	2	2	2
	2	2	2
	2	2	2
	2	2	4
	2	2	3
	3	3	3
		3	3
			2.33
•	4	2	3
	2	2	2
	4	4	4
Play with children	2	2	2
Don't withhold play	2	2	2
		3	3
	3	3	3
		4	4
			2
			3
			2
			2
			2
			2
			2
			2.53
			2.45
AVEIUNE DEL CE LADE	2.31	2.34	4.43
	No cow's milk < 1yr Feed infants on cue Stop feed @ satiety Hold infant to feed Plan solid introduction Intro solids @ 4-6 mo Iron-Fort @ 4-6 mo Don't mix formula Whole fruit 7 m-1 yr No juice < 12 mo e Rating Per CC Type On Limit oils/fats Low fat meat/proteins Low fat milk equivalents Whole milk 1-2 y/o Low fat milk > 2 y/o Whole grains Variety of vegetables Variety of whole fruit 100% juice Juice only @ meals Juice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o Make water available Teach portion sizes Eat with children Appropriate servings Healthy seconds Limit salt Avoid sugary foods Food no force/bribe Food no reward/punish e Rating Per CC Type Il Activity Space for active play Training on activities Write activity policies Play with children	Weight Practices by Topic Area   Center	Weight Practices by Topic Area         Center         Home           Seeding         Support breastfeeding         4         4           No cow's milk < 1yr

# What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area							
Ratings	1	2	3	4			
I - Count	0	19	8	6			
N-Count	0	49	13	1			
P-Count	0	26	12	7			



## **Understanding and Using This Page**

The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

Virginia

State Overall Ratings (States may have made additional changes in intervening year Key to Shading

Lower Rating

Corrected\*

					Corrected*			
Highest	Rating for Each Child Care Type Regulated		2010		2012			
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care	
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home	
nfant F	eeding							
A1	Support breastfeeding	3	3	3	3	3	3	
A2	No cow's milk < 1yr	4	4	4	4	4	4	
B1	Feed infants on cue	4	4	4	4	4	4	
B2	Stop feed @ satiety	2	4	4	2	4	4	
B3	Hold infant to feed	3	3	3	3	3	3	
C1	Plan solid introduction	3	3	3	3	3	3	
C2	Intro solids @ 4-6 mo	3	4	4	3	4	4	
C3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3	
D1	Don't mix formula	2	2	2	2	2	2	
D2	Whole fruit 7 m-1 yr	1	1	1	1	1	1	
D3	No juice < 12 mo	1	1	1	1	1	1	
_	Rating Per CC Type	2.64	2.91	2.91	2.64	2.91	2.91	
Nutritio		_					_	
NA1	Limit oils/fats	2	2	2	2	2	2	
NA2	Low fat meat/proteins	3	3	3	3	3	3	
NA3	Low fat milk equivalents	3	3	3	3	3	3	
NA4	Whole milk 1-2 y/o	2	4	4	2	4	4	
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4	
NB1	Whole grains	3	3	3	3	3	3	
NB2	Variety of vegetables	3	3	3	3	3	3	
NB3	Variety of whole fruit	3	3	3	3	3	3	
NC1	100% juice	4	4	4	4	4	4	
VC2	Juice only @ meals	2	2	2	2	2	2	
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3	
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3	
ND1	Make water available	4	3	3	4	4	4	
NE1	Teach portion sizes	3	2	2	3	2	2	
NE2	Eat with children	2	2	2	2	2	2	
NF1 NF2	Appropriate servings	4 3	4	4 3	4	4 3	4 3	
NFZ NG1	Healthy seconds				3			
NG1 NG2	Limit salt	2 1	2	2 1	2	2	2	
NH1	Avoid sugary foods	3	1 3	3	1 3	1 3	1 3	
NH2	Food no force/bribe	3	3	3	3	3	3	
	Food no reward/punish Rating Per CC Type	2.76	2.76	2.76	2.86	2.90	2.90	
_	Activity	2.70	2.70	2.70	2.00	2.30	2.30	
PA1	Space for active play	4	4	4	4	4	4	
PA2	Training on activities	2	2	2	2	2	2	
PA3	Write activity policies	2	2	2	2	2	2	
PA4	Play with children	2	2	2	2	2	2	
PA5	Don't withhold play	2	4	4	2	4	4	
PB1	No screen time < 2 yr	2	3	3	2	3	3	
PB2	Screen time < 2 yr	2	3	3	2	3	3	
B3	Screen time purpose	2	2	2	2	2	2	
В4	No TV w/meals	2	2	2	2	2	2	
C1	Outdoor play occasions	3	4	4	3	4	4	
PC2	Toddler play time	2	3	3	2	3	3	
C3	Preschool play time	2	3	3	2	3	3	
D1	Structured play	2	4	4	2	4	4	
PE1	Tummy time often	4	3	3	4	3	3	
PE2	Limit time infant equip.	2	3	3	2	3	3	
	e Rating Per CC Type	2.33	2.93	2.93	2.33	2.93	2.93	

<sup>\*</sup>Corrected in 2011 to include family child care in baseline ratings.

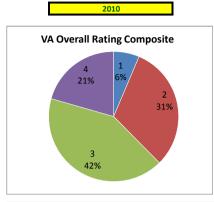
## What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

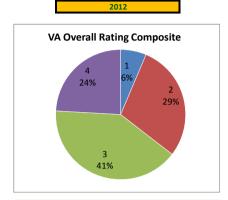
VA Page 1 of 2

# Virginia

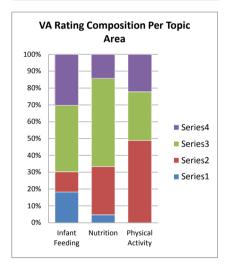
State Overall Ratings (States may have made additional changes in intervening years.)

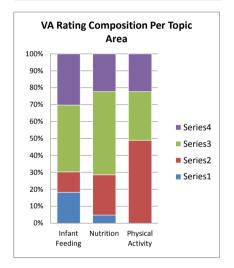


	Tally of Eac	n Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	4	13	10
N-Count	3	18	33	9
P-Count	0	22	13	10



	Tally of Each F	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	6	4	13	10
N-Count	3	15	31	14
P-Count	0	22	13	10





#### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Washington Key to Changes State Overall Ratings (States may have made additional changes in intervening years.) **Lower Rating** Corrected Highest Rating for Each Child Care Type Regulated 2010 Large Small Large Small Family Family Family Family Child Care Child Care Child Care Child Care Child Care Child Care **Healthy Weight Practices by Topic Area** Center Home Home Center Home Home **Infant Feeding** IA1 Support breastfeeding 4 IA2 4 4 4 No cow's milk < 1vr 4 4 4 4 IR1 Feed infants on cue 4 4 Δ 4 IB2 Stop feed @ satiety 2 3 3 2 IB3 4 4 Hold infant to feed 4 4 IC1 Plan solid introduction 3 3 Δ 3 3 IC2 Intro solids @ 4-6 mo 3 3 3 3 3 3 3 IC3 Iron-Fort @ 4-6 mo 3 4 3 3 ID1 2 2 2 2 Don't mix formula ID2 Whole fruit 7 m-1 yr 1 1 1 1 1 ID3 No juice < 12 mo 1 2.82 2.73 **Average Rating Per CC Type** 2.73 2.82 3.00 3.00 Nutrition NA1 Limit oils/fats 2 2 2 2 2 2 3 NA2 3 3 3 Low fat meat/proteins 3 3 NA3 Low fat milk equivalents 3 3 3 3 3 3 NA4 Whole milk 1-2 y/o 3 3 3 NA5 2 Low fat milk > 2 v/o 2 2 NB1 Whole grains 3 3 2 3 3 NB2 Variety of vegetables 3 3 NB3 Variety of whole fruit 3 3 3 3 3 3 NC1 100% juice 4 4 4 4 Δ 4 NC2 Juice only @ meals 2 2 2 2 2 2 NC3 2 Juice 4-6 oz. 1-6 v/o 3 3 3 NC4 2 Juice 8-12 oz. 7+ y/o 2 3 3 3 3 ND1 2 4 4 4 4 Make water available NE1 2 Teach portion sizes 2 NE2 Eat with children 2 2 2 2 2 2 NF1 2 4 4 2 4 Appropriate servings NF2 Healthy seconds 3 3 3 3 2 NG1 Limit salt 2 2 2 2 2 NG2 1 3 Avoid sugary foods NH1 Food no force/bribe 2 2 NH2 Food no reward/punish 3 3 3 3 3 3 **Average Rating Per CC Type** 2.43 2.71 2.71 2.48 2.86 2.86 **Physical Activity** 4 4 4 PA1 4 4 Space for active play PA2 Training on activities 2 2 2 2 2 2 PA3 2 2 2 2 2 Write activity policies PA4 Play with children 2 2 2 2 2 2 PA5 Don't withhold play 2 2 2 2 PB1 No screen time < 2 yr 3 3 PB2 2 2 Screen time 30 min/wk 3 3 3 3 PB3 Screen time purpose 2 4 4 2 4 PB4 No TV w/meals PC1 3 3 3 Outdoor play occasions 3 3 3 PC2 Toddler play time 3 3 3 3 3 3 PC3 Preschool play time PD1 Structured play 2 2 2 4 PE1 Tummy time often 4 2 2

#### **What Ratings Mean**

Average Rating Per CC Type

Grand Average per CC Type

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

WA Page 1 of 2

2

2.87

2.89

2.53

2.57

2.60

2.68

2

2.87

2.89

2.53

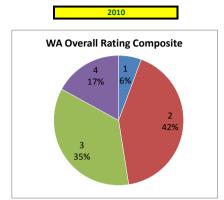
2.55

2.60

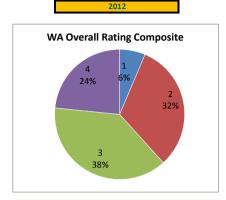
2.68

## Washington

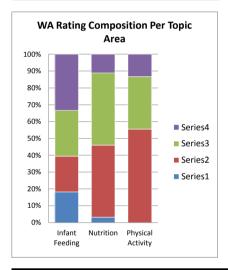
State Overall Ratings (States may have made additional changes in intervening years.)

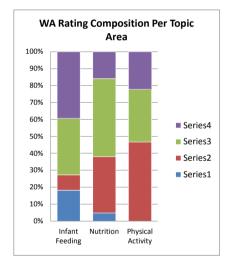


	Tally of Each	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	6	7	9	11
N-Count	2	27	27	7
P-Count	0	25	14	6



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	6	3	11	13		
N-Count	3	21	29	10		
P-Count	0	21	14	10		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention.

WA Page 2 of 2

# **West Virginia**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

	Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
eding						
Support breastfeeding	2	2	2	2	2	2
No cow's milk < 1yr			4	3	3	4
Feed infants on cue						4
						3
Hold infant to feed						3
						3
						3
						3
						2
						1
						1
	2.04	2.30	2.04	2.04	2.30	2.64
	າ	າ	2	2	2	2
						3
						3
						2
						4
						3
<u> </u>						3
						3
						4
-						3
						3
						3
						4
						2
	4	2	2	4	2	2
	4	4	4	4	4	4
Healthy seconds	3	3	3	3	3	3
Limit salt	2	4	2	2	4	2
Avoid sugary foods	1	4	1	1	4	1
Food no force/bribe	3	3	3	3	3	3
Food no reward/punish	3	3	3	3	3	3
Rating Per CC Type	2.86	2.90	2.76	2.95	3.05	2.86
Activity						
Space for active play	4	4	4	4	4	4
Training on activities	2	2	2	2	2	2
Write activity policies	2	2	2	2	2	2
Play with children	2	2	2	2	2	2
Don't withhold play	4	4	4	4	4	4
No screen time < 2 yr	3	3	2	3	3	2
Screen time 30 min/wk	3	3	2	3	3	2
Screen time purpose	2	2	2	2	2	2
No TV w/meals	2	2	2	2	2	2
Outdoor play occasions	3	3	3	3	3	3
Toddler play time			3	3	3	3
Preschool play time	3	3	3	3	3	3
Structured play			2			2
Tummy time often	2	2	2	2	2	2
Limit time infant equip.	2	1	2	2	1	2
Rating Per CC Type	2.60	2.53	2.47	2.60	2.53	2.47 2.68
	No cow's milk < 1yr Feed infants on cue Stop feed @ satiety Hold infant to feed Plan solid introduction Intro solids @ 4-6 mo Iron-Fort @ 4-6 mo Don't mix formula Whole fruit 7 m-1 yr No juice < 12 mo Rating Per CC Type  Limit oils/fats Low fat meat/proteins Low fat milk equivalents Whole milk 1-2 y/o Low fat milk > 2 y/o Whole grains Variety of vegetables Variety of whole fruit 100% juice Juice 0-10 zo. 7+ y/o Make water available Teach portion sizes Eat with children Appropriate servings Healthy seconds Limit salt Avoid sugary foods Food no reward/punish Rating Per CC Type Activity Space for active play Training on activities Write activity policies Play with children Don't withhold play No screen time 2 yr Screen time 30 min/wk Screen time purpose No TV w/meals Outdoor play occasions Toddler play time Preschool play time Preschool play time Structured play Trumny time often Limit time infant equip.	No cow's milk < 1yr	No cow's milk < 1yr Feed infants on cue Stop feed @ satiety Hold infant to feed 3 3 3 Plan solid introduction 4 3 3 Intro sollids @ 4-6 mo 13 3 3 Intron-Fort @ 4-6 mo 13 3 3 Intron-Fort @ 4-6 mo 14 1 1 Rating Per CC Type 15 1 1 1 Limit oils/fats 16 2 2 Low fat meat/proteins 16 2 2 Low fat milk equivalents 3 3 Whole milk > 2 y/o 2 2 Whole grains 3 3 Surverty of wegetables 3 3 3 Surice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o Make water available 4 4 2 Teach portion sizes 12 2 2 12 2 2 14 4 4 4 15 4 4 4 16 16 5 2 1 2 2 17 4 5 4 5 4 5 4 5 4 5 4 5 5 5 5 5 5 5 5	No cow's milk < 1yr Feed infants on cue Stop feed @ satiety 3 3 3 3 Plan solid intro dece 3 3 3 3 Plan solid introduction 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	No cow's milk < 1 yr Feed infants on cue Stop feed ge satiety 3	No cow's milk < 1yr Feed infants on cue  1

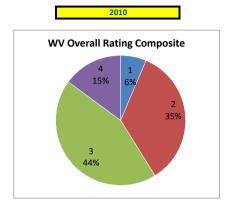
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

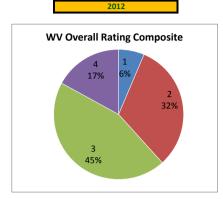
WV Page 1 of 2

## **West Virginia**

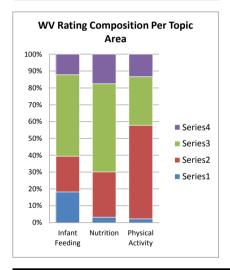
State Overall Ratings (States may have made additional changes in intervening years.)

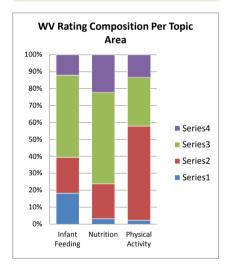


	Tally of Each I	Rating Per	Topic Area	
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	2	17	33	11
P-Count	1	25	13	6



	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	2	13	34	14
P-Count	1	25	13	6





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

#### Wisconsin

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes
Improved Rating
Lower Rating

Highest	Rating for Each Child Care Type Regulated	2010		2012			
		Child Care		Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
	eeding						
A1	Support breastfeeding	3	3	3	3	3	3
A2	No cow's milk < 1yr	4	4	4	4	4	4
B1	Feed infants on cue	4	4	4	4	4	4
B2	Stop feed @ satiety	3	3	3	3	3	3
B3	Hold infant to feed	3	3	3	3	3	3
C1	Plan solid introduction	3	3	3	3	3	3
C2	Intro solids @ 4-6 mo	3	3	3	3	3	3
C3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
D1	Don't mix formula	2	2	2	2	2	2
D2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
D3	No juice < 12 mo	1	1	1	1	1	1
_	e Rating Per CC Type	2.73	2.73	2.73	2.73	2.73	2.73
Nutritic NA1		2	2	2	,	2	2
NA1 NA2	Limit oils/fats	3	3	3	2	2 3	2 3
	Low fat meat/proteins	3			3	3	
NA3 NA4	Low fat milk equivalents	3 2	3 2	3 2	2	3 2	3 2
NA4 NA5	Whole milk 1-2 y/o	2	2	2	4	4	4
NAS NB1	Low fat milk > 2 y/o	3	3	3	3	3	3
NB2	Whole grains  Variety of vegetables	3	3	3	3	3	3
NB3		3	3	4	3	3	4
NC1	Variety of whole fruit	4	4	4	4	4	4
NC2	100% juice Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 4-6 oz. 1-6 y/o Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
	e Rating Per CC Type	2.71	2.71	2.67	2.81	2.81	2.86
	I Activity						
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
РВ4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	2	2	2	2	2	2
	e Rating Per CC Type	2.73	2.73	2.73	2.73	2.73	2.73
	Average per CC Type	2.72	2.72	2.70	2.77	2.77	2.79

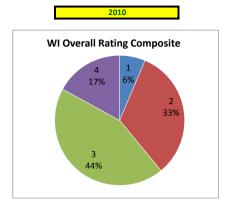
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

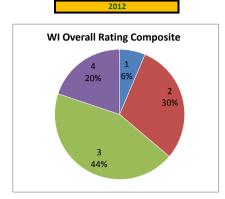
WI Page 1 of 2

#### Wisconsin

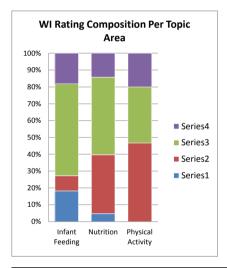
State Overall Ratings (States may have made additional changes in intervening years.)

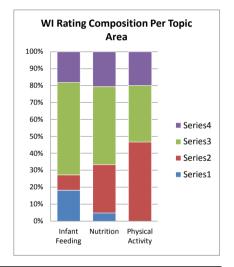


	Tally of Eac	n Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	22	29	9
P-Count	0	21	15	9



	Tally of Each	Rating Pe	r Topic Area	1
Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	18	29	13
P-Count	0	21	15	9





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

# **Wyoming**

State Overall Ratings (States may have made additional changes in intervening years.)

Key to Changes **Lower Rating** 

Highest Rating for Each Child Care Type Regulated		2010		2013			
		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
Healthy	Weight Practices by Topic Area	Center	Home	Home	Center	Home	Home
Infant F	eeding						
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	2	2	2	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
-	e Rating Per CC Type	2.27	2.27	2.27	2.36	2.36	2.36
Nutritio		_	_	_			
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	2	2	2	2	2
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	2	2	2	2	2	2
NB3	Variety of whole fruit	2	2	2	2	2	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	2	2	2	2	2	2
NE1	Teach portion sizes	2	2	2	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	2	2	2	4	4	4
NF2	Healthy seconds	2	2	2	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	4	4	4	3	3	3
NH2	Food no reward/punish	3	3	3	3	3 20	3
	e Rating Per CC Type	2.14	2.14	2.14	2.29	2.29	2.29
Physica PA1	Activity  Space for active play	4	4	4	4	4	4
PA1 PA2	Space for active play	3	3	3	3	3	3
PAZ PA3	Training on activities  Write activity policies	3 2	3 2	2	2	2	3 2
PA3 PA4	Write activity policies	2	2	2	2	2	2
PA4 PA5	Play with children Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time < 2 yr	2	2	2	2	2	2
PB3	Screen time 30 min/wk Screen time purpose	2	2	2	2	2	2
PB4	• •	2	2	2	2	2	2
PC1	No TV w/meals Outdoor play occasions	2	2	2	3	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Preschool play time Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
	e Rating Per CC Type	2.33	2.33	2.33	2.40	2.40	2.40
_	Average per CC Type	2.23	2.23	2.23	2.34	2.34	2.34
<i>,</i>		2.23	2.23	2.23	2.54	2.54	2.54

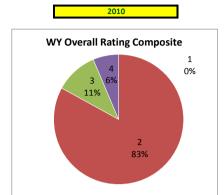
#### What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets stndard
- 4 Regulation fully meets standard

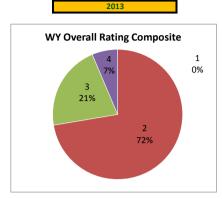
WY Page 1 of 2

#### Wyoming

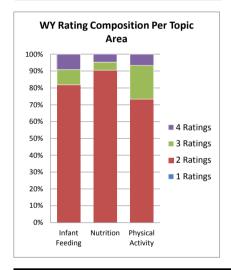
State Overall Ratings (States may have made additional changes in intervening years.)

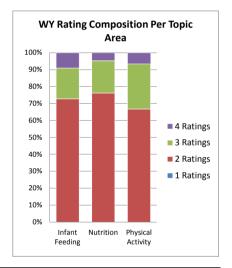


Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	0	27	3	3		
N-Count	0	57	3	3		
P-Count	0	33	9	3		



Tally of Each Rating Per Topic Area						
Ratings	1	2	3	4		
I - Count	0	24	6	3		
N-Count	0	48	12	3		
P-Count	0	30	12	3		





### Understanding and Using This Page

The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table of tallies below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1 - 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.